



Rome Free Academy

(G) V Lacrosse

Coaches:

- Meghan Pokines
- Nick Medicis

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Apr 19, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 20, 2021	Tue	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 21, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 22, 2021	Thu	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 23, 2021	Fri	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Apr 24, 2021	Sat	Practice	N/A	6:00 AM	8:00 AM	Stadium Turf Field		
Apr 26, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field	Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM	
Apr 27, 2021	Tue	Scrimmage	Watertown	5:30 PM		Stadium Turf Field		L
Apr 28, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field	Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM	
Apr 29, 2021	Thu	Regular Season	@ Oswego	7:00 PM		TBD	Bus/Driver: RCSD	NL
Apr 30, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field	Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM	
May 1, 2021	Sat	Regular Season	@ Central Square	11:00 AM		Central Square Turf/Stadium	Bus/Driver: RCSD	NL
May 3, 2021	Mon	Regular Season	Vernon-Verona-Sherrill	4:30 PM		Stadium Turf Field		L
May 4, 2021	Tue	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 5, 2021	Wed	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 6, 2021	Thu	Regular Season 8-6 W	@ Clinton	4:30 PM		Stadium Field (Grass / Track & Field)	Bus/Driver: Birnie Bus	Departure Point: Stadium Support Facility Departure Time: 3:15 PM
May 7, 2021	Fri	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 8, 2021	Sat	Regular Season (Non League)	Cazenovia	3:30 PM		Stadium Turf Field		NL

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May 10, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
May 11, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
May 12, 2021	Wed	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 13, 2021	Thu	Regular Season 11-2 W	@ Whitesboro	6:00 PM		Ed Wadas Complex High School	Bus/Driver: RCSD	Departure Point: Stadium Support Facility Departure Time: 5:00 PM L
May 14, 2021	Fri	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 15, 2021	Sat	Regular Season (Non League)	Oswego	12:30 PM		Stadium Turf Field		NL
May 17, 2021	Mon	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 18, 2021	Tue	Regular Season 5-7 L	New Hartford	6:00 PM		Stadium Turf Field		L
May 20, 2021	Thu	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 21, 2021	Fri	Regular Season	@ Vernon-Verona-Sherrill	5:30 PM		Turf Field Stadium	Bus/Driver: RCSD	Departure Point: Stadium Support Facility Departure Time: 4:25 PM L
May 22, 2021	Sat	Regular Season (Non League)	Liverpool	1:00 PM		Stadium Turf Field		L
May 24, 2021	Mon	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 25, 2021	Tue	Regular Season 11-5 W	Clinton	4:30 PM		Stadium Turf Field		L
May 26, 2021	Wed	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 27, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
May 28, 2021	Fri	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
May 29, 2021	Sat	Regular Season (Non League)	Central Square	10:30 AM		Stadium Turf Field		NL
May 31, 2021	Mon	Practice	N/A	8:00 AM		Stadium Turf Field		
Jun 1, 2021	Tue	Regular Season 13-7 W	Whitesboro	6:00 PM		Stadium Turf Field		L
Jun 2, 2021	Wed	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Jun 3, 2021	Thu	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field		
Jun 4, 2021	Fri	Regular Season 7-8 L	@ New Hartford	6:00 PM		New Hartford HS Turf Field	Bus/Driver: RCSD	Departure Point: Stadium Support Facility Departure Time: 4:30 PM L
Jun 7, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		

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Jun 8, 2021	Tue	Post-Season (Section 3 Class A Quarterfinal)	@ Christian Brothers Academy, Dewitt	5:30 PM		Alibrandi Stadium	Bus/Driver: RCSD	Departure Point: Stadium Support Facility Departure Time: 3:45 PM	NL
Jun 9, 2021	Wed	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field			
Jun 11, 2021	Fri	Practice	N/A	3:00 PM	6:00 PM	Stadium Turf Field			

Date: 2026-01-20