



# Rome Free Academy

## (B) V Outdoor Track

### Coaches:

- Theodore Swavely, Head Coach
- Billie Mays, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 18, 2025	Tue	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 19, 2025	Wed	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 20, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 21, 2025	Fri	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 24, 2025	Mon	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 25, 2025	Tue	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 26, 2025	Wed	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 27, 2025	Thu	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
Mar 28, 2025	Fri	Practice	N/A	2:30 PM	4:00 PM	RFA Main Gym			
CANCELLED Apr 9, 2025	Wed	Regular Season (TVL Relays)	Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, Camden, Whitesboro, New Hartford @ Vernon-Verona-Sherrill	4:00 PM		Track		<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Apr 9, 2025 <b>Departure Time:</b> 3:00 PM	L
Apr 15, 2025	Tue	Regular Season	Oneida	4:30 PM		Stadium Track and Field			L
Apr 30, 2025	Wed	Regular Season 45-96 L	@ Whitesboro	4:30 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> First Student-Alex 315.225.6698/Don 315.272.9420	<b>Departure Point:</b> Rome Free Academy <b>Departure Date:</b> Apr 30, 2025 <b>Departure Time:</b> 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 2, 2025	Fri	Regular Season (2025 Ed Wadas Co-Ed Invitational)	Canastota, Carthage, Clinton, Fulton, Herkimer, Holland Patent, Indian River, Marcellus, New Hartford, Niskayuna High School, Utica Proctor, Remsen, South Jefferson, South Lewis, Vernon-Verona-Sherrill, Watertown, Waterville, West Canada Valley @ Whitesboro	3:45 PM		Ed Wadas Complex High School	<b>Bus/Driver:</b> RCSD- Matt- 315.338.1905	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 2, 2025 <b>Departure Time:</b> 3:00 PM	NL
May 7, 2025	Wed	Regular Season (SENIOR RECOGNITION DAY)	@ Utica Proctor	4:30 PM	6:45 PM	PHS Stadium (Turf Field/Track)	<b>Bus/Driver:</b> First Student-Terry- 315.271.9576 & Shane- 315.292.3620	<b>Departure Point:</b> Rome Free Academy <b>Departure Date:</b> May 7, 2025 <b>Departure Time:</b> 3:00 PM	L
May 10, 2025	Sat	Regular Season (Loucks Meet)	@ TBD	TBD		White Plains HS		<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 10, 2025	NL
May 12, 2025	Mon	Regular Season (TVL Rookie Meet)	Camden, Central Valley Academy, Notre Dame, Utica, Oneida, Utica Proctor, Vernon-Verona-Sherrill, Whitesboro, New Hartford @ Holland Patent	5:00 PM		HS Stadium / Track	<b>Bus/Driver:</b> RCSD- Trent (714)471-5955	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 12, 2025 <b>Departure Time:</b> 3:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 14, 2025	Wed	Regular Season (TVL Invitational)	Whitesboro, Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, New Hartford, Camden @ Vernon-Verona-Sherrill	4:15 PM		Track	<b>Bus/Driver:</b> RCSD- Brian (315)878-2706	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 14, 2025 <b>Departure Time:</b> 2:45 PM	L
May 17, 2025	Sat	Regular Season (Eddy Meet)	@ TBD	9:00 AM		Schenectady High School	<b>Bus/Driver:</b> First Student-Alex 315.225.6698	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 17, 2025 <b>Departure Time:</b> 6:00 AM	NL
May 21, 2025	Wed	Regular Season	New Hartford	4:30 PM		Stadium Track and Field			L
May 28, 2025	Wed	Post-Season (Sectionals)	@ TBD	4:00 PM		CNS HS-Bragman Stadium	<b>Bus/Driver:</b> First Student-Steve F. 315.240.8526	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> May 28, 2025 <b>Departure Time:</b> 2:15 PM	NL
Jun 3, 2025	Tue	Post-Season (State Qualifier)	@ TBD	4:00 PM		CNS HS-Bragman Stadium	<b>Bus/Driver:</b> First Student-Chris C- 315.412.4151	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Jun 3, 2025 <b>Departure Time:</b> 2:15 PM	NL
Jun 13, 2025	Fri	Post-Season (NYSPHSAA Championship)	@ TBD	11:00 AM		Middletown Area HS			NL
Jun 14, 2025	Sat	Post-Season (NYSPHSAA Championship)	@ TBD	TBD		TBD			NL

Date: 2025-12-17