



Rome Free Academy

(B) V Swimming/Diving

Coaches:

- Michelle Browne, Head Coach
- James Ray, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD-Justin 315-335-8742	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Nov 16, 2021	Tue	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	Bus/Driver: Athletic Shuttle Bus Needed	
Nov 17, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Nov 18, 2021	Thu	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	Bus/Driver: Athletic Shuttle Bus Needed	
Nov 19, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Nov 20, 2021	Sat	Practice (Practice @ NYSSD)	N/A	8:00 AM	10:00 AM	NY State School for the Deaf		
Nov 22, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Nov 23, 2021	Tue	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	Bus/Driver: Athletic Shuttle Bus Needed	
Nov 24, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Nov 29, 2021	Mon	Practice (Practice @ NYSSD)	N/A	2:45 PM	4:45 PM	NY State School for the Deaf		
Nov 30, 2021	Tue	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	Bus/Driver: Athletic Shuttle Bus Needed	
Dec 1, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD-Justin 315-335-8742	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 3, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD-Justin 315-335-8742	Departure Point: 95 Dart Circle Departure Time: 4:30 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 4, 2021	Sat	Practice (Practice @ NYSSD)	N/A	8:00 AM	10:00 AM	NY State School for the Deaf		
Dec 6, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 7, 2021	Tue	Regular Season (Home event at Holland Patent)	Sherburne-Earlville	5:00 PM		RFA Pool	Bus/Driver: First Student Todd 315-709-9097	Departure Point: 95 Dart Circle Departure Time: 4:00 PM L
Dec 8, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD-Justin 315-335-8742	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 9, 2021	Thu	Regular Season	@ Cooperstown (Cooperstown/Cherry Valley)	5:00 PM	7:30 PM	Clark's Sports Center	Bus/Driver: First Student	Departure Point: 95 Dart Circle Departure Time: 4:00 PM L
Dec 10, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed RCSD/Tom	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 13, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed RCSD Trent	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 14, 2021	Tue	Regular Season (RFA event @ HP)	Utica Proctor	4:30 PM		Holland Patent High School	Bus/Driver: RCSD/Trent	Departure Point: 95 Dart Circle Departure Time: 4:00 PM L
Dec 15, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed/RCSD	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 16, 2021	Thu	Regular Season	@ Holland Patent	5:00 PM		TBD	Bus/Driver: RCSD/Trent 714-471-5955	Departure Point: 95 Dart Circle Departure Time: 4:00 PM L
CANCELLED Dec 17, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed RCSD	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 18, 2021	Sat	Practice (Practice @ NYSSD)	N/A	8:00 AM	10:00 AM	NY State School for the Deaf		
Dec 20, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed RCSD/Justin	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Dec 21, 2021	Tue	Regular Season (@ Utica Proctor)	@ Utica Proctor	5:00 PM		PHS Swimming Pool	Bus/Driver: First Student - Richard 315-317-3149	Departure Point: 95 Dart Circle Departure Time: 3:30 PM L
Dec 22, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed RCSD/Tom	Departure Point: 95 Dart Circle Departure Time: 4:30 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 23, 2021	Thu	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School		
Dec 27, 2021	Mon	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School		
Dec 28, 2021	Tue	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School		
Dec 29, 2021	Wed	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School		
Dec 30, 2021	Thu	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School		
Jan 3, 2022	Mon	Regular Season	@ Oneida	4:30 PM		Oneida YMCA- 701 Seneca St, Oneida, NY 13421	Bus/Driver: First Student	Departure Point: 95 Dart Circle Departure Time: 3:15 PM L
Jan 4, 2022	Tue	Practice (Practice @ NYSSD)	N/A	2:45 PM		NY State School for the Deaf		
Jan 5, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: RCSD/Tom	Departure Point: 95 Dart Departure Time: 3:45 PM
Jan 6, 2022	Thu	Regular Season	@ Sherburne-Earlville	5:30 PM	7:30 PM	Pool	Bus/Driver: First Student - Richard 315-317-3149	Departure Point: 95 Dart Circle Departure Time: 3:30 PM L
CANCELLED Jan 7, 2022	Fri	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: RCSD/Tom	Departure Point: 95 Dart Departure Time: 3:45 PM
CANCELLED Jan 10, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD	Departure Point: 95 Dart Departure Time: 3:45 PM
Jan 11, 2022	Tue	Regular Season (RFA Home Event @ HP)	Holland Patent	4:30 PM		TBD	Bus/Driver: First Student - Richard 315-317-3149	Departure Point: 95 Dart Circle Departure Time: 3:30 PM L
Jan 12, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed-RCSD/Tom	Departure Point: 95 Dart Departure Time: 3:45 PM
Jan 13, 2022	Thu	Regular Season (Home event @ HP)	@ Cooperstown (Cooperstown/Cherry Valley)	5:00 PM		TBD	Bus/Driver: First student	Departure Point: 95 Dart Circle Departure Time: 3:30 PM L
Jan 14, 2022	Fri	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed RCSD/Tom	Departure Point: 95 Dart Departure Time: 3:45 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 15, 2022	Sat	Practice (Practice at Holland Patent)	N/A	7:30 AM	9:30 AM	TBD		
Jan 18, 2022	Tue	Regular Season (Home @ Oneida event @ HP)		4:30 PM		Holland Patent High School	Bus/Driver: First Student - Richard 315-317-3149	Departure Point: 95 Dart Circle Departure Time: 3:30 PM L
Jan 19, 2022	Wed	Practice (Practice at NYSSD)	N/A	5:00 PM	7:00 PM	TBD	Bus/Driver: Athletic Shuttle Bus Needed-Bus #13	Departure Point: 95 Dart Departure Time: 2:10 PM
Jan 20, 2022	Thu	Practice (Practice @ NYSSD)	N/A	2:45 PM	4:45 PM	TBD		Departure Point: 95 Dart Departure Time: 2:10 PM
Jan 21, 2022	Fri	Regular Season (Diving Championship)	Oneida, Cooperstown (Cooperstown/Cherry Valley), Sherburne-Earlville, Utica Proctor @ Holland Patent	5:00 PM		Holland Patent HS-Pool	Bus/Driver: No Transportation Needed	L
Jan 22, 2022	Sat	Practice (Practice at Holland Patent)	N/A	7:30 AM	9:30 AM	TBD		
Jan 24, 2022	Mon	Practice (Practice at NYSSD)	N/A	2:45 PM	4:45 PM	NY State School for the Deaf	Bus/Driver: Athletic Shuttle Bus Needed/First Student	Departure Point: 95 Dart Departure Time: 2:10 PM
Jan 25, 2022	Tue	Practice (Practice @ NYSSD)	N/A	2:45 PM	4:45 PM	TBD	Bus/Driver: Athletic Shuttle Bus Needed - RFA BUS #13	Departure Point: 95 Dart Circle Departure Time: 2:10 PM
Jan 26, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed- RCSD-Tom 315-868-2240	Departure Point: 95 Dart Departure Time: 4:30 PM
Jan 27, 2022	Thu	Practice (Practice @ HP)	N/A	2:45 PM	4:45 PM	TBD	Bus/Driver: Athletic Shuttle Bus Needed- RCSD-Marnie 315-335-2667	Departure Point: 95 Dart Circle Departure Time: 4:30 PM
Jan 28, 2022	Fri	Regular Season (Swimming Champs @ HP)	@ TBD	5:00 PM		Holland Patent High School	Bus/Driver: First Student - To -Bus # 14307 Frank 315-225-1104 // From Richard 315-317-3149	Departure Point: 95 Dart Circle Departure Time: 2:00 PM L
Jan 29, 2022	Sat	Regular Season (Burgos Memorial Diving Invitational @ Nottingham)	@ TBD	10:00 AM		Nottingham High School	Bus/Driver: RCSD-Marnie 315-335-2667	Departure Point: 95 Dart Circle Departure Time: 7:00 AM L

