



Rome Free Academy

(G) 7/8TH Volleyball (Orange)

Coaches:

- Tessa Zmudosky, Coach
- Sonepith (Pete) Keoviengsamay

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	Buddy Evans Gym (Strough MS)			
Nov 21, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	Buddy Evans Gym (Strough MS)			
Nov 22, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Buddy Evans Gym (Strough MS)			
Nov 28, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Nov 29, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Nov 30, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 1, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 2, 2022	Fri	Scrimmage	Oneida (Modified 7/8 Girls 2)	4:30 PM		Buddy Evans Gym (Strough MS)			L
Dec 5, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 6, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 8, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 9, 2022	Fri	Practice (Modified Volleyball Practice)	N/A	3:45 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 10, 2022	Sat	Regular Season	@ Rome Free Academy (Black)	10:00 AM		Buddy Evans Gym (Strough MS)		Departure Point: Strough - Back	NL
Dec 12, 2022	Mon	Regular Season	@ Whitesboro (White)	5:00 PM		Whitesboro Parkway Gym	Bus/Driver: First Student	Departure Point: Strough - Back Departure Time: 3:30 PM	L

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Dec 13, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 14, 2022	Wed	Regular Season	@ Vernon-Verona-Sherrill (Volleyball Girls 7/8 2)	4:30 PM		VVS MS Gym	Bus/Driver: First Student	Departure Point: Strough - Back Departure Time: 3:00 PM	L
Dec 15, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 17, 2022	Sat	Regular Season 2-3 L	Vernon-Verona-Sherrill	9:30 AM		Buddy Evans Gym (Strough MS)			L
Dec 20, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 21, 2022	Wed	Regular Season 0-3 L	Utica Proctor (DMS)	4:30 PM		Buddy Evans Gym (Strough MS)			L
Dec 22, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
CANCELLED Dec 30, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 3, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 4, 2023	Wed	Practice (Modified Volleyball Practice)	N/A	3:45 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 5, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 6, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 9, 2023	Mon	Regular Season	@ Camden	5:00 PM		Camden High School Volleyball Gym	Bus/Driver: First Student - Shane M. 315-292-3620	Departure Point: Strough - Back Departure Time: 3:30 PM	L
Jan 10, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 11, 2023	Wed	Practice (Modified Volleyball Practice)	N/A	3:45 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 12, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			

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Jan 12, 2023	Thu	Regular Season	Whitesboro (Blue)	4:30 PM		Buddy Evans Gym (Strough MS)			L
Jan 13, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 17, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 18, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 20, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 23, 2023	Mon	Regular Season	Vernon-Verona-Sherrill (Volleyball Girls 7/8 2)	4:30 PM		Buddy Evans Gym (Strough MS)			L
Jan 24, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
CANCELLED Jan 25, 2023	Wed	Practice (Modified Volleyball Practice)	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 26, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 27, 2023	Fri	Regular Season	Oneida	4:30 PM		Stadium Support Facility Gym A			L
Jan 30, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 31, 2023	Tue	Regular Season	New Hartford	4:30 PM		Stadium Support Facility Gym A			L
Feb 1, 2023	Wed	Regular Season	Vernon-Verona-Sherrill	4:30 PM		Buddy Evans Gym (Strough MS)			L

Date: 2024-06-17