



# Rome Free Academy

## (B) V Lacrosse

### Coaches:

- Kiel Adams, Head Coach
- Patrick Herron, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 12, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 13, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 14, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 15, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 16, 2024	Sat	Practice	N/A	10:00 AM	12:00 PM	Stadium Turf Field		
Mar 18, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 19, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 20, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 21, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 22, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 25, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym A		
Mar 26, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	JFK Ice Hockey Arena		
Mar 27, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 28, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Stadium Turf Field		
CANCELLED Mar 29, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Mar 30, 2024	Sat	Practice	N/A	10:00 AM	12:00 PM	Stadium Turf Field		
Apr 1, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 2, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 3, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 5, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 6, 2024	Sat	Regular Season	Central Square	4:00 PM		Stadium Turf Field		NL
Apr 10, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 11, 2024	Thu	Regular Season	Utica Proctor	4:30 PM		Stadium Turf Field		NL
Apr 12, 2024	Fri	Practice (Practice)	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 13, 2024	Sat	Practice	N/A	10:00 AM	12:00 PM	Stadium Turf Field		

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Apr 15, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 16, 2024	Tue	Regular Season 10-9 W	Whitesboro	4:30 PM		Stadium Turf Field		NL
Apr 19, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 22, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 23, 2024	Tue	Regular Season	Vernon-Verona-Sherrill	4:30 PM		Stadium Turf Field		NL
Apr 24, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 26, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 27, 2024	Sat	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 29, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
Apr 29, 2024	Mon	Regular Season	East Syracuse Minoa	5:30 PM		Stadium Turf Field		NL
May 1, 2024	Wed	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field		
May 7, 2024	Tue	Regular Season	New Hartford	6:30 PM		Stadium Turf Field		L
May 11, 2024	Sat	Regular Season	Palmyra-Macedon	1:00 PM		Stadium Turf Field		NL
May 13, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	Stadium Turf Field		
May 14, 2024	Tue	Regular Season	Holland Patent	4:30 PM	6:30 PM	Stadium Turf Field		L
May 18, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	Stadium Turf Field		

Date: 2024-05-18