



# Rome Free Academy

## (B) V Outdoor Track

### Coaches:

- Theodore Swavely, Head Coach
- Billie Mays, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 10, 2024	Wed	Regular Season	@ Oneida	4:00 PM		HS Track	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:30 PM	L
Apr 26, 2024	Fri	Regular Season (Ithaca Relays and Races)	Trumansburg, Newark Valley, Geneva, West Canada Valley, Lansing, Candor (Candor), Groton, Solvay, Horseheads, Vestal, Tioga, Auburn, Maine-Endwell, Newfield @ Ithaca	5:00 PM	10:00 PM	IHS Moresco Stadium			NL
May 1, 2024	Wed	Regular Season	@ New Hartford	4:30 PM		HS Track	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 3:00 PM	L
May 3, 2024	Fri	Regular Season (Ed Wadas Invitational)	Remsen, Niskayuna High School, Watertown, Dolgeville, Clinton, South Jefferson, Altmar-Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, South Lewis, Adirondack, Central Square, Weedsport, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:05 PM	NL
May 10, 2024	Fri	Regular Season (Arcaro Invitational )	@ TBD	4:30 PM		Baldwinsville High School	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:15 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 11, 2024	Sat	Regular Season (Loucks Game White plains high school)	@ TBD	TBD		White Plains High School	<b>Bus/Driver:</b> No bus needed		NL
May 14, 2024	Tue	Regular Season (TVL Invitational CO-ED)	Camden, Central Valley Academy, Holland Patent, Notre Dame, Utica, New Hartford, Oneida, Vernon-Verona-Sherrill, Whitesboro @ Utica Proctor	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 2:30 PM	L
May 18, 2024	Sat	Regular Season (Junk Yard Relays )	@ TBD	TBD		Clinton High School		<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 8:30 AM	NL
May 20, 2024	Mon	Post-Season (Sectionals )	@ TBD	4:00 PM		Cicero North Syracuse High School		<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 1:45 PM	L
May 30, 2024	Thu	Regular Season (State Qualifiers )	@ TBD	4:00 PM		Cicero North Syracuse High School		<b>Departure Point:</b> RFA Bus Loop <b>Departure Time:</b> 1:45 PM	L
Jun 7, 2024	Fri	Post-Season (State Finals )	@ TBD	TBD		Middletown High School		<b>Departure Point:</b> RFA Bus Loop	L
Jun 8, 2024	Sat	Post-Season (State Finals )	@ TBD	TBD		Middletown High School		<b>Departure Point:</b> RFA Bus Loop	L

Date: 2024-04-25