



Rome Free Academy

(G) V Lacrosse

Coaches:

- Meghan Pokines
- Nick Medicis

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Mar 16, 2020	Mon	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Mar 17, 2020	Tue	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Mar 18, 2020	Wed	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Mar 19, 2020	Thu	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Mar 21, 2020	Sat	Practice	N/A	6:00 AM	8:30 AM	TBD		
CANCELLED Mar 23, 2020	Mon	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Mar 24, 2020	Tue	Scrimmage	Central Square @ Westhill	5:30 PM		Westhill High School	Class Dismissal: 3:30 PM	Departure Point: Stadium Support Facility NL
CANCELLED Mar 25, 2020	Wed	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Mar 26, 2020	Thu	Scrimmage	Oswego, Marcellus, Watertown	4:00 PM	7:30 PM	TBD		NL
CANCELLED Mar 27, 2020	Fri	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Mar 28, 2020	Sat	Scrimmage	Baldwinsville, Ithaca, Queensbury	9:00 AM	1:00 PM	TBD		NL
CANCELLED Mar 30, 2020	Mon	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 1, 2020	Wed	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 2, 2020	Thu	Regular Season	Cazenovia	6:30 PM		TBD		NL
CANCELLED Apr 3, 2020	Fri	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 4, 2020	Sat	Practice	N/A	6:00 AM	8:30 AM	TBD		
CANCELLED Apr 6, 2020	Mon	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 7, 2020	Tue	Regular Season	@ Suffern	1:00 PM		Suffern HS	Bus/Driver: Birnie Bus Company	Departure Point: Stadium Support Facility Departure Time: 8:00 AM NL
CANCELLED Apr 9, 2020	Thu	Regular Season	@ Colonie High School	5:30 PM		Colonie High School MUG (Main Gymnasium)	Bus/Driver: Birnie Bus Company	Departure Point: Stadium Support Facility NL
CANCELLED Apr 13, 2020	Mon	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 16, 2020	Thu	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 17, 2020	Fri	Regular Season	Vernon-Verona-Sherrill	7:00 PM	8:30 PM	TBD		L
CANCELLED Apr 18, 2020	Sat	Practice	N/A	7:00 AM	9:30 AM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
CANCELLED Apr 20, 2020	Mon	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 21, 2020	Tue	Regular Season	@ Clinton	4:30 PM		Stadium Field (Grass / Track & Field)		L
CANCELLED Apr 22, 2020	Wed	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 23, 2020	Thu	Regular Season	TBD, Central Valley Academy (CVA/Mt. Markham)	7:00 PM		TBD		L
CANCELLED Apr 24, 2020	Fri	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 25, 2020	Sat	Regular Season	Cicero-North Syracuse	3:30 PM		TBD		NL
CANCELLED Apr 27, 2020	Mon	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 28, 2020	Tue	Regular Season	@ Whitesboro	6:00 PM		Ed Wadas Complex High School		L
CANCELLED Apr 29, 2020	Wed	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED Apr 30, 2020	Thu	Regular Season	New Hartford	7:00 PM	8:30 PM	TBD		L
CANCELLED May 1, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
CANCELLED May 2, 2020	Sat	Regular Season	@ Clarence	1:00 PM		Clarence High School	Bus/Driver: Birnie Bus Company	Departure Point: Stadium Support Facility NL
CANCELLED May 4, 2020	Mon	Regular Season	@ Vernon-Verona-Sherrill	4:30 PM		Turf Field Stadium		L
CANCELLED May 5, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
CANCELLED May 6, 2020	Wed	Practice	N/A	3:00 PM	6:00 PM	TBD		
CANCELLED May 7, 2020	Thu	Regular Season	Clinton	6:00 PM		TBD		L
CANCELLED May 8, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
CANCELLED May 11, 2020	Mon	Regular Season	@ Central Valley Academy (CVA/Mt. Markham)	4:30 PM		TBD		L
CANCELLED May 13, 2020	Wed	Practice	N/A	3:00 PM	5:30 PM	TBD		
CANCELLED May 14, 2020	Thu	Regular Season (Senior Night)	Whitesboro	6:00 PM	8:30 PM	TBD		L
CANCELLED May 15, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
CANCELLED May 16, 2020	Sat	Practice	N/A	6:00 AM	8:30 AM	TBD		
CANCELLED May 18, 2020	Mon	Regular Season	@ New Hartford	4:15 PM		New Hartford HS Turf Field		L

Date: 2026-01-20