



Rome Free Academy

(B) V Lacrosse

Coaches:

- Kiel Adams, Head Coach
- Patrick Herron, Asst Coach
- Aaron Coleman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	5:00 PM	6:30 PM	Accelerate Sports Complex			
CANCELLED Mar 18, 2025	Tue	Practice	N/A	5:00 PM	6:30 PM	Accelerate Sports Complex			
Mar 18, 2025	Tue	Practice	N/A	5:00 PM	6:30 PM	Stadium Turf Field			
Mar 19, 2025	Wed	Practice	N/A	5:00 PM	6:30 PM	Stadium Turf Field			
Mar 22, 2025	Sat	Practice	N/A	10:00 AM	12:00 PM	Stadium Turf Field			
Mar 29, 2025	Sat	Scrimmage	Johnstown @ TBD	10:00 AM	2:00 PM	HCCC	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: Stadium Support Departure Date: Mar 29, 2025 Departure Time: 8:15 AM	L
Apr 5, 2025	Sat	Regular Season	Colonie High School	9:00 AM		Herkimer County Community College	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: Stadium Support Departure Date: Apr 5, 2025 Departure Time: 7:15 AM	NL
Apr 10, 2025	Thu	Regular Season (Rising Redhawks Night)	@ Central Square	6:45 PM		Central Square Turf/Stadium	Bus/Driver: First Student- Danyelle- 202.390.2722	Departure Point: Stadium Support Departure Date: Apr 10, 2025 Departure Time: 4:45 PM	NL
Apr 17, 2025	Thu	Regular Season	@ Holland Patent	6:00 PM		HS Stadium / Track	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: Stadium Support Departure Date: Apr 17, 2025 Departure Time: 5:00 PM	L
Apr 19, 2025	Sat	Regular Season	East Syracuse Minoa	5:00 PM		Stadium Turf Field			NL
Apr 21, 2025	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field			
Apr 22, 2025	Tue	Regular Season	@ Utica Proctor	4:15 PM	6:30 PM	PHS Stadium (Turf Field/Track)	Bus/Driver: First Student- Jay- 315.877.2547	Departure Point: Stadium Support Departure Date: Apr 22, 2025 Departure Time: 3:00 PM	NL
Apr 23, 2025	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field			
Apr 24, 2025	Thu	Regular Season 11-15 L	@ Whitesboro	6:00 PM		Ed Wadas Complex High School	Bus/Driver: First Student- Terry- 315.271.9576	Departure Point: Stadium Support Departure Date: Apr 24, 2025 Departure Time: 5:00 PM	NL
Apr 25, 2025	Fri	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 26, 2025	Sat	Regular Season	@ Palmyra-Macedon	11:00 AM		P-M HS	Bus/Driver: First Student-Alex 315.225.6698	Departure Point: Stadium Support Departure Date: Apr 26, 2025 Departure Time: 8:00 AM	NL
POSTPONED Apr 29, 2025	Tue	Regular Season	New Hartford	6:30 PM		Stadium Turf Field			NL
May 1, 2025	Thu	Regular Season	@ Vernon-Verona-Sherrill	7:00 PM		Turf Field Stadium	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: Stadium Support Departure Date: May 1, 2025 Departure Time: 6:00 PM	NL
May 2, 2025	Fri	Regular Season	Auburn	7:00 PM		Stadium Turf Field			NL
May 5, 2025	Mon	Regular Season	Central Square	6:45 PM		Stadium Turf Field			NL
May 7, 2025	Wed	Practice	N/A	5:30 PM	7:30 PM	Stadium Turf Field			
May 8, 2025	Thu	Regular Season	Utica Proctor	6:00 PM		Stadium Turf Field			L
May 10, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	Stadium Turf Field			
May 13, 2025	Tue	Regular Season 7-18 L	Whitesboro	7:00 PM		Stadium Turf Field			L
May 15, 2025	Thu	Regular Season	@ New Hartford	4:15 PM		Perry JH Soccer Field	Bus/Driver: First Student-Ray F. 315.271.1102	Departure Point: Stadium Support Departure Date: May 15, 2025 Departure Time: 3:00 PM	L
May 19, 2025	Mon	Regular Season	Holland Patent	6:00 PM		Stadium Turf Field			NL
May 20, 2025	Tue	Regular Season	Vernon-Verona-Sherrill	7:00 PM		Stadium Turf Field			L
May 23, 2025	Fri	Practice	N/A	8:00 AM	9:00 AM	Stadium Turf Field			
May 24, 2025	Sat	Post-Season (Sectional Quarter Final)	@ Baldwinsville	10:00 AM	12:00 PM	Bville - Baker P/A Stadium TURF	Bus/Driver: RCSD- Trent- 714-471-5955	Departure Point: Stadium Support Departure Date: May 24, 2025 Departure Time: 8:15 AM	L

Date: 2025-12-17