



Rome Free Academy

(G) V Outdoor Track

Coaches:

- Nicholas Jeror, Head Coach
- Diane Stevenson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 14, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	RFA Indoor Running Track			
Mar 15, 2022	Tue	Practice	N/A	2:30 PM	4:00 PM	RFA Indoor Running Track			
Mar 16, 2022	Wed	Practice	N/A	2:30 PM	4:00 PM	RFA Indoor Running Track			
Mar 17, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 18, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 21, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 22, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 23, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 24, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 25, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 28, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	RFA HS Track			
Mar 29, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	RFA HS Track			
Mar 30, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Mar 31, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	RFA HS Track			
Apr 1, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	RFA HS Track			
Apr 4, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	RFA HS Track			
Apr 5, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	RFA Indoor Running Track			
Apr 6, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	RFA HS Track			
Apr 8, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	RFA HS Track			

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Apr 22, 2022	Fri	Regular Season	@ Utica Proctor	4:00 PM	6:45 PM	PHS HS Track	Bus/Driver: First student - TO: Rex 315-225-7174, RTN: Todd 315-709-9097	Departure Point: Bus Loop Departure Time: 2:45 PM	L
Apr 25, 2022	Mon	Regular Season (Co-Ed)	@ Central Valley Academy	4:00 PM		Diss Athletic Complex	Bus/Driver: First student - Tracy 315-240-5875	Departure Point: RFA Bus Loop Departure Time: 2:30 PM	L
Apr 27, 2022	Wed	Regular Season (Co-Ed)	@ New Hartford	4:00 PM		HS Track	Bus/Driver: First Student - Diane 315-525-1300 Class Dismissal: 2:30 PM	Departure Point: RFA Bus Loop Departure Time: 2:45 PM	L
Apr 29, 2022	Fri	Regular Season (Rome copper City Classic invitational)	Whitesboro	4:00 PM	6:45 PM	Stadium Track and Field			NL
Apr 29, 2022	Fri	Regular Season	South Lewis	4:00 PM		Stadium Track and Field			NL
Apr 29, 2022	Fri	Regular Season (Copper City Classic)	Cooperstown	4:00 PM	6:45 PM	Stadium Track and Field			L
Apr 29, 2022	Fri	Regular Season	Beaver River	4:00 PM	6:45 PM	Stadium Track and Field			NL
Apr 29, 2022	Fri	Regular Season (Rome Invitational)	Holland Patent	4:00 PM		Stadium Track and Field			L
Apr 29, 2022	Fri	Regular Season (Copper City Invitational)	New Hartford	4:00 PM		Stadium Track and Field			NL
May 4, 2022	Wed	Regular Season (Co-Ed)	Utica Proctor	4:00 PM		Stadium Track and Field			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 6, 2022	Fri	Regular Season (Whitesboro Ed Wadas Invitational)	Clinton, Adirondack, Dolgeville, Vernon-Verona-Sherrill, Watertown, New York Mills, Sauquoit Valley, Niskayuna High School, Utica Proctor, Lowville, Oneida, Remsen, South Lewis, Homer, Nottingham, Central Valley Academy, West Canada Valley, New Hartford, Herkimer @ Whitesboro	3:30 PM		Ed Wadas Complex High School	Bus/Driver: First student	Departure Point: RFA Bus Loop Departure Time: 2:15 PM	NL
May 11, 2022	Wed	Regular Season (Co-Ed)	Whitesboro	4:00 PM		Stadium Track and Field			L
May 13, 2022	Fri	Regular Season (Invite)	@ TBD	5:00 PM	7:00 PM	Bville - Baker P/A Stadium TRACK	Bus/Driver: First student Class Dismissal: 2:30 PM	Departure Point: RFA Bus Loop Departure Date: May 13, 2022 Departure Time: 2:30 PM	NL
May 17, 2022	Tue	Regular Season (TVL League Meet Co-Ed)	TBD, Whitesboro, Camden, Central Valley Academy, New Hartford, Oneida, Utica Proctor @ Vernon-Verona-Sherrill	4:00 PM		Track	Bus/Driver: First student - Danyelle S 202-390-2722	Departure Point: RFA Bus Loop Departure Time: 2:30 PM	L
May 21, 2022	Sat	Regular Season (Junkyard Relays @ Clinton HS)	@ TBD	10:00 AM		TBD	Bus/Driver: RCSD/Marnie 315-335-2667	Departure Point: Stadium Support Facility Departure Date: May 21, 2022 Departure Time: 8:45 AM	NL
May 25, 2022	Wed	Post-Season (Class AA Championships)	@ TBD	TBD		Baldwinsville High School	Bus/Driver: First student - Shane 315-240-8526	Departure Point: RFA Bus Loop Departure Date: May 25, 2022 Departure Time: 1:45 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 2, 2022	Thu	Post-Season (State Qualifiers)	@ TBD	TBD		Cicero North Syracuse High School	Bus/Driver: First Student - Steve 315-240-8526	Departure Point: RFA Bus Loop Departure Date: Jun 2, 2022 Departure Time: 1:45 PM	NL
Jun 10, 2022	Fri	Post-Season (State Finals)	@ TBD	TBD		Cicero North Syracuse High School	Bus/Driver: No Bus needed for this event		NL
Jun 11, 2022	Sat	Post-Season	@ TBD	TBD		Cicero North Syracuse High School	Bus/Driver: No Bus needed for this event		NL

Date: 2024-05-19