



Rome Free Academy

(G) V Volleyball

Coaches:

- Sonepith (Pete) Keoviengsamay, Head Coach
- Elizabeth Crawford

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Nov 19, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Nov 20, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Nov 21, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Nov 22, 2024	Fri	Practice	N/A	3:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)			
Nov 23, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Nov 25, 2024	Mon	Scrimmage	Oneida	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			NL
Nov 26, 2024	Tue	Scrimmage	Mount Markham	6:00 PM		Buddy Evans Gym (Strough MS)			NL
Nov 27, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Nov 30, 2024	Sat	Meet (Chittenango Pre Season Varsity Volleyball Scrimmage Day)	Vs. Multiple	8:30 AM	5:00 PM	Chittenango HS- Large Gym, Chittenango HS- Small Gym		Departure Point: RFA Front Circle (95 Dart) Departure Date: Nov 30, 2024 Departure Time: 11:45 AM	NL
Dec 2, 2024	Mon	Regular Season	East Syracuse Minoa	7:00 PM		Buddy Evans Gym (Strough MS)			L
Dec 3, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 4, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 5, 2024	Thu	Regular Season	New Hartford	7:00 PM		Buddy Evans Gym (Strough MS)			L

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Dec 6, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 7, 2024	Sat	Regular Season	Watertown	2:00 PM		Buddy Evans Gym (Strough MS)			NL
Dec 9, 2024	Mon	Regular Season	@ Oneida	6:30 PM		Fariel Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: RFA Front Circle (95 Dart) Departure Date: Dec 9, 2024 Departure Time: 4:00 PM	L
Dec 10, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 11, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 12, 2024	Thu	Regular Season 3-0 W	@ Whitesboro	7:00 PM		Whitesboro High School Gym	Bus/Driver: RCSD- Trent W (714)471-5955	Departure Point: RFA Front Circle (95 Dart) Departure Date: Dec 12, 2024 Departure Time: 4:30 PM	L
Dec 13, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 14, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Dec 16, 2024	Mon	Regular Season	Utica Proctor	7:00 PM		Buddy Evans Gym (Strough MS)			L
Dec 17, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 18, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 19, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 20, 2024	Fri	Practice	N/A	5:30 PM	8:00 PM	Stadium Support Facility Gym B			
Dec 21, 2024	Sat	Regular Season	@ Central Valley Academy	1:30 PM		CVA Small Gym	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: RFA Front Circle (95 Dart) Departure Date: Dec 21, 2024 Departure Time: 11:00 AM	NL

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Dec 23, 2024	Mon	Regular Season	@ Watertown	12:30 PM		Watertown H S	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Front Circle (95 Dart) Departure Date: Dec 23, 2024 Departure Time: 8:00 AM	NL
Dec 26, 2024	Thu	Practice	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Dec 27, 2024	Fri	Scrimmage (Laidlaw Scrimmage/Tournament)	South Lewis, Tully, Vernon-Verona-Sherrill, New Hartford, Mount Markham, Clinton, Dolgeville, Port Byron, South Jefferson, Oneida, Morrisville-Eaton, Holland Patent @ Canastota	9:00 AM		Laidlaw Gym, High School Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Front Circle (95 Dart) Departure Date: Dec 27, 2024 Departure Time: 7:45 AM	NL
Jan 2, 2025	Thu	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 3, 2025	Fri	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 4, 2025	Sat	Regular Season	@ Holland Patent	1:00 PM	2:30 PM	GWF Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Front Circle (95 Dart) Departure Date: Jan 4, 2025 Departure Time: 10:00 AM	L
Jan 7, 2025	Tue	Practice	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym B			
Jan 8, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 9, 2025	Thu	Practice	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym B			
Jan 10, 2025	Fri	Regular Season	Vernon-Verona-Sherrill	7:00 PM		Buddy Evans Gym (Strough MS)			L

