



Rome Free Academy

(B) V Ice Hockey

Coaches:

- Jason Nowicki , Head Coach
- David Petrelli, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|------------------------|------------|----------|----------------------|-----------|----------------|---------------------|
| Nov 13, 2023 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Nov 14, 2023 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Nov 15, 2023 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Nov 16, 2023 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Nov 17, 2023 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Nov 19, 2023 | Sun | Practice | N/A | 7:00 AM | 8:15 AM | JFK Ice Hockey Arena | | | |
| Nov 20, 2023 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Nov 21, 2023 | Tue | Practice | N/A | 7:00 PM | 8:15 PM | JFK Ice Hockey Arena | | | |
| Nov 22, 2023 | Wed | Scrimmage | Cazenovia (Caz/ME/Ham) | 10:00 AM | | JFK Ice Hockey Arena | | | NL |
| Nov 25, 2023 | Sat | Practice | N/A | 7:00 AM | 8:15 AM | JFK Ice Hockey Arena | | | |
| Nov 27, 2023 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| CANCELLED Nov 28, 2023 | Tue | Scrimmage | Oswego | 7:00 PM | | JFK Ice Hockey Arena | | | L |
| Nov 29, 2023 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Nov 30, 2023 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Dec 1, 2023 | Fri | Regular Season (Bobby T Ciccotti Tournament) | @ TBD | 7:00 PM | | JFK Ice Hockey Arena | | | NL |
| Dec 2, 2023 | Sat | Regular Season (Bobby T Ciccotti Tournament) | @ TBD | 5:00 PM | | JFK Ice Hockey Arena | | | NL |
| Dec 4, 2023 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Dec 5, 2023 | Tue | Regular Season | Baldwinsville | 7:00 PM | 9:00 PM | JFK Ice Hockey Arena | | | L |
| Dec 6, 2023 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------|---------------------------------|------------|----------|----------------------|--------------------------|---------------------|
| Dec 7, 2023 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 8, 2023 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 10, 2023 | Sun | Practice | N/A | 7:00 AM | 8:15 AM | JFK Ice Hockey Arena | | |
| Dec 11, 2023 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 11, 2023 | Mon | Regular Season | Cicero-North Syracuse | 7:00 PM | | JFK Ice Hockey Arena | | L |
| Dec 12, 2023 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 13, 2023 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 14, 2023 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 14, 2023 | Thu | Regular Season (NL) | Fulton | 7:00 PM | | JFK Ice Hockey Arena | | NL |
| Dec 15, 2023 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 17, 2023 | Sun | Practice | N/A | 7:00 AM | 8:15 AM | JFK Ice Hockey Arena | | |
| Dec 18, 2023 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 18, 2023 | Mon | Regular Season | Mohawk (Oriskany/Mohawk Valley) | 7:00 PM | | JFK Ice Hockey Arena | | L |
| Dec 19, 2023 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 20, 2023 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 21, 2023 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 21, 2023 | Thu | Regular Season (NL) | Syracuse City (Syracuse City) | 7:00 PM | | JFK Ice Hockey Arena | | NL |
| Dec 22, 2023 | Fri | Practice | N/A | 8:00 AM | 9:15 AM | JFK Ice Hockey Arena | | |
| Dec 27, 2023 | Wed | Practice | N/A | 8:15 AM | 9:45 AM | JFK Ice Hockey Arena | | |
| Dec 28, 2023 | Thu | Practice | N/A | 8:15 AM | 9:45 AM | JFK Ice Hockey Arena | | |
| Dec 29, 2023 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |
| Dec 29, 2023 | Fri | Regular Season (NL) | Clinton | 7:00 PM | | JFK Ice Hockey Arena | | NL |
| Jan 2, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION / NON-LEAGUE | LEAGUE |
|-----------------------|----------|---------------------|--|------------|----------|---|---|---|--------|
| Jan 3, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 3, 2024 | Wed | Regular Season | @ Syracuse City (Syracuse City) | 7:00 PM | 9:30 PM | Meachem Ice Rink | Bus/Driver: RCSD- Marnie (315)335- 2667 & Chris (315)240- 7035 | Departure Point: JFK Arena Departure Time: 4:35 PM | L |
| Jan 4, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 5, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 5, 2024 | Fri | Regular Season (NL) | Shaker High School (Capital District Jets) | 7:00 PM | | JFK Ice Hockey Arena | | | NL |