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Jan 31, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed- RCSD-Tom 315-868-2240	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 1, 2022	Tue	Regular Season	@ New Hartford	5:00 PM		New Hartford H S	Bus/Driver: First Student - Richard 315-317-3149	Departure Point: 95 Dart Circle Departure Time: 3:45 PM L
CANCELLED Feb 2, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way/RCSD Tom	Departure Point: 95 Dart Departure Time: 4:30 PM
CANCELLED Feb 3, 2022	Thu	Practice (Practice at NYSSD)	N/A	2:45 PM	4:45 PM	TBD	Bus/Driver: RFA Bus # 13 - Bus Loop	
POSTPONED Feb 4, 2022	Fri	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym	Bus/Driver: First Student - Eric 402-960-8354	Departure Point: 95 Dart Circle Departure Time: 2:45 PM L
Feb 7, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way/First Student - Richard 315-317-3149	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 8, 2022	Tue	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way/First Student - Richard 315-317-3149	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 9, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way/First Student - Richard 315-317-3149	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 10, 2022	Thu	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way/First Student - Linda 315-551-1266	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 11, 2022	Fri	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way/First Student - Dawn 845-443-1850	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 12, 2022	Sat	Regular Season (State Quals Diving)	@ TBD	TBD		TBD	Bus/Driver: RCSD/Marnie 315-335-2667	Departure Point: 95 Dart Circle Departure Time: 6:45 AM L

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Feb 14, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way First Student - Dawn 845-443-1850	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 15, 2022	Tue	Regular Season (State Quals Diving @ TBD)	TBD	2:30 PM		TBD	Bus/Driver: First Student - Eric 402-960-8354	Departure Point: 95 Dart Circle Departure Time: L 12:00 PM
Feb 15, 2022	Tue	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	Bus/Driver: Athletic Shuttle Bus Needed - One Way RCSD-Tom	Departure Point: 95 Dart Departure Time: 4:30 PM
Feb 16, 2022	Wed	Regular Season (Sectional Swimming)	TBD	10:00 AM		TBD	Bus/Driver: First Student - Eric 402-960-8354	Departure Point: 95 Dart Circle Departure Time: L 7:00 AM
Feb 17, 2022	Thu	Practice (Practice at NYSSSD)	N/A	2:45 PM	4:45 PM	NY State School for the Deaf	Bus/Driver: RFA Bus # 13 - Bus Loop	Departure Point: 95 Dart Departure Time: 2:10 PM
Feb 18, 2022	Fri	Regular Season (State Quals Swimming)	@ TBD		TBD	TBD	Bus/Driver: First Student - Eric 402-960-8354	Departure Point: 95 Dart Circle Departure Time: L 1:45 PM

Date: 2026-01-20