



Rome Free Academy

(G) V Softball

Coaches:

- Emily Cowell
- Mark Beer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Feb 18, 2025	Tue	Practice (Varsity Softball Open Gym)	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A, Stadium Support Indoor Batting Cage			
Feb 20, 2025	Thu	Practice (Varsity Softball Open Gym)	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A, Stadium Support Indoor Batting Cage			
Mar 17, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Accelerate Sports Complex			
Mar 18, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	RFA Main Gym			
Mar 19, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Accelerate Sports Complex			
Mar 21, 2025	Fri	Practice	N/A	4:00 PM	6:00 PM	RFA Main Gym			
Mar 24, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Accelerate Sports Complex			
Mar 24, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	RFA Main Gym			
Mar 25, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	RFA Main Gym			
Mar 26, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Accelerate Sports Complex			
Mar 26, 2025	Wed	Scrimmage	Oriskany	3:45 PM	8:00 PM	Accelerate Sports Complex			NL
Mar 26, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	RFA Main Gym			
Mar 27, 2025	Thu	Practice	N/A	4:00 PM	6:00 PM	RFA Main Gym			
Mar 28, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Accelerate Sports Complex			
Mar 29, 2025	Sat	Practice	N/A	8:30 AM	8:30 AM	RFA Main Gym			
Apr 4, 2025	Fri	Regular Season 4-2 W	Fayetteville-Manlius	5:00 PM	7:00 PM	Kost Fields Varsity Field # 1			NL
Apr 5, 2025	Sat	Practice	N/A	8:30 AM	10:30 AM	RFA Main Gym			
Apr 13, 2025	Sun	Regular Season (Double Header) 3-5 L	@ Shenendehowa High School	12:00 PM	1:30 PM	Clifton Common Park	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: RFA Dart Circle Departure Date: Apr 13, 2025 Departure Time: 8:20 AM	NL
Apr 13, 2025	Sun	Regular Season 2-11 L	@ Guilderland High School	2:00 PM	3:50 PM	TBD			NL
Apr 14, 2025	Mon	Regular Season 5-4 W	New Hartford	4:30 PM		Kost Fields Varsity Field # 1			L
Apr 16, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Indoor Batting Cage			

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Apr 17, 2025	Thu	Regular Season 1-20 L	Holland Patent	4:30 PM		Kost Fields Varsity Field # 1		L
Apr 21, 2025	Mon	Regular Season 18-0 W	@ Utica Proctor	4:30 PM		PHS Softball Grass Field	Bus/Driver: First Student-Ron 315.271.6461	Departure Point: Stadium Support Facility Departure Date: Apr 21, 2025 Departure Time: 3:15 PM
Apr 22, 2025	Tue	Regular Season 3-4 L	@ Camden	4:30 PM		Camden High School Turf Softball Field 1	Bus/Driver: First Student-Save F. 315.240.8526	Departure Point: Stadium Support Facility Departure Date: Apr 22, 2025 Departure Time: 3:00 PM
Apr 24, 2025	Thu	Regular Season 3-2 W	Whitesboro	4:30 PM		Kost Fields Varsity Field # 1		L
Apr 28, 2025	Mon	Regular Season 14-2 W	Oneida	4:30 PM		Kost Fields Varsity Field # 1		L
Apr 30, 2025	Wed	Regular Season 4-2 W	Notre Dame, Utica	4:30 PM		Kost Fields Varsity Field # 1		L
May 1, 2025	Thu	Regular Season 5-6 L	@ New Hartford	4:30 PM		Accelerate Sports	Bus/Driver: RCSD- Marnie (315)335-2667	Departure Point: Stadium Support Facility Departure Date: May 1, 2025 Departure Time: 3:10 PM
May 2, 2025	Fri	Regular Season 2-9 L	@ Fayetteville-Manlius	5:00 PM		FM Varsity Softball Field	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Facility Departure Date: Apr 8, 2025 Departure Time: 3:00 PM
May 5, 2025	Mon	Regular Season 9-7 W	@ West Genesee	5:00 PM		WG-HS Softball Field	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Facility Departure Date: May 5, 2025 Departure Time: 3:00 PM
POSTPONED May 6, 2025	Tue	Regular Season	@ Central Valley Academy	5:00 PM		Lower Tolpa Field Softball	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Facility Departure Date: May 6, 2025 Departure Time: 3:15 PM
May 7, 2025	Wed	Practice	N/A	4:30 PM	5:30 PM	Stadium Support Indoor Batting Cage		
May 8, 2025	Thu	Regular Season 20-2 W	Utica Proctor	4:30 PM		Kost Field Modified #4		L
POSTPONED May 9, 2025	Fri	Regular Season (Teacher Appreciation Night)	@ Central Square	5:00 PM	8:00 PM	CS: Brewerton Var Softball Field	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Stadium Support Facility Departure Date: May 9, 2025 Departure Time: 3:00 PM

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May 12, 2025	Mon	Regular Season 12-0 W	@ Vernon-Verona-Sherrill	4:30 PM		Oliver Park Softball Field #1 - Varsity Field	Bus/Driver: RCSD- Brian (315)878-2706	Departure Point: Stadium Support Facility Departure Date: May 12, 2025 Departure Time: 3:20 PM	L
May 15, 2025	Thu	Regular Season	Liverpool	5:00 PM	8:00 PM	Kost Fields Varsity Field # 1			L
May 16, 2025	Fri	Regular Season	@ Central Valley Academy	4:30 PM		Lower Tolpa Field Softball	Bus/Driver: First Student-Ray F. 315.271.1102	Departure Point: Stadium Support Facility Departure Date: May 16, 2025 Departure Time: 3:15 PM	L
May 20, 2025	Tue	Regular Season 1-2 L	@ Whitesboro	4:30 PM		Westmoreland Road Softball Field #1	Bus/Driver: RCSD- Brian (315)878-2706	Departure Point: Stadium Support Facility Departure Date: May 20, 2025 Departure Time: 3:30 PM	L
May 22, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Stadium Support Indoor Batting Cage			
May 26, 2025	Mon	Practice	N/A	10:30 AM	12:00 PM	Stadium Turf Field			
May 27, 2025	Tue	Practice	N/A	7:00 PM	8:30 PM	Stadium Turf Field			
May 29, 2025	Thu	Post-Season (Sectional Semi-Finals)	Fayetteville-Manlius	7:00 PM		Onondaga Community College Baseball/Softball Complex	Bus/Driver: First Student-Jay- 315.877.2547	Departure Point: Stadium Support Facility Departure Date: May 29, 2025 Departure Time: 4:00 PM	NL
Jun 1, 2025	Sun	Post-Season (Sectional Finals)	Baldwinsville	2:00 PM	4:00 PM	Carrier Park, East Syracuse	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: stadium support Departure Date: May 31, 2025 Departure Time: 8:15 AM	NL
Jun 5, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Jun 6, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			

Date: 2025-12-05