



# Rome Free Academy

## (B) V Football

### Coaches:

- Charles (Jake) DerCola, Head Coach
- Jacob Crawford, Asst Coach
- Bryce Baldwin, Asst Coach
- Markel Griggs
- Bob Baker

| DATE         | WEEK DAY | TYPE                                  | OPPONENTS | START TIME | END TIME | LOCATION  | DEPARTURE  | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|-----------|------------|----------|---|--|---|---------------------|
| Aug 8, 2022  | Mon      | Practice (Football Camp at NH )       | N/A       | 5:30 PM    | 8:30 PM  | New Hartford High School                        | <b>Bus/Driver:</b><br>RCSD - Justin 315-335-8742 | <b>Departure Point:</b><br>Stadium Support Facility<br><b>Departure Date:</b><br>Aug 8, 2022<br><b>Departure Time:</b><br>4:50 PM   |                     |
| Aug 9, 2022  | Tue      | Practice (Football Camp at NH )       | N/A       | 5:30 PM    | 8:30 PM  | New Hartford High School                        | <b>Bus/Driver:</b><br>RCSD - Justin 315-335-8742 | <b>Departure Point:</b><br>Stadium Support Facility<br><b>Departure Date:</b><br>Aug 8, 2022<br><b>Departure Time:</b><br>4:50 PM   |                     |
| Aug 10, 2022 | Wed      | Practice (Football Camp at NH )       | N/A       | 5:30 PM    | 8:30 PM  | New Hartford High School                        | <b>Bus/Driver:</b><br>RCSD - Justin 315-335-8742 | <b>Departure Point:</b><br>Stadium Support Facility<br><b>Departure Date:</b><br>Aug 8, 2022<br><b>Departure Time:</b><br>4:50 PM   |                     |
| Aug 20, 2022 | Sat      | Practice                              | N/A       | 10:00 AM   | 2:30 PM  | Stadium Turf Field                              |  |   |                     |
| Aug 22, 2022 | Mon      | Practice                              | N/A       | 3:00 PM    | 8:00 PM  | Stadium Turf Field, Stadium Support Grass Field |  |   |                     |
| Aug 23, 2022 | Tue      | Practice                              | N/A       | 3:00 PM    | 8:00 PM  | Stadium Turf Field                              |  |   |                     |
| Aug 24, 2022 | Wed      | Practice                              | N/A       | 3:00 PM    | 8:00 PM  | Stadium Turf Field                              |  |   |                     |
| Aug 25, 2022 | Thu      | Practice                              | N/A       | 3:00 PM    | 8:00 PM  | Stadium Turf Field, Stadium Support Grass Field |  |   |                     |
| Aug 26, 2022 | Fri      | Practice                              | N/A       | 3:00 PM    | 8:00 PM  | Stadium Turf Field                              |  |   |                     |
| Aug 26, 2022 | Fri      | Practice (RFA Varsity Football @ ESM) | N/A       | 5:00 PM    | 7:00 PM  | East Syracuse Minoa High School                 | <b>Bus/Driver:</b><br>RCSD Justin & Dan          | <b>Departure Point:</b><br>Stadium Support Facility<br><b>Departure Date:</b><br>Aug 26, 2022<br><b>Departure Time:</b><br>4:00 PM<br><b>Return Date:</b><br>Aug 26, 2022<br><b>Return Time:</b><br>7:15 PM |                     |
| Aug 27, 2022 | Sat      | Practice                              | N/A       | 8:00 AM    | 12:00 PM | Stadium Turf Field, Stadium Support Grass Field |  |   |                     |

