



# Rome Free Academy

## (B) 7/8TH Football

### Coaches:

- Marco DiCastro
- James Rogler
- Charles (Jake) DerCola

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 7, 2022	Wed	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 8, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 9, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 12, 2022	Mon	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 13, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 14, 2022	Wed	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 15, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 16, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 17, 2022	Sat	Scrimmage (Scrimmage "Fest")	New Hartford @ Whitesboro	10:00 AM		Chiz Frye Stadium Middle School	<b>Bus/Driver:</b> RCSD Justin 315-335-8742 & Trent 714-471-5955	<b>Departure Point:</b> Strough - Back	L
Sep 19, 2022	Mon	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 20, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 21, 2022	Wed	Regular Season	@ Whitesboro	4:00 PM		Chiz Frye Stadium Middle School	<b>Bus/Driver:</b> First Student - Chris P 315-335-7976 Bus 9152	<b>Departure Point:</b> Strough - Back	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 23, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 26, 2022	Mon	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 27, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 28, 2022	Wed	Regular Season	@ Camden	4:15 PM		Camden High School Stadium	<b>Bus/Driver:</b> First Student - Steve F. 315-240-8526 Bus 9153	<b>Departure Point:</b> Strough - Back <b>Departure Time:</b> 2:45 PM	L
Sep 29, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Sep 30, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 3, 2022	Mon	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 4, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
POSTPONED Oct 5, 2022	Wed	Regular Season	Utica Proctor (DMS)	4:00 PM		Guyer Grass Field			L
Oct 6, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 7, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 10, 2022	Mon	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 11, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 12, 2022	Wed	Regular Season	@ New Hartford	4:00 PM		Perry JH Football/Lacrosse Field	<b>Bus/Driver:</b> First Student - Chris P 315-335-7976 Bus 9152	<b>Departure Point:</b> Strough - Back <b>Departure Time:</b> 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Oct 13, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 14, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 17, 2022	Mon	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 18, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 19, 2022	Wed	Regular Season	Canastota	4:30 PM		Guyer Grass Field			L
Oct 20, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 21, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 24, 2022	Mon	Regular Season	Utica Proctor (JFK)	4:00 PM		Guyer Grass Field			L
Oct 25, 2022	Tue	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 26, 2022	Wed	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 27, 2022	Thu	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Strough M S			
Oct 28, 2022	Fri	Practice (Modified Football Practice)	N/A	2:30 PM	4:00 PM	Stadium Turf Field			
Oct 29, 2022	Sat	Regular Season	Central Valley Academy	9:30 AM		Stadium Turf Field			L

Date: 2025-12-05