



Rome Free Academy

(G) V Swimming/Diving

Coaches:

- Michelle Browne, Head Coach
- James Ray, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2019	Wed	Scrimmage (Diving)	Lowville, Holland Patent @ New Hartford	8:30 AM		New Hartford HS Pool	Bus/Driver: RCSD	Departure Point: 95 Dart Circle Departure Time: 7:15 AM	NL
Aug 28, 2019	Wed	Scrimmage	Holland Patent, Lowville @ New Hartford	10:30 AM		New Hartford HS Pool		Departure Point: 95 Dart Circle	NL
Aug 30, 2019	Fri	Scrimmage	Holland Patent, Carthage, Beaver River @ South Lewis	9:00 AM		South Lewis High School Pool	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 7:15 AM	NL
Sep 5, 2019	Thu	Regular Season	@ Adirondack	4:30 PM		Pool	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 3:00 PM	L
Sep 10, 2019	Tue	Regular Season	@ Nottingham (Syracuse)	6:00 PM	7:00 PM	Nottingham High School (Pool)	Bus/Driver: RCSD/Marnie 315-335-2667	Departure Point: 95 Dart Circle Departure Time: 4:00 PM	L
Sep 12, 2019	Thu	Regular Season	@ West Canada Valley	4:30 PM		WCV Pool	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 2:45 PM	L
Sep 17, 2019	Tue	Regular Season (League Game)	Cooperstown (Cooperstown/Milford)	5:00 PM		RFA Pool			L
Sep 19, 2019	Thu	Regular Season 110-92 W	@ Utica Proctor	4:30 PM		PHS Swimming Pool	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 3:15 PM	L
Sep 21, 2019	Sat	Regular Season (NH Invitational)	Pittsford Mendon, Albany Academies, Oswego @ New Hartford	9:00 AM		New Hartford HS Pool	Bus/Driver: RCSD	Departure Point: 95 Dart Circle Departure Time: 9:45 AM	NL
Sep 24, 2019	Tue	Regular Season	Whitesboro	5:00 PM		RFA Pool			L
Sep 26, 2019	Thu	Regular Season	@ Holland Patent	4:30 PM		TBD	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 3:15 PM	L
Oct 1, 2019	Tue	Regular Season	Adirondack	4:30 PM		RFA Pool			L
Oct 8, 2019	Tue	Regular Season (League Game)	West Canada Valley, Skaneateles	5:00 PM		RFA Pool			L
Oct 10, 2019	Thu	Regular Season	@ Cooperstown (Cooperstown/Milford)	5:00 PM		Clark's Sports Center	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 3:15 PM	L
Oct 15, 2019	Tue	Regular Season (League Game) 140-77-45 W	Utica Proctor, Carthage	4:30 PM		RFA Pool			NL
Oct 17, 2019	Thu	Regular Season	@ Whitesboro	5:00 PM		Utica University	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 3:30 PM	L

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Oct 18, 2019	Fri	Regular Season (League Diving Championships)	West Canada Valley, Whitesboro, Adirondack, Cooperstown (Cooperstown/Milford), Holland Patent @ Utica Proctor	5:00 PM		PHS Swimming Pool	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 3:00 PM	L
Oct 21, 2019	Mon	Regular Season (League Game)	Holland Patent	4:30 PM		RFA Pool			L
Oct 25, 2019	Fri	Post-Season (Swim Championships)	Holland Patent	5:00 PM		RFA Pool			NL
Oct 25, 2019	Fri	Regular Season (CSC Championships)	Cooperstown (Cooperstown/Milford)	5:00 PM		RFA Pool			L
Oct 30, 2019	Wed	Regular Season (Pink Meet)	Holland Patent, Adirondack, Whitesboro, Cooperstown (Cooperstown/Milford), West Canada Valley, Utica Proctor @ New Hartford	5:00 PM		New Hartford HS Pool	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 3:15 PM	L
Nov 7, 2019	Thu	Post-Season (Class A Diving Trials and Finals @ Nottingham)	@ TBD	8:00 AM		Nottingham High School			NL
Nov 8, 2019	Fri	Post-Season (Class A Timed Final Championship @ Nottingham High School)	@ TBD	8:30 AM		Nottingham High School	Bus/Driver: Birnie Bus	Departure Point: 95 Dart Circle Departure Time: 7:45 AM	NL
Nov 9, 2019	Sat	Post-Season (State Qualifier Diving Championship @ Nottingham High School)	@ TBD	8:00 AM		Nottingham High School			NL
Nov 10, 2019	Sun	Post-Season (State Qualifier Swimming @ Nottingham High School)	@ TBD	11:15 AM		Nottingham High School	Bus/Driver: RCSD/Trent	Departure Point: 95 Dart Circle Departure Time: 10:15 AM	NL

Date: 2026-01-20