



Rome Free Academy

(G) V Softball

Coaches:

- Emily Cowell
- Mark Beer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	RFA Upstairs Batting Cages			
Mar 11, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	RFA Main Gym			
Mar 12, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	RFA Upstairs Batting Cages			
Mar 12, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	RFA Main Gym			
Mar 13, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	RFA Upstairs Batting Cages			
Mar 13, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	RFA Main Gym			
Mar 14, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	RFA Upstairs Batting Cages			
Mar 14, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	RFA Main Gym			
Mar 15, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	RFA Upstairs Batting Cages			
Mar 15, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	RFA Main Gym			
Mar 18, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Accelerate Sports Complex			
Mar 19, 2024	Tue	Practice	N/A	6:30 PM	8:30 PM	Stadium Support Facility Gym A, Stadium Support Indoor Batting Cage			
Mar 20, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Accelerate Sports Complex			
Mar 21, 2024	Thu	Practice	N/A	6:30 PM	8:30 PM	Stadium Support Indoor Batting Cage			
CANCELLED Mar 22, 2024	Fri	Scrimmage	@ TBD	3:00 PM		Accelerate Sports Complex			NL
Mar 22, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Accelerate Sports Complex			
Mar 25, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Accelerate Sports Complex			
Mar 27, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Accelerate Sports Complex			
CANCELLED Mar 29, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Accelerate Sports Complex			
Apr 3, 2024	Wed	Practice	N/A	7:30 PM	8:30 PM	RFA Main Gym, RFA Upstairs Batting Cages			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 4, 2024	Thu	Practice	N/A	5:15 PM	6:15 PM	Stadium Support Indoor Batting Cage, Stadium Support Facility Gym A			
Apr 9, 2024	Tue	Regular Season 3-7 L	@ Whitesboro	4:30 PM		Westmoreland Road Softball Field #1	Bus/Driver: Out- Justin R. (315)335-9844/ Back-Trent (714)417-5955	Departure Point: RFA Bus Loop Departure Time: 3:20 PM	L
Apr 10, 2024	Wed	Practice	N/A	5:30 PM	7:00 PM	RFA Main Gym, RFA Upstairs Batting Cages			
Apr 11, 2024	Thu	Practice	N/A	7:00 PM	8:30 PM	RFA Main Gym, RFA Upstairs Batting Cages			
Apr 12, 2024	Fri	Regular Season	West Genesee	5:00 PM		Kost Fields Varsity Field # 1			NL
Apr 15, 2024	Mon	Regular Season	Central Square	5:00 PM		Kost Fields Varsity Field # 1			NL
Apr 16, 2024	Tue	Regular Season	@ Holland Patent	4:30 PM	6:30 PM	American Legion Field	Bus/Driver: Out- Justin R. (315)335-9844/ Return-Shane 315.292.3620	Departure Point: RFA Bus Loop Departure Time: 3:15 PM	L
Apr 18, 2024	Thu	Regular Season 13-5 W	@ Utica Proctor	5:00 PM		PHS Softball "TURF " Field		Departure Point: RFA Bus Loop Departure Time: 3:15 PM	L
Apr 26, 2024	Fri	Regular Season	Camden	5:00 PM		Kost Fields Varsity Field # 1			L
Apr 29, 2024	Mon	Regular Season	@ Notre Dame, Utica	4:30 PM		Wankel Softball Field	Bus/Driver: First Student	Departure Point: RFA Bus Loop Departure Time: 3:00 PM	L
Apr 30, 2024	Tue	Regular Season	New Hartford	5:00 PM		Kost Fields Varsity Field # 1			L
May 3, 2024	Fri	Regular Season	@ Baldwinsville	5:00 PM	7:00 PM	Bville - Ray SB Field #21	Bus/Driver: First Student-Alex 315.225.6698	Departure Point: RFA Bus Loop Departure Time: 3:00 PM	NL
May 6, 2024	Mon	Regular Season	Central Valley Academy	5:00 PM		Kost Fields Varsity Field # 1			L
May 8, 2024	Wed	Regular Season	@ Oneida	4:15 PM		HS Softball Field	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Bus Loop Departure Time: 3:00 PM	L
May 9, 2024	Thu	Regular Season	Vernon-Verona-Sherrill	4:30 PM		Kost Fields Varsity Field # 1			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 10, 2024	Fri	Regular Season (DWI Classic @ Hamilton College)	@ Utica Proctor	4:30 PM		Hamilton College	Bus/Driver: First Student- Out- Shane- 315.292.3620/ Return- Danyelle- 202.390.2722	Departure Point: RFA Bus Loop Departure Time: 3:00 PM	L
POSTPONED May 11, 2024	Sat	Regular Season	@ Fayetteville- Manlius	10:00 AM	12:00 PM	FM Varsity Softball Field	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Bus Loop Departure Time: 7:45 AM	L
May 13, 2024	Mon	Regular Season	@ West Genesee	5:00 PM		WG-HS Softball Field	Bus/Driver: First Student- Shane- 315.292.3620	Departure Point: RFA Bus Loop Departure Time: 3:00 PM	NL
May 14, 2024	Tue	Regular Season 2-5 L	Whitesboro	4:30 PM		Kost Fields Varsity Field # 1			L
May 16, 2024	Thu	Regular Season	@ New Hartford	4:30 PM		Accelerate Sports	Bus/Driver: First Student- Danyelle- 202.390.2722	Departure Point: RFA Bus Loop Departure Time: 3:00 PM	L
May 17, 2024	Fri	Regular Season	Baldwinsville	5:00 PM	7:00 PM	Kost Fields Varsity Field # 1			NL
May 20, 2024	Mon	Post-Season (Out Bracket Game @ Higher Seed)	Syracuse City (Syracuse City)	5:00 PM		Kost Fields Varsity Field # 1			NL
May 22, 2024	Wed	Post-Season (Semi final sectional game)	@ Liverpool	5:00 PM		Carrier Park	Bus/Driver: RCSD- Justin (315)335-9844	Departure Point: Kost Field Departure Time: 3:15 PM	NL

Date: 2025-12-17