



# Rome Free Academy

## (G) V Gymnastics

### Coaches:

- Kevin Perrone, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 18, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 19, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 20, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 21, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 22, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 25, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 26, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 27, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 28, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Aug 29, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Stadium Support Facility Gym A			
Sep 12, 2025	Fri	Regular Season	East Syracuse Minoa (ESM/Lpool) @ New Hartford	5:30 PM		Valley Gymnastics	<b>Bus/Driver:</b> First Student-Danyelle-202.390.2722	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Sep 12, 2025 <b>Departure Time:</b> 4:30 PM	L
Sep 17, 2025	Wed	Regular Season	New Hartford @ Jamesville-Dewitt (JD/FM Gymnastics)	5:30 PM		JD HS West Gym	<b>Bus/Driver:</b> First Student-Bailey-315.813.0964	<b>Departure Point:</b> RFA Bus Loop <b>Departure Date:</b> Sep 17, 2025 <b>Departure Time:</b> 3:45 PM	L
Sep 25, 2025	Thu	Regular Season	Baldwinsville, New Hartford	5:30 PM	7:30 PM	Valley Gymnastics	<b>Bus/Driver:</b> RCSD- Marnie (315)335-2667	<b>Departure Point:</b> RFA Bus Loop <b>Departure Date:</b> Sep 25, 2025 <b>Departure Time:</b> 4:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 3, 2025	Fri	Regular Season (Teacher Appreciation) 112-124 L	@ Whitesboro	5:00 PM		Valley Gymnastics	<b>Bus/Driver:</b> RCSD- Danielle- 315.897.2933	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Oct 3, 2025 <b>Departure Time:</b> 4:00 PM	L
Oct 11, 2025	Sat	Regular Season (Senior Night)	@ East Syracuse Minoa (ESM/Lpool)	6:15 PM		Blaze Gymnastics	<b>Bus/Driver:</b> RCSD- Matt- 315.338.1905	<b>Departure Point:</b> RFA Bus Loop <b>Departure Date:</b> Oct 11, 2025 <b>Departure Time:</b> 4:30 PM	L
Oct 17, 2025	Fri	Regular Season (Sectionals)	TBD	10:30 AM		Valley Gymnastics Center		<b>Departure Point:</b> Pick up at Strough at 8:30 then to RFA Dart Circle for 8:45 <b>Departure Date:</b> Oct 17, 2025 <b>Departure Time:</b> 8:30 AM	L

Date: 2025-12-19