



# Rome Free Academy

## (G) JV Lacrosse

### Coaches:

- Kaitlyn Salce, Coach
- Meghan Pokines
- Kelly Reese

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	Accelerate Sports Complex			
Mar 18, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	Accelerate Sports Complex			
Mar 19, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	Accelerate Sports Complex			
Mar 20, 2025	Thu	Practice	N/A	3:00 PM	5:30 PM	Stadium Support Facility Gym A, Stadium Support Facility Gym B			
Mar 21, 2025	Fri	Practice	N/A	3:00 PM	5:30 PM	Stadium Support Facility Gym A, Stadium Support Facility Gym B			
Mar 24, 2025	Mon	Practice	N/A	3:00 PM	5:30 PM	Stadium Support Facility Gym A, Stadium Support Facility Gym B			
Mar 25, 2025	Tue	Practice	N/A	3:00 PM	5:30 PM	Stadium Support Facility Gym A, Stadium Support Facility Gym B			
Mar 26, 2025	Wed	Practice	N/A	3:00 PM	5:30 PM	Stadium Support Facility Gym A, Stadium Support Facility Gym B			
Mar 27, 2025	Thu	Practice	N/A	3:00 PM	5:30 PM	Stadium Support Facility Gym A, Stadium Support Facility Gym B			
Mar 27, 2025	Thu	Scrimmage @ Carthage		5:15 PM		Comet Field	<b>Bus/Driver:</b> First Student-Wael 315.395.8395	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Mar 27, 2025 <b>Departure Time:</b> 3:15 PM	NL
Mar 28, 2025	Fri	Practice	N/A	3:00 PM	5:30 PM	Stadium Support Facility Gym A, Stadium Support Facility Gym B			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 29, 2025	Sat	Regular Season	Shaker High School	1:00 PM		Stadium Turf Field			NL
Mar 31, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 1, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 2, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 3, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 4, 2025	Fri	Regular Season	@ Watertown	5:00 PM		Watertown Turf Field	<b>Bus/Driver:</b> First Student-Terry-315.271.9576	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Apr 4, 2025 <b>Departure Time:</b> 3:00 PM	NL
Apr 7, 2025	Mon	Regular Season	@ Central Square	5:00 PM		Central Square Turf/Stadium	<b>Bus/Driver:</b> First Student-Ricky-315.271.3315	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Apr 7, 2025 <b>Departure Time:</b> 3:15 PM	NL
Apr 9, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 10, 2025	Thu	Regular Season	@ Baldwinsville	5:00 PM	6:30 PM	Bville - Baker P/A Stadium TURF	<b>Bus/Driver:</b> First Student-Shane-315.292.3620	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Apr 10, 2025 <b>Departure Time:</b> 3:15 PM	NL
Apr 11, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 15, 2025	Tue	Practice	N/A	7:00 PM	8:30 PM	Stadium Turf Field			
Apr 16, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 17, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Stadium Turf Field			
CANCELLED Apr 17, 2025	Thu	Regular Season	Clinton	4:30 PM		Stadium Turf Field			L
Apr 24, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 25, 2025	Fri	Practice	N/A	9:00 AM	10:30 AM	Stadium Turf Field			
Apr 26, 2025	Sat	Regular Season	Institute of Technology, Syracuse (Syracuse West)	1:00 PM		Stadium Turf Field			NL
Apr 28, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Apr 28, 2025	Mon	Regular Season 3-18 L	Whitesboro	4:30 PM		Stadium Turf Field			L
Apr 29, 2025	Tue	Regular Season	@ New Hartford	6:00 PM		New Hartford HS Turf Field	<b>Bus/Driver:</b> RCSD- Chris W (315)240-7035	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Apr 29, 2025 <b>Departure Time:</b> 4:30 PM	L
Apr 30, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 1, 2025	Thu	Regular Season	Vernon-Verona-Sherrill	4:15 PM		Strough MS Grass Field #1			L
May 2, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
May 3, 2025	Sat	Regular Season	@ Fayetteville-Manlius	12:00 PM		Hornet Stadium	<b>Bus/Driver:</b> RCSD- Chris W (315)240-7035	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> May 3, 2025 <b>Departure Time:</b> 10:00 AM	L
May 5, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
CANCELLED May 6, 2025	Tue	Regular Season	@ Clinton	6:00 PM		Stadium Field (Grass / Track & Field)		<b>Departure Date:</b> May 6, 2025	L
May 7, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
May 8, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym A			
May 9, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
May 12, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
May 13, 2025	Tue	Regular Season 11-16 L	@ Whitesboro	4:15 PM		High School Upper Field #1	<b>Bus/Driver:</b> RCSD- Chris W (315)240-7035	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> May 13, 2025 <b>Departure Time:</b> 3:30 PM	L
May 14, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
May 14, 2025	Wed	Practice	N/A	7:00 PM	8:30 PM	Stadium Turf Field			
May 15, 2025	Thu	Regular Season 6-13 L	New Hartford	4:30 PM		Strough MS Grass Field #1			L
May 16, 2025	Fri	Practice	N/A	3:30 PM	4:30 PM	Stadium Turf Field			
May 19, 2025	Mon	Regular Season	@ Vernon-Verona-Sherrill	5:00 PM		Turf Field Stadium	<b>Bus/Driver:</b> RCSD- Chris W (315)240-7035	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> May 20, 2025 <b>Departure Time:</b> 4:00 PM	L
CANCELLED May 22, 2025	Thu	Regular Season	Carthage	5:00 PM		Stadium Turf Field			L

Date: 2025-12-17