



# Rome Free Academy

## (G) 7/8TH Lacrosse

### Coaches:

- Guy Calandra, Coach
- Meghan Pokines

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 21, 2023	Tue	Practice	N/A	TBD		Stadium Support Facility Gym A			
Feb 22, 2023	Wed	Practice	N/A	TBD		Stadium Support Facility Gym A			
Feb 23, 2023	Thu	Practice	N/A	TBD		Stadium Support Facility Gym A			
Mar 1, 2023	Wed	Practice	N/A	TBD		Stadium Support Facility Gym A			
Mar 2, 2023	Thu	Practice	N/A	TBD		Stadium Support Facility Gym A			
Mar 27, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym A			
Mar 28, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym A			
Mar 29, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym A			
Mar 31, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym A			
Apr 11, 2023	Tue	Practice	N/A	9:00 AM	10:30 PM	Stadium Support Grass Field			
Apr 12, 2023	Wed	Practice	N/A	9:00 AM	10:30 PM	Stadium Support Grass Field			
Apr 13, 2023	Thu	Practice	N/A	9:00 AM	10:30 PM	Stadium Support Grass Field			
May 3, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 4, 2023	Thu	Regular Season	Chittenango	4:30 PM	6:00 PM	Strough MS Grass Field #1			L
May 5, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 6, 2023	Sat	Regular Season	New Hartford	10:30 AM		Stadium Turf Field			L

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May 8, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 9, 2023	Tue	Regular Season	Vernon-Verona-Sherrill	4:30 PM	6:00 PM	Strough MS Grass Field #1	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> Strough Middle Schools	L
May 10, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 11, 2023	Thu	Regular Season	Whitesboro	4:30 PM	6:00 PM	Strough MS Grass Field #1			L
May 12, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 15, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 16, 2023	Tue	Regular Season	@ Clinton	4:30 PM	6:00 PM	Atrium Field	<b>Bus/Driver:</b> Out-Marnie (315)335-2667/ Back- Mrs Stovall 202-390-2722 Bus 9178	<b>Departure Point:</b> Strough - Back <b>Departure Time:</b> 3:30 PM	L
May 17, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 18, 2023	Thu	Regular Season	@ New Hartford	4:15 PM		Myles Elementary FH/LAX Field	<b>Bus/Driver:</b> Out-Justin R. (315)335-9844/ Back- Trent (714)417-5955	<b>Departure Point:</b> Strough <b>Departure Time:</b> 3:20 PM	L
May 19, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 20, 2023	Sat	Regular Season	Clinton	11:00 AM		Stadium Turf Field			L
May 22, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	Stadium Grass Field #1			
May 23, 2023	Tue	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 24, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
May 25, 2023	Thu	Regular Season	@ Vernon-Verona-Sherrill	4:30 PM		Turf Field Stadium	<b>Bus/Driver:</b> First Student - Steve 315-240-8526 Bus 9153	<b>Departure Point:</b> Strough <b>Departure Time:</b> 3:20 PM	L
May 26, 2023	Fri	Practice	N/A	3:00 PM	4:15 PM	Stadium Turf Field			
May 30, 2023	Tue	Regular Season	@ Whitesboro	4:30 PM	6:00 PM	Chiz Frye Stadium Middle School	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Strough <b>Departure Time:</b> 3:20 PM	L
May 31, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
POSTPONED Jun 1, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			

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CANCELLED Jun 2, 2023	Fri	Regular Season	Vernon-Verona-Sherrill	4:30 PM		Stadium Turf Field			L
Jun 5, 2023	Mon	Practice	N/A	3:15 PM	4:30 PM	Stadium Turf Field			
POSTPONED Jun 6, 2023	Tue	Regular Season	@ Whitesboro	4:30 PM		Ed Wadas Complex High School	Bus/Driver: First Student	Departure Point: Strough Departure Time: 3:20 PM	L
POSTPONED Jun 7, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
CANCELLED Jun 8, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
Jun 9, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Strough MS Grass Field #1			
Jun 10, 2023	Sat	Regular Season	New Hartford	10:30 AM	6:00 PM	Stadium Turf Field			L

Date: 2024-06-03