



Rome Free Academy

(B) 7/8TH Soccer

Coaches:

- Jacob Pohl

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2023	Mon	Practice (Practice)	N/A	10:00 AM	11:30 AM	Stokes E S			
Aug 29, 2023	Tue	Practice (Practice)	N/A	10:00 AM	11:30 AM	Stokes E S			
Aug 30, 2023	Wed	Practice (Practice)	N/A	10:00 AM	11:30 AM	Stokes E S			
Aug 31, 2023	Thu	Practice (Practice)	N/A	10:00 AM	11:30 AM	Stokes E S			
Sep 1, 2023	Fri	Practice (Practice)	N/A	10:00 AM	11:30 AM	Stokes E S			
Sep 5, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
POSTPONED Sep 6, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 7, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 8, 2023	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 11, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 12, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 13, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 14, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
POSTPONED Sep 15, 2023	Fri	Scrimmage	New Hartford	4:30 PM		Stokes E S			L
Sep 18, 2023	Mon	Regular Season	Utica Proctor (DMS)	4:30 PM		Stokes E S			L
Sep 19, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 20, 2023	Wed	Regular Season 3-4 L	@ Utica Proctor (JFK)	4:15 PM	6:00 PM	JFK Soccer Field	Bus/Driver: F/S - Steve Fosella Bus 9153, phone 315-240-8526	Departure Point: Back of Strough Departure Time: 3:00 PM	L
Sep 21, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 22, 2023	Fri	Regular Season	Holland Patent	4:30 PM		Stokes E S			L
Sep 25, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 26, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 27, 2023	Wed	Regular Season 1-2 L	Whitesboro	4:30 PM		Stokes E S			L
Sep 28, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Sep 29, 2023	Fri	Regular Season	Oneida	4:30 PM		Stokes E S			L
Oct 2, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			

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Oct 3, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Oct 4, 2023	Wed	Regular Season	@ Utica Proctor (DMS)	4:15 PM		Donovan Soccer Field	Bus/Driver: F/S - Shane Miller bus 9181 p# 315-292-3620	Departure Point: Back of Strough Departure Time: 3:00 PM	L
Oct 5, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Oct 6, 2023	Fri	Regular Season	Central Valley Academy	4:30 PM		Stokes E S			L
Oct 9, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Oct 10, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Oct 11, 2023	Wed	Regular Season	@ Utica Proctor (JFK)	4:15 PM	6:00 PM	JFK Soccer Field			L
Oct 11, 2023	Wed	Regular Season	@ Vernon-Verona-Sherrill	4:30 PM		Beacon Light Field	Bus/Driver: RCSD-Out-Justin (315)335-9844/ Return Marnie (315)335-2667	Departure Point: Back of Strough Departure Time: 3:00 PM	L
Oct 12, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Oct 13, 2023	Fri	Regular Season	Camden	4:30 PM		Stokes E S			L
Oct 16, 2023	Mon	Regular Season	@ New Hartford	4:15 PM		Hughes Soccer Field	Bus/Driver: Out-Justin R. (315)335-9844/ Return- Chris W. (315)240-7035	Departure Point: Back of Strough Departure Time: 3:00 PM	L
Oct 17, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Oct 18, 2023	Wed	Regular Season 1-2 L	Utica Proctor (JFK)	4:30 PM		Stokes E S			L
Oct 19, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Stokes E S			
Oct 20, 2023	Fri	Regular Season	@ Holland Patent	4:30 PM	6:00 PM	GWF Soccer Field #2	Bus/Driver: RCSD (?) there - Back F/S Todd 315-709-9097	Departure Point: Back of Strough Departure Time: 3:00 PM	L

Date: 2026-04-08