| Jan 6, 2024 | Sat | Regular Season (NL) | Guiderland High School (The Storm) | 1:00 PM | | JFK Ice Hockey Arena | | | NL |
| Jan 8, 2024 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| CANCELLED Jan 9, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 10, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 11, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 11, 2024 | Thu | Regular Season | @ Baldwinsville | 7:30 PM | 9:30 PM | Bville - Three Rivers Athletic Complex (TRAC) | Bus/Driver: F/S - Steve F. 3154- 240-8526 & Shane M. 315-292- 3620 | Departure Point: JFK Arena Departure Time: 4:50 PM | NL |
| Jan 12, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 15, 2024 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 16, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 16, 2024 | Tue | Regular Season | Fayetteville-Manlius | 7:00 PM | | JFK Ice Hockey Arena | | | L |
| Jan 17, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 18, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 18, 2024 | Thu | Regular Season | @ Fulton | 6:00 PM | 9:30 PM | Fulton Ice Rink | Bus/Driver: F/S - Shane 315-292- 3620, Steve 315-240- 8526 | Departure Point: JFK Arena Departure Time: 3:20 PM | L |
| Jan 19, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON-LEAGUE | |
|--------------|----------|----------------------|---|------------|----------|--------------------------|---|---|----|
| Jan 22, 2024 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 23, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 23, 2024 | Tue | Regular Season 4-1 W | @ Whitesboro | 6:30 PM | | Whitestown Ice Rink | Bus/Driver: RCSD- Marnie (315)335-2667 & Chris (315)240-7035 | Departure Point: JFK Arena Departure Time: 4:35 PM | NL |
| Jan 24, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 25, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 25, 2024 | Thu | Regular Season | @ Pulaski (Ontario Bay) | 7:30 PM | | Haldane Center | Bus/Driver: F/S - Shane 315-292-3620 & Steve 315-240-8526 | Departure Point: JFK Arena Departure Time: 4:55 PM | L |
| Jan 26, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 26, 2024 | Fri | Regular Season | @ Niskayuna High School (Niskayuna/Schenectady/Amsterdam Mohawks) | 7:30 PM | | Union College Messa Rink | Bus/Driver: F/S - Danielle S. 202-390-2722 & John S. 315-886-9795 | Departure Point: JFK Arena Departure Time: 4:15 PM | NL |
| Jan 29, 2024 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 30, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Jan 30, 2024 | Tue | Regular Season | @ West Genesee | 6:30 PM | 8:30 PM | WG-Shove Park Ice Rink | Bus/Driver: RCSD- Marnie (315)335-2667 & Chris (315)240-7035 | Departure Point: JFK Arena Departure Time: 3:50 PM | L |
| Jan 31, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 1, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 1, 2024 | Thu | Regular Season | Immaculate Heart Central, Watertown | 7:00 PM | | JFK Ice Hockey Arena | | L | |
| Feb 2, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 5, 2024 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 6, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 6, 2024 | Tue | Regular Season | Cazenovia (Caz/ME/Ham) | 7:00 PM | | JFK Ice Hockey Arena | | L | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON-LEAGUE | |
|--------------|----------|--|-----------------------|------------|----------|-----------------------|--|---|----|
| Feb 7, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 8, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 9, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 12, 2024 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 13, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JFK Ice Hockey Arena | | | |
| Feb 15, 2024 | Thu | Post-Season (Sectional Quarter Finals) | Baldwinsville | 7:00 PM | 9:00 PM | JFK Ice Hockey Arena | | NL | |
| Feb 21, 2024 | Wed | Post-Season (Sectional Semi Finals) | Cicero-North Syracuse | 7:00 PM | | JFK Ice Hockey Arena | | L | |
| Feb 26, 2024 | Mon | Post-Season (Sectional Finals) | @ West Genesee | 5:00 PM | | Upstate Medical Arena | Bus/Driver: First Student: Santiago C. 315-449-7783 Sean F. 315-281-6022 Class Dismissal: 1:00 PM | Departure Point: JFK Arena Departure Date: Feb 26, 2024 Departure Time: 1:20 PM | NL |

Date: 2026-04-09