



Rome Free Academy

(G) V Soccer

Coaches:

- Melissa Downs , Head Coach
- Diane Stevenson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice (Practice - Turf)	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Aug 22, 2023	Tue	Practice (Practice - Turf)	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Aug 23, 2023	Wed	Practice (Practice - Turf)	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Aug 24, 2023	Thu	Practice (Practice - Turf)	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Aug 25, 2023	Fri	Practice (Practice - Turf)	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Aug 26, 2023	Sat	Practice (Practice - Turf)	N/A	9:00 AM	11:00 AM	Stadium Turf Field		
Aug 28, 2023	Mon	Scrimmage	West Genesee	10:30 AM		Stadium Turf Field		NL
Aug 29, 2023	Tue	Practice (Practice - Turf)	N/A	7:00 AM	9:30 AM	Stadium Turf Field		
Aug 30, 2023	Wed	Regular Season (South Colonie High School)	Colonie High School	1:30 PM		Stadium Turf Field		L
Aug 31, 2023	Thu	Practice (Practice - Turf)	N/A	8:00 AM	11:00 PM	Stadium Turf Field		
Sep 1, 2023	Fri	Practice (Practice - Turf)	N/A	10:00 AM	1:00 PM	Stadium Turf Field		
Sep 2, 2023	Sat	Practice	N/A	7:00 AM	9:00 AM	Stadium Turf Field		
Sep 4, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Stadium Turf Field		
Sep 6, 2023	Wed	Practice (Practice - Turf)	N/A	4:00 PM	6:00 PM	Stadium Turf Field		
Sep 7, 2023	Thu	Regular Season	Holland	4:30 PM		Stadium Turf Field	Departure Point: Stadium Support Facility	L
Sep 8, 2023	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	Joy Elementary Grass Field		
Sep 11, 2023	Mon	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field		
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Joy Elementary Grass Field		
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Sep 18, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Sep 19, 2023	Tue	Regular Season 0-1 L	Whitesboro	5:00 PM		Stadium Turf Field		L
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Sep 21, 2023	Thu	Regular Season	Oneida	5:00 PM		Stadium Turf Field		L
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Sep 23, 2023	Sat	Regular Season (NL) 4-1 W	Clinton	9:00 AM		Stadium Turf Field		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Sep 25, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Stadium Turf Field		
Sep 27, 2023	Wed	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field		
Sep 29, 2023	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	Joy Elementary Grass Field		
Sep 30, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Stadium Turf Field		
Oct 1, 2023	Sun	Regular Season (rescheduled contest from 9.15.23)	New Hartford	9:30 AM		Stadium Turf Field	Departure Point: Stadium Support Facility	L
CANCELLED Oct 2, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Oct 3, 2023	Tue	Practice	N/A	2:30 PM	4:00 PM	Stadium Turf Field		
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Oct 6, 2023	Fri	Regular Season (Senior Nigh)	Utica Proctor	6:30 PM		Stadium Turf Field		L
Oct 9, 2023	Mon	Practice (Practice)	N/A	10:00 AM	12:00 PM	Stadium Turf Field		
Oct 11, 2023	Wed	Practice (Practice - Turf)	N/A	4:00 PM	6:00 PM	Stadium Turf Field		
Oct 13, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field		
Oct 17, 2023	Tue	Practice (Practice - Turf)	N/A	4:00 PM	6:00 PM	Stadium Turf Field		
Oct 18, 2023	Wed	Practice (Practice - Turf)	N/A	4:00 PM	6:00 PM	Stadium Turf Field		
Oct 19, 2023	Thu	Practice (Practice)	N/A	2:45 PM	4:30 PM	Stadium Turf Field		
Oct 20, 2023	Fri	Post-Season (Quarterfinals)	Syracuse City (Syracuse City)	5:30 PM		Stadium Turf Field		NL
Oct 23, 2023	Mon	Practice (Practice - Turf)	N/A	4:00 PM	6:00 PM	Stadium Turf Field		
Oct 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
Oct 24, 2023	Tue	Practice (Practice - Turf)	N/A	4:00 PM	6:00 PM	Stadium Turf Field		
CANCELLED Oct 25, 2023	Wed	Practice (Practice - Turf)	N/A	4:00 PM	6:00 PM	Stadium Turf Field		

Date: 2024-05-20