



# Rome Free Academy

## (G) V Outdoor Track

### Coaches:

- Nicholas Jeror, Head Coach
- Diane Stevenson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 18, 2025	Tue	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 19, 2025	Wed	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 20, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 21, 2025	Fri	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 24, 2025	Mon	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 25, 2025	Tue	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 26, 2025	Wed	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 27, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 28, 2025	Fri	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
CANCELLED Apr 9, 2025	Wed	Regular Season (TVL Relays)	Camden, Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, Whitesboro, New Hartford @ Vernon-Verona-Sherrill	4:00 PM		Track			L
Apr 15, 2025	Tue	Regular Season	Oneida	4:30 PM		Stadium Track and Field			L
Apr 25, 2025	Fri	Regular Season (Cahill Classic)	@ TBD	4:00 PM		S V H S	<b>Bus/Driver:</b> First Student-Steve F. 315.240.8526	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Apr 25, 2025 <b>Departure Time:</b> 2:45 PM	NL
Apr 30, 2025	Wed	Regular Season	@ Whitesboro	4:30 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> First Student-Steve F. 315.240.8526/ Shane-315.292.3620	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Apr 30, 2025 <b>Departure Time:</b> 3:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 2, 2025	Fri	Regular Season (2025 Ed Wadas Co-Ed Invitational)	Canastota, Clinton, Fulton, Herkimer, Holland Patent, Marcellus, New Hartford, Niskayuna High School, Utica Proctor, Remsen, South Jefferson, South Lewis, Watertown, Waterville, West Canada Valley, TBD @ Whitesboro	3:45 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> RCSD- Marnie (315)335-2667	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 2, 2025 <b>Departure Time:</b> 3:00 PM	NL
May 7, 2025	Wed	Regular Season (SENIOR RECOGNITION DAY)	@ Utica Proctor	4:30 PM		PHS Stadium (Turf Field/Track)	<b>Bus/Driver:</b> First Student-Ron 315.271.6461 & Tracey-315.240.5875	<b>Departure Date:</b> May 7, 2025	L
May 12, 2025	Mon	Regular Season (TVL Rookie Meet)	Camden, Central Valley Academy, Notre Dame, Utica, Oneida, Utica Proctor, Vernon-Verona-Sherrill, Whitesboro, New Hartford @ Holland Patent	5:00 PM		HS Stadium / Track	<b>Bus/Driver:</b> RCSD- Matt-315.338.1905	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 12, 2025 <b>Departure Time:</b> 4:00 AM	L
May 14, 2025	Wed	Regular Season (TVL Invitational)	Whitesboro, Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, New Hartford, Camden @ Vernon-Verona-Sherrill	4:15 PM		Track	<b>Bus/Driver:</b> RCSD- Marnie (315)335-2667	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 14, 2025 <b>Departure Time:</b> 2:45 PM	L
May 21, 2025	Wed	Regular Season	New Hartford	4:30 PM		Stadium Track and Field			L
May 28, 2025	Wed	Post-Season (Sectionals)	@ TBD	4:00 PM		CNS HS-Bragman Stadium	<b>Bus/Driver:</b> First Student-Steve F. 315.240.8526	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 28, 2025 <b>Departure Time:</b> 2:15 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 5, 2025	Thu	Post-Season (State Qualifers)	@ TBD	4:00 PM		CNS HS-Bragman Stadium	<b>Bus/Driver:</b> First Student-Don 315.272.9420	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Jun 5, 2025 <b>Departure Time:</b> 2:15 PM	NL

Date: 2026-01-02