

Coaches:

- Michelle Browne, Head Coach
- James Ray, Asst Coach

Sep 9, 2022 Fri Regular Season Adirondack @ Utica 4:30 PM PM PM PM PM PM PM P	DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 24, 2022 Wed Practice N/A	Aug 22, 2022	Mon		N/A			RFA Pool			
Aug 25, 2022 Thu Practice N/A AM AM AM AM AM AM AM	Aug 23, 2022	Tue		N/A			RFA Pool			
Aug 26, 2022 Fri Practice (Practice) N/A AM	Aug 24, 2022	Wed		N/A			RFA Pool			
Aug 27, 2022 Sat	Aug 25, 2022	Thu		N/A			RFA Pool			
Aug 29, 2022 Mon Practice (Practice) (Practice) N/A AM A	Aug 26, 2022	Fri		N/A			RFA Pool			
Aug 30, 2022 Tue Practice (Practice) (Practice) (Practice) N/A AM A	Aug 27, 2022	Sat		N/A			RFA Pool			
Aug 31, 2022 Wed Practice	Aug 29, 2022	Mon		N/A			RFA Pool			
POSTPONED Sep Wed Practice N/A AM AM AM AM AM AM AM	Aug 30, 2022	Tue		N/A			RFA Pool			
Sep 9, 2022 Fri Regular Season Adirondack @ Utica 4:30 PM PM PM PM PM PM PM P	_			N/A			RFA Pool			
Sep 9, 2022 Fri	POSTPONED Sep 7, 2022	Wed		Utica Proctor			RFA Pool			L
Sep 14, 2022 Wed Regular Season Holland Patent, Adirondack PM RFA Pool Sep 16, 2022 Fri Regular Season West Canada Valley PM PM PM Pool Bus/Driver: First Student - John S. 315 - Sanger Type Pool Departure Point: RFA Bus Loop Departure Time: 2:45 PM PM PM PM PM Pool Departure Point: RFA Bus Loop Departure Time: 2:45 PM PM PM PM PM PM PM Pool Departure Time: 2:30 PM PM PM PM PM POOl Departure Time: 2:30 PM PM PM PM PM PM PM POOl Departure Time: 2:30 PM	Sep 9, 2022	Fri					Swimming	First Student - John S. 315-	RFA High School Bus Loop Departure Time:	L
Sep 16, 2022 Fri Regular Season Miles Mest Canada Valley Mest Canad	Sep 12, 2022	Mon		Whitesboro			RFA Pool			L
Sep 16, 2022 Fri Regular Season West Canada Valley Pool PM PM Pool Pool	Sep 14, 2022	Wed	Regular Season				RFA Pool			L
Sep 20, 2022 Tue Regular Season @ Adirondack	Sep 16, 2022	Fri	Regular Season				Pool	First Student - John S. 315-	RFA Bus Loop Departure Time:	L
Sep 22, 2022 Thu Regular Season @ Adirondack 4:30 7:30 PM Pool First Student Season PM Pool PM Pool Peparture Time: 3:00 PM RFA Pool PM RFA Pool PM RFA Pool Peparture Time: 3:00 PM RFA Pool PM RFA P	Sep 20, 2022	Tue	Regular Season				Sports	First Student - Danyelle Stovall 202- 390-2722 Bus	RFA Bus Loop Departure Time:	L
Sep 27, 2022 Tue Regular Season (Syracuse) Nottingham (Syracuse) Whitesboro, Holland Patent, Cooperstown (Cooperstown/Milford) PM RFA Pool RFA Pool RFA Pool RFA Pool RFA Pool RFA Pool Oct 4, 2022 Tue Regular Season (Quad meet) Tue Regular Season (Quad meet) Regular Season (Quad meet) RFA Pool	Sep 22, 2022	Thu	Regular Season	@ Adirondack			Pool		RFA Bus Loop Departure Time:	L
Oct 4, 2022 Tue Regular Season (Quad meet) Patent, Cooperstown (Cooperstown (Cooperstown Milford) Patent, Cooperstown (Cooperstown Milford) Patent, Cooperstown (Cooperstown Milford) Patent, Cooperstown (Cooperstown Milford) Holland First Student Frank C 315- 225-1104 Bus 9147 Departure Point: RFA Bus Loop Departure Time: 3:15 PM Oct 11, 2022 Tue Regular Season West Canada Valley 4:30 RFA Pool	Sep 27, 2022	Tue		Nottingham			RFA Pool			L
Oct 6, 2022 Thu Regular Season @ Holland Patent 4:30 PM Holland First Student Frank C 315- 225-1104 Bus 9147 RFA Bus Loop Departure Time: 3:15 PM Oct 11, 2022 Tue Regular Season West Canada Valley 4:30 RFA Pool	Oct 4, 2022	Tue		Patent, Cooperstown			RFA Pool			L
Oct 13, 2022 Tue Regular Season Patent PM RFA Pool Oct 13, 2022 Thu Regular Season West Canada Valley 4:30 RFA Pool	Oct 6, 2022	Thu	Regular Season	@ Holland Patent			Patent	First Student - Frank C 315- 225-1104 Bus	RFA Bus Loop Departure Time:	L
	Oct 11, 2022	Tue	Regular Season				RFA Pool			NL
PM	Oct 13, 2022	Thu	Regular Season	West Canada Valley	4:30 PM		RFA Pool			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	I DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Oct 18, 2022	Tue	Regular Season	Cooperstown/Milford)	5:00 PM		RFA Pool			L
Oct 20, 2022	Thu	Regular Season (Dive Championship)	Adirondack, Whitesboro, Cooperstown (Cooperstown/Milford) Holland Patent, West Canada Valley @ Utica Proctor	4:30 PM	7:30 PM	PHS Swimming Pool	Bus/Driver: No Transportation Needed		L
Oct 21, 2022	Fri	Regular Season ((Swim Championships))	Holland Patent, Whitesboro, Utica Proctor, Adirondack, Cooperstown (Cooperstown/Milford) West Canada Valley	5:00 PM		RFA Pool, RFA Auxilliary Gym			L
Nov 2, 2022	Wed	Regular Season (Sectional - at Nottingham)	TBD	9:00 AM		RFA Pool	Bus/Driver: First Student - Steve 315- 240-8526 Bus 9153	Departure Point: RFA Bus Loop Departure Time: 7:45 AM	L
Nov 4, 2022	Fri	Regular Season (State at Nottingham)	TBD	3:00 PM		RFA Pool	Bus/Driver: RCSD- Trent (714)471- 5955	Departure Point: RFA Bus Loop Departure Time: 2:15 PM	L

Date: 2024-05-19