



Rome Free Academy

(G) 7/8TH Outdoor Track

Coaches:

- Rachel Destito, Coach
- Courtney Spatto, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 25, 2024	Mon	Practice	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
Mar 27, 2024	Wed	Practice	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
Mar 28, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
POSTPONED Apr 10, 2024	Wed	Regular Season	Oneida	4:30 PM		Stadium Track and Field			L
Apr 15, 2024	Mon	Scrimmage	Oneida @ Camden	4:30 PM		Camden High School Stadium	Bus/Driver: First Student - Shane M. 315-292-3620	Departure Point: Turin Street Parking Lot - next to the Stadium Departure Time: 2:30 PM	L
May 3, 2024	Fri	Regular Season	New Hartford	4:00 PM		Stadium Track and Field			L
May 10, 2024	Fri	Regular Season	Utica Proctor (JFK)	4:15 PM		Stadium Track and Field			L
May 13, 2024	Mon	Regular Season (TVL League Meet)	Central Valley Academy, Holland Patent, New Hartford, Oneida, Utica Proctor (DMS), Utica Proctor (JFK), Vernon-Verona-Sherrill, Whitesboro @ Camden	4:15 PM		Camden High School Stadium	Bus/Driver: First Student-Steve 315.240.8526	Departure Point: Turin Street Parking Lot - next to the Stadium Departure Time: 2:30 PM	L
May 17, 2024	Fri	Regular Season	@ Central Valley Academy	4:30 PM		Diss Athletic Complex	Bus/Driver: First Student-Danyelle-202.390.2722	Departure Point: Turin Street Parking Lot - next to the Stadium Departure Time: 2:30 PM	L
CANCELLED May 20, 2024	Mon	Regular Season	Camden	4:00 PM		Stadium Track and Field			L
May 20, 2024	Mon	Regular Season	Holland Patent @ Whitesboro	4:30 PM		Ed Wadas Complex High School	Bus/Driver: Out-Brian W. (315)878-2706 / Return- Trent-714.471.5955		L

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May 23, 2024	Thu	Regular Season	@ Vernon-Verona-Sherrill	4:15 PM		Track	Bus/Driver: RCSD- Out-Brian 315.878.2706 / Return- Marnie-315.335.2667	Departure Point: Turin Street Parking Lot - next to the Stadium Departure Time: 2:30 PM	L
CANCELLED May 28, 2024	Tue	Regular Season	@ Holland Patent	4:30 PM		HS Stadium / Track	Bus/Driver: First Student	Departure Point: Turin Street Parking Lot - next to the Stadium Departure Time: 2:30 PM	L

Date: 2025-12-13