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Jan 11, 2025	Sat	Regular Season (Mt Markham Varsity Tournament)	Cooperstown, South Jefferson, East Syracuse Minoa, Chittenango, Whitesboro, Stockbridge Valley @ Mount Markham	8:30 AM		MS Big Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Front Circle (95 Dart) Departure Date: Jan 11, 2025 Departure Time: 7:15 AM	NL
Jan 13, 2025	Mon	Regular Season	@ New Hartford	7:00 PM		New Hartford HS Gym	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: RFA Front Circle (95 Dart) Departure Date: Jan 13, 2025 Departure Time: 4:00 PM	L
Jan 14, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 15, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 16, 2025	Thu	Regular Season	@ Camden	7:00 PM		Camden High School Main Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: RFA Front Circle (95 Dart) Departure Date: Jan 16, 2025 Departure Time: 4:15 PM	L
Jan 17, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 18, 2025	Sat	Practice	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Jan 21, 2025	Tue	Practice	N/A	7:00 PM	8:30 PM	Buddy Evans Gym (Strough MS)			
Jan 22, 2025	Wed	Practice	N/A	5:00 PM	6:30 PM	Stadium Support Facility Gym B			
Jan 23, 2025	Thu	Regular Season	Central Valley Academy	7:00 PM		Buddy Evans Gym (Strough MS)			L
Jan 24, 2025	Fri	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 25, 2025	Sat	Regular Season	@ Christian Brothers Academy, Dewitt	12:00 PM		John F. Lynch Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Front Circle (95 Dart) Departure Date: Jan 25, 2025 Departure Time: 8:45 AM	NL
Jan 27, 2025	Mon	Regular Season 3-0 W	Whitesboro	7:00 PM		Buddy Evans Gym (Strough MS)			L

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Jan 29, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 30, 2025	Thu	Regular Season	@ Utica Proctor	7:00 PM		PHS AUX Gym (Volleyball gym)	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Front Circle (95 Dart) Departure Date: Jan 30, 2025 Departure Time: 4:15 PM	L
Jan 31, 2025	Fri	Practice	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 31, 2025	Fri	Regular Season	@ East Syracuse Minoa	6:30 PM		ESM High School - Gym 2	Bus/Driver: First Student-Danyelle-202.390.2722	Departure Point: RFA Dart Circle Departure Date: Jan 31, 2025 Departure Time: 3:15 PM	L
Feb 1, 2025	Sat	Regular Season	Holland Patent	11:00 AM		RFA Main Gym			NL
Feb 3, 2025	Mon	Practice (Post Season)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Feb 4, 2025	Tue	Practice (Post Season)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Feb 5, 2025	Wed	Practice (Post Season)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Feb 6, 2025	Thu	Practice (Post Season)	N/A	5:00 PM	7:00 PM	Buddy Evans Gym (Strough MS)			
Feb 7, 2025	Fri	Post-Season (Sectional Quarter Final)	Camden	6:00 PM		Buddy Evans Gym (Strough MS)			NL
Feb 10, 2025	Mon	Practice (Post Season)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
CANCELLED Feb 11, 2025	Tue	Practice (Post Season)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Feb 11, 2025	Tue	Post-Season (Sectional Semi-Final) 3-0 W	Whitesboro	6:00 PM		Buddy Evans Gym (Strough MS)			NL
Feb 12, 2025	Wed	Practice (Post Season)	N/A	4:00 PM	5:30 PM	Buddy Evans Gym (Strough MS)			
Feb 13, 2025	Thu	Practice (Post Season)	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym B			
Feb 14, 2025	Fri	Practice (Post Season)	N/A	4:00 PM	6:00 PM	Stadium Support Facility Gym B			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 15, 2025	Sat	Post-Season (Sectional Championship)	@ TBD	3:00 PM		CVA Main Gym	Bus/Driver: RCSD- Trent (714)471- 5955	Departure Point: RFA Dart Circle Departure Date: Feb 15, 2025 Departure Time: 12:30 PM	NL

Date: 2025-12-22