



Rome Free Academy

(B) V Ice Hockey

Coaches:

- Jason Nowicki , Head Coach
- David Petrelli, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 19, 2023	Sun	Practice	N/A	7:00 AM	8:15 AM	JFK Ice Hockey Arena		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 22, 2023	Wed	Scrimmage	Cazenovia (Caz/ME/Ham)	10:00 AM		JFK Ice Hockey Arena		NL
Nov 25, 2023	Sat	Practice	N/A	7:00 AM	8:15 AM	JFK Ice Hockey Arena		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
CANCELLED Nov 28, 2023	Tue	Scrimmage	Oswego	7:00 PM		JFK Ice Hockey Arena		L
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 5, 2023	Tue	Regular Season	Baldwinsville	7:00 PM	9:00 PM	JFK Ice Hockey Arena		L
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 10, 2023	Sun	Practice	N/A	7:00 AM	8:15 AM	JFK Ice Hockey Arena		
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 11, 2023	Mon	Regular Season	Cicero-North Syracuse	7:00 PM		JFK Ice Hockey Arena		L
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 14, 2023	Thu	Regular Season (NL)	Fulton	7:00 PM		JFK Ice Hockey Arena		NL
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 17, 2023	Sun	Practice	N/A	7:00 AM	8:15 AM	JFK Ice Hockey Arena		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 18, 2023	Mon	Regular Season	Mohawk (Oriskany/Mohawk Valley)	7:00 PM		JFK Ice Hockey Arena		L
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Dec 21, 2023	Thu	Regular Season (NL)	Syracuse City (Syracuse City)	7:00 PM		JFK Ice Hockey Arena		NL
Dec 22, 2023	Fri	Practice	N/A	8:00 AM	9:15 AM	JFK Ice Hockey Arena		
Dec 27, 2023	Wed	Practice	N/A	8:15 AM	9:45 AM	JFK Ice Hockey Arena		
Dec 28, 2023	Thu	Practice	N/A	8:15 AM	9:45 AM	JFK Ice Hockey Arena		
Dec 29, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 29, 2023	Fri	Regular Season (NL)	Clinton	7:00 PM		JFK Ice Hockey Arena		NL
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 5, 2024	Fri	Regular Season (NL)	Shaker High School (Capital District Jets)	7:00 PM		JFK Ice Hockey Arena		NL
Jan 6, 2024	Sat	Regular Season (NL)	Guilderland High School (The Storm)	1:00 PM		JFK Ice Hockey Arena		NL
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
CANCELLED Jan 9, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 15, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 16, 2024	Tue	Regular Season	Fayetteville-Manlius	7:00 PM		JFK Ice Hockey Arena		L
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 23, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 1, 2024	Thu	Regular Season	Immaculate Heart Central, Watertown	7:00 PM		JFK Ice Hockey Arena		L
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 6, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 6, 2024	Tue	Regular Season	Cazenovia (Caz/ME/Ham)	7:00 PM		JFK Ice Hockey Arena		L
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 9, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 12, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 13, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JFK Ice Hockey Arena		
Feb 15, 2024	Thu	Post-Season (Sectional Quarter Finals)	Baldwinsville	7:00 PM	9:00 PM	JFK Ice Hockey Arena		NL
Feb 21, 2024	Wed	Post-Season (Sectional Semi Finals)	Cicero-North Syracuse	7:00 PM		JFK Ice Hockey Arena		L