



# Rome Free Academy

## (G) V Outdoor Track

### Coaches:

- Nicholas Jeror, Head Coach
- Diane Stevenson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 6, 2023	Thu	Regular Season (TVL Relays Co-Ed )	Notre Dame, Utica, Whitesboro, Central Valley Academy, Holland Patent, New Hartford, Utica Proctor, Vernon-Verona-Sherrill, Oneida @ Camden	4:00 PM	6:45 PM	Camden High School Stadium	<b>Bus/Driver:</b> RCSD- Justin (315)335-9844	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:30 PM	L
Apr 11, 2023	Tue	Practice	N/A	9:00 AM	10:45 AM	Stadium Track and Field			
Apr 12, 2023	Wed	Practice	N/A	9:00 AM	10:45 AM	Stadium Track and Field			
Apr 13, 2023	Thu	Practice	N/A	9:00 AM	10:45 AM	Stadium Track and Field			
Apr 21, 2023	Fri	Regular Season (Cook DeStefano Relays )	@ TBD	TBD		Thomas R Proctor High School	<b>Bus/Driver:</b> First Student - Mildred S. 315-281-4547	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:45 PM	NL
Apr 24, 2023	Mon	Regular Season (TVL Rookie Meet Co-ED)	Notre Dame, Utica, Central Valley Academy, Camden, Holland Patent, New Hartford, Utica Proctor, Vernon-Verona-Sherrill, Oneida @ Whitesboro	6:00 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> RCSD- Chris W (315)240-7035	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 4:30 PM	L
Apr 26, 2023	Wed	Regular Season	New Hartford	4:00 PM	6:45 PM	Stadium Track and Field			L
May 1, 2023	Mon	Regular Season	Central Valley Academy	4:15 PM	6:45 PM	Stadium Track and Field			L
May 3, 2023	Wed	Regular Season	@ Utica Proctor	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)	<b>Bus/Driver:</b> Out-Marnie (315)335-2667/ Back-Chris W. (315)240-7035	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 5, 2023	Fri	Regular Season (Ed Wadas Invitational)	Watertown, Dolgeville, Waterville, Homer, Altmar-Parish-Williamstown (APW Rebels), West Canada Valley, Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, Notre Dame, Utica, Town of Webb UFSD (Varsity Girls Track), Skaneateles, Lowville, Cato-Meridian (Blue Devils), Central Valley Academy, Westmoreland, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:45 PM	NL
May 10, 2023	Wed	Regular Season	@ Whitesboro	4:00 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> Out- Brian (315)878-2706/ Return- Chris W. (315)240-7035	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:45 PM	L
May 12, 2023	Fri	Regular Season (Arcaro Co-Ed Track and Field Classic )	@ TBD	TBD		Baldwinsville High School	<b>Bus/Driver:</b> First Student - John S. 315-886-9795 Bus 9165	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:30 PM	NL
May 13, 2023	Sat	Regular Season (The Glenn D Loucks Memorial Track and Field Games )	@ TBD	TBD		White Plains High School		<b>Departure Point:</b> No Transportation Needed	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2023	Tue	Regular Season (TVL League Meet)	Notre Dame, Utica, Whitesboro, Central Valley Academy, Holland Patent, New Hartford, Utica Proctor, Vernon-Verona-Sherrill, Oneida @ Camden	4:15 PM		Camden High School Stadium	<b>Bus/Driver:</b> Out- Justin R. (315)335-9844/ Return- Chris W. (315)240-7035	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:30 PM	L
POSTPONED May 20, 2023	Sat	Regular Season (William Eddy Track and Field Meet )	@ TBD	TBD		Schenectady High School	<b>Bus/Driver:</b> RCSD- Chris W (315)240-7035	<b>Departure Point:</b> CANX	NL
May 24, 2023	Wed	Post-Season (Class AA )	@ TBD	4:30 PM		Cicero North Syracuse High School	<b>Bus/Driver:</b> First Student - Shane M. 315-292-3620	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:15 PM	NL
Jun 1, 2023	Thu	Post-Season (State Qualifiers )	@ TBD	4:00 PM		Cicero North Syracuse High School	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:25 PM	L
Jun 9, 2023	Fri	Post-Season (NYSPHSAA )	@ TBD	4:00 PM		Middletown High School	<b>Bus/Driver:</b> No Transportation Needed	<b>Departure Point:</b> No Transportation Needed	L
Jun 10, 2023	Sat	Post-Season (NYSPHSAA )	@ TBD	TBD		Middletown High School	<b>Bus/Driver:</b> No Transportation Needed	<b>Departure Point:</b> No Transportation Needed	L

Date: 2026-01-31