



Rome Free Academy

(G) V Soccer

Coaches:

- Melissa Downs , Head Coach
- Diane Stevenson, Asst Coach
- Erik Thomas

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Aug 22, 2022	Mon	Practice (Practice)	N/A	3:00 PM	5:30 PM	Stadium Turf Field		
Aug 23, 2022	Tue	Practice (Practice)	N/A	3:00 PM	5:30 PM	Stadium Turf Field		
Aug 24, 2022	Wed	Practice (Practice)	N/A	3:00 PM	5:30 PM	Stadium Turf Field		
Aug 25, 2022	Thu	Practice (Practice)	N/A	3:00 PM	5:30 PM	Stadium Turf Field		
Aug 26, 2022	Fri	Practice (Practice)	N/A	3:00 PM	5:30 PM	Stadium Turf Field		
Aug 27, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	Stadium Turf Field		
Aug 29, 2022	Mon	Scrimmage	Canastota, Cazenovia @ Central Square	12:00 PM		CS: MHE Grass Field	Bus/Driver: RCSD Justin 315-335-8742	Departure Point: Stadium Support Facility Departure Time: 10:15 AM
Aug 30, 2022	Tue	Practice (Practice)	N/A	7:00 AM	9:30 AM	Stadium Turf Field		
Aug 31, 2022	Wed	Practice (Practice)	N/A	3:00 PM	5:30 PM	Stadium Turf Field		
Sep 1, 2022	Thu	Regular Season 3-1 W	@ Holland Patent	4:30 PM	6:00 PM	HS Stadium / Track	Bus/Driver: Dan 315-571-8186	Departure Point: Stadium Support Facility Departure Time: 3:15 PM
Sep 2, 2022	Fri	Practice	N/A	2:00 PM	4:00 PM	Stadium Turf Field		
Sep 3, 2022	Sat	Regular Season (Non League)	West Genesee	12:00 PM		Stadium Turf Field		NL
Sep 5, 2022	Mon	Practice	N/A	7:00 AM	8:30 AM	Stadium Turf Field		
Sep 6, 2022	Tue	Regular Season (Non League)	Liverpool	6:30 PM		Stadium Turf Field		NL
Sep 7, 2022	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Turf Field		
Sep 8, 2022	Thu	Regular Season	Utica Proctor	4:30 PM		Stadium Turf Field		L
Sep 9, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Stadium Turf Field		
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Sep 13, 2022	Tue	Regular Season 4-0 W	Camden	4:30 PM	6:00 PM	Stadium Turf Field		L
Sep 14, 2022	Wed	Practice	N/A	7:30 PM	9:00 PM	Stadium Turf Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 15, 2022	Thu	Regular Season 1-3 L	@ Whitesboro	4:30 PM		Ed Wadas Complex High School	Bus/Driver: First Student	Departure Point: Stadium Support Facility Departure Time: 3:15 PM	L
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Joy Elementary Grass Field			
Sep 17, 2022	Sat	Regular Season	@ Oneida	10:00 AM		HS Lower Soccer Field	Bus/Driver: RCSD Marnie 315-335-2667	Departure Point: Stadium Support Facility Departure Time: 8:30 AM	L
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Joy Elementary Grass Field			
Sep 20, 2022	Tue	Regular Season	@ Notre Dame, Utica	4:15 PM		Varsity Soccer Field	Bus/Driver: First Student - John K 315-679-2563 Bus 9171	Departure Point: Stadium Support Facility Departure Time: 3:00 PM	L
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			
Sep 22, 2022	Thu	Regular Season	New Hartford	4:15 PM		Stadium Turf Field			L
Sep 24, 2022	Sat	Practice	N/A	10:00 AM	11:30 AM	Stadium Turf Field			
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field			
Sep 27, 2022	Tue	Regular Season	@ Clinton	4:30 PM		TBD	Bus/Driver: First Student - Steve P. 315-630-0372 Bus 9183	Departure Point: Stadium Support Facility Departure Time: 3:15 PM	NL
Sep 28, 2022	Wed	Practice	N/A	7:30 PM	9:00 PM	Stadium Turf Field			
Sep 29, 2022	Thu	Regular Season	Central Valley Academy	4:15 PM		Stadium Turf Field			L
Sep 30, 2022	Fri	Practice	N/A	3:00 PM	5:30 PM	Joy Elementary Grass Field			
Oct 1, 2022	Sat	Regular Season (Non League)	Baldwinsville	12:00 PM	1:30 PM	Stadium Turf Field			NL
Oct 3, 2022	Mon	Practice (Practice)	N/A	5:00 PM	7:00 PM	Stadium Turf Field			
Oct 4, 2022	Tue	Regular Season	@ Utica Proctor	4:30 PM	6:00 PM	PHS Stadium (Turf Field/Track)	Bus/Driver: First Student - TODD S. 315-709-9097 BUS 9195	Departure Point: Stadium Support Facility Departure Time: 3:15 PM	L
Oct 5, 2022	Wed	Practice	N/A	7:30 PM	9:00 PM	Stadium Turf Field			
Oct 6, 2022	Thu	Regular Season	Vernon-Verona-Sherrill	6:15 PM		Stadium Turf Field			L
Oct 7, 2022	Fri	Practice	N/A	4:30 PM	6:00 PM	Stadium Turf Field			
Oct 11, 2022	Tue	Regular Season 1-2 L	Whitesboro	4:30 PM		Stadium Turf Field			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Oct 12, 2022	Wed	Practice	N/A	2:45 PM	4:30 PM	Stadium Turf Field		
Oct 13, 2022	Thu	Regular Season	@ New Hartford	6:00 PM		New Hartford HS Turf Field	Bus/Driver: RCSD Kandice 315-271-6867	Departure Point: Stadium Support Facility Departure Time: 4:30 PM
Oct 14, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Oct 18, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Stadium Turf Field		
Oct 19, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	Stadium Turf Field		
Oct 20, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Oct 21, 2022	Fri	Post-Season (Section 3 Quarter Finals)	@ Liverpool	5:00 PM		LIVERPOOL HS STADIUM	Bus/Driver: First Student - John S. 315-886-9795 Bus 9170	Departure Point: SSF Departure Time: 2:45 PM
Oct 25, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Oct 26, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Oct 27, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		

Date: 2026-01-20