



# Rome Free Academy

## (B) 7/8TH Outdoor Track

### Coaches:

- Ty Knamm, Head Coach
- Alfred Bevilacqua, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Mar 28, 2022	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
Mar 29, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
Mar 30, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
Mar 31, 2022	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
CANCELLED Apr 1, 2022	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
Apr 4, 2022	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Buddy Evans Gym (Strough MS)			
Apr 5, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 6, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 7, 2022	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 8, 2022	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
CANCELLED Apr 19, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 20, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 21, 2022	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 22, 2022	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 25, 2022	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 25, 2022	Mon	Regular Season	@ Camden	4:15 PM		Camden High School Stadium	<b>Bus/Driver:</b> F/S To: Frank 315-225-1104 From: Steve 315-240-8526	<b>Departure Point:</b> Stadium - Turin Street parking lot <b>Departure Time:</b> 2:30 PM	L
Apr 26, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 27, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 28, 2022	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Apr 28, 2022	Thu	Regular Season	@ Oneida	4:00 PM		HS Track	<b>Bus/Driver:</b> First Student - Steve 315-240-8526	<b>Departure Point:</b> Stadium - Turin Street parking lot <b>Departure Time:</b> 2:30 PM	L
May 3, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
POSTPONED May 3, 2022	Tue	Regular Season	Utica Proctor (JFK)	4:15 PM		RFA HS Track			L
May 4, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 5, 2022	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 9, 2022	Mon	Regular Season	Utica Proctor (JFK) @ Utica Proctor (DMS)	4:00 PM		Donovan Track	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Stadium - Turin Street parking lot <b>Departure Time:</b> 2:30 PM	L
May 10, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 11, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 12, 2022	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 13, 2022	Fri	Regular Season	Vernon-Verona-Sherrill	4:15 PM		RFA HS Track			L
May 16, 2022	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 17, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 18, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 19, 2022	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 20, 2022	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 23, 2022	Mon	Regular Season (TVL League meet)	Whitesboro, Utica Proctor (DMS), New Hartford @ Utica Proctor (JFK)	4:00 PM		JFK Track	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Stadium - Turin Street parking lot <b>Departure Time:</b> 2:30 PM	L
May 24, 2022	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 25, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
May 26, 2022	Thu	Regular Season	Canastota @ Whitesboro	4:00 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> First Student - Mike 315-709-2639	<b>Departure Point:</b> Stadium - Turin Street parking lot <b>Departure Time:</b> 2:30 PM	L
May 27, 2022	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
POSTPONED May 31, 2022	Tue	Regular Season	Central Valley Academy	4:15 PM		RFA HS Track			L
Jun 1, 2022	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Track and Field			
Jun 2, 2022	Thu	Regular Season	@ New Hartford	4:00 PM		HS Track	<b>Bus/Driver:</b> First student - Shane 315-292-3620	<b>Departure Point:</b> Stadium - Turin Street parking lot <b>Departure Time:</b> 2:30 PM	L

Date: 2024-05-21