



Rome Free Academy

(G) V Soccer

Coaches:

- Melissa Downs , Head Coach
- Diane Stevenson, Asst Coach
- Erik Thomas

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field			
Aug 27, 2024	Tue	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field			
Aug 28, 2024	Wed	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field			
Aug 29, 2024	Thu	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field			
Aug 30, 2024	Fri	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field			
Aug 31, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	Stadium Turf Field			
Sep 3, 2024	Tue	Scrimmage	Cincinnatus, Sauquoit Valley @ Hamilton	4:30 PM		Stadium Field	Bus/Driver: RCSD Chris Wheadon	Departure Point: Stadium Support Facility Departure Date: Sep 3, 2024 Departure Time: 2:45 PM	NL
Sep 4, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Sep 5, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Stadium Turf Field			
Sep 6, 2024	Fri	Scrimmage	@ Cazenovia	4:30 PM		Cazenovia Stadium Field #1 Googin on Fenner Rd.	Bus/Driver: First Student-Danyelle-202.390.2722	Departure Point: Stadium Support Facility Departure Time: 2:45 PM	NL
Sep 7, 2024	Sat	Practice	N/A	7:30 AM	9:00 AM	Stadium Turf Field			
Sep 9, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Sep 9, 2024	Mon	Regular Season	@ Vernon-Verona-Sherrill	7:00 PM		Turf Field Stadium			L
Sep 10, 2024	Tue	Regular Season	@ Holland Patent	4:00 PM		HS Stadium / Track	Bus/Driver: First Student-Ron 315.271.6461	Departure Point: Stadium Support Facility Departure Time: 3:00 PM	L
Sep 11, 2024	Wed	Practice	N/A	6:00 PM	8:00 PM	Stadium Turf Field			
Sep 11, 2024	Wed	Regular Season	Utica Proctor	7:00 PM		Stadium Turf Field			L
Sep 12, 2024	Thu	Regular Season 1-3 L	@ Whitesboro	4:30 PM		Ed Wadas Complex High School	Bus/Driver: RCSD Marnie 315-335-2667	Departure Point: Stadium Support Facility Departure Time: 3:15 PM	L
Sep 13, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Sep 14, 2024	Sat	Regular Season	Camden	10:30 AM		Stadium Turf Field			L
Sep 16, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			

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Sep 17, 2024	Tue	Regular Season	Fayetteville-Manlius	5:00 PM	6:30 PM	Stadium Turf Field			L
Sep 18, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Stadium Turf Field			
Sep 18, 2024	Wed	Regular Season	Whitesboro	7:00 PM		Stadium Turf Field			L
Sep 19, 2024	Thu	Regular Season	New Hartford	5:00 PM		Stadium Turf Field			L
Sep 20, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Joy Elementary Grass Field			
Sep 21, 2024	Sat	Regular Season	@ Oneida	12:00 PM		HS Lower Soccer Field	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Facility Departure Time: 10:45 AM	L
Sep 23, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Stadium Turf Field			
Sep 24, 2024	Tue	Regular Season	@ Cicero-North Syracuse	7:00 PM	8:45 PM	CNS HS-Bragman Stadium	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: Stadium Support Facility Departure Time: 5:15 PM	NL
Sep 25, 2024	Wed	Practice	N/A	5:30 PM	7:30 PM	Stadium Turf Field			
Sep 26, 2024	Thu	Regular Season	Utica Proctor	4:30 PM		Stadium Turf Field			L
Sep 27, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			
Sep 28, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	Stadium Turf Field			
Sep 30, 2024	Mon	Regular Season	@ Notre Dame, Utica	4:15 PM		Varsity Soccer Field			L
Sep 30, 2024	Mon	Regular Season 4-0 W	Clinton	4:30 PM	5:55 PM	Stadium Turf Field			NL
Oct 1, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Oct 2, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			
Oct 3, 2024	Thu	Regular Season 1-2 L	Whitesboro	4:30 PM		Stadium Turf Field			L
Oct 4, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			
Oct 5, 2024	Sat	Regular Season	@ West Genesee	12:00 PM		WG-HS Mike Messere Field - Turf Stadium	Bus/Driver: First Student-Alex 315.225.6698	Departure Point: Stadium Support Facility Departure Time: 10:15 AM	L
Oct 7, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			
Oct 8, 2024	Tue	Regular Season	Central Valley Academy	5:00 PM		Stadium Turf Field			L
Oct 9, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2024	Thu	Regular Season	@ New Hartford	4:00 PM		New Hartford HS Turf Field	Bus/Driver: RCSD- Matt-315.338.1905	Departure Point: Stadium Support Facility Departure Time: 2:45 PM	L
Oct 11, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Oct 12, 2024	Sat	Regular Season (NL Game)	Liverpool	2:00 PM		Stadium Turf Field			L
Oct 15, 2024	Tue	Regular Season (senior night)	Vernon-Verona-Sherrill	7:00 PM		Stadium Turf Field			L
Oct 16, 2024	Wed	Practice	N/A	6:00 PM	8:00 PM	Stadium Turf Field			
Oct 17, 2024	Thu	Regular Season	@ Utica Proctor	4:30 PM		PHS Stadium (Turf Field/Track)	Bus/Driver: First Student	Departure Point: Stadium Support Facility Departure Time: 3:15 PM	L
Oct 19, 2024	Sat	Practice	N/A	8:00 AM	9:30 AM	Stadium Turf Field			
Oct 21, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Oct 22, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Oct 23, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Oct 24, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Oct 25, 2024	Fri	Post-Season (Sectional 1/4 Final)	@ Liverpool	6:00 PM		LIVERPOOL HS STADIUM	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Date: Oct 25, 2024 Departure Time: 4:00 PM Return Date: Oct 25, 2024 Return Time: 9:30 PM	L
Oct 28, 2024	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Turf Field			
Oct 29, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Turf Field			
Oct 30, 2024	Wed	Post-Season (Sectional Semi Finals)	@ Baldwinsville	5:00 PM	6:45 PM	JD HS Stadium	Bus/Driver: First Student	Departure Point: stadium support Departure Date: Oct 30, 2024 Departure Time: 3:00 PM	NL
Oct 31, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Nov 1, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			

Date: 2026-03-14