| DATE         | WEEK DAY | TYPE   | OPPONENTS     | START TIME | END TIME | LOCATION  | DEPARTURE  | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---------------|------------|----------|---|--|--|---------------------|
| Aug 27, 2022 | Sat      | Practice (RFA Football Parent meeting / Family Picnic) | N/A           | 12:30 PM   | 2:00 PM  | Stadium Support Back Garage Parking Lot, Stadium Support Facility Gym B |  |  |                     |
| Aug 29, 2022 | Mon      | Practice   | N/A           | 3:00 PM    | 8:00 PM  | Stadium Turf Field, Stadium Support Grass Field                         |  |  |                     |
| Aug 30, 2022 | Tue      | Practice   | N/A           | 3:00 PM    | 8:00 PM  | Stadium Turf Field, Stadium Support Grass Field                         |  |  |                     |
| Aug 31, 2022 | Wed      | Practice   | N/A           | 3:00 PM    | 8:00 PM  | Stadium Turf Field, Stadium Support Grass Field                         |  |  |                     |
| Sep 1, 2022  | Thu      | Practice   | N/A           | 3:00 PM    | 8:00 PM  | Stadium Support Grass Field   |  |  |                     |
| Sep 1, 2022  | Thu      | Practice   | N/A           | 3:00 PM    | 8:00 PM  | Stadium Turf Field, Stadium Support Grass Field                         |  |  |                     |
| Sep 2, 2022  | Fri      | Regular Season (Non League )                           | New Hartford  | 6:30 PM    |          | Stadium Turf Field  |  |  | L                   |
| Sep 5, 2022  | Mon      | Practice   | N/A           | 9:00 AM    | 11:00 AM | Stadium Turf Field  |  |  |                     |
| Sep 7, 2022  | Wed      | Practice   | N/A           | 3:00 PM    | 6:30 PM  | Stadium Support Grass Field   |  |  |                     |
| Sep 8, 2022  | Thu      | Practice   | N/A           | 3:00 PM    | 6:30 PM  | Stadium Grass Field #1  |  |  |                     |
| Sep 9, 2022  | Fri      | Regular Season   | Baldwinsville | 6:30 PM    |          | Stadium Turf Field  |  |  | L                   |
| Sep 12, 2022 | Mon      | Practice   | N/A           | 6:00 PM    | 7:00 PM  | Stadium Turf Field  |  |  |                     |
| Sep 15, 2022 | Thu      | Practice   | N/A           | 6:00 PM    | 7:00 PM  | Stadium Turf Field  |  |  |                     |
| Sep 16, 2022 | Fri      | Regular Season   | @ Henninger   | 6:00 PM    |          | Henninger Stadium   | <b>Bus/Driver:</b> First Student - Steve 315-240-8526 and Shane 315-292-3620 | <b>Departure Point:</b> Stadium Support<br><b>Departure Date:</b> Sep 16, 2022<br><b>Departure Time:</b> 3:30 PM | L                   |
| Sep 20, 2022 | Tue      | Practice   | N/A           | 4:30 PM    | 6:30 PM  | Stadium Turf Field  |  |  |                     |
| Sep 21, 2022 | Wed      | Practice   | N/A           | 4:30 PM    | 6:30 PM  | Stadium Turf Field  |  |  |                     |
| Sep 22, 2022 | Thu      | Practice   | N/A           | 6:15 PM    | 8:15 PM  | Stadium Turf Field  |  |  |                     |

| DATE         | WEEK DAY | TYPE                                  | OPPONENTS                          | START TIME | END TIME | LOCATION                        | DEPARTURE   | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|------------------------------------|------------|----------|---------------------------------|---|--|---------------------|
| Sep 24, 2022 | Sat      | Regular Season                        | @ Utica Proctor                    | 1:30 PM    | 5:00 PM  | PHS Stadium (Turf Field/Track)  | <b>Bus/Driver:</b><br>RCSD Marnie 315-335-2667<br>Justin 315-335-8742           | <b>Departure Point:</b><br>Stadium Support<br><b>Departure Date:</b><br>Sep 24, 2022<br><b>Departure Time:</b><br>11:30 AM | L                   |
| Sep 26, 2022 | Mon      | Practice                              | N/A                                | 4:30 PM    | 6:30 PM  | Stadium Turf Field              |   |  |                     |
| Sep 27, 2022 | Tue      | Practice                              | N/A                                | 4:30 PM    | 6:30 PM  | Stadium Turf Field              |   |  |                     |
| Sep 29, 2022 | Thu      | Practice                              | N/A                                | 6:15 PM    | 8:15 PM  | Stadium Turf Field              |   |  |                     |
| Sep 30, 2022 | Fri      | Regular Season (Homecoming Game )     | Elmira                             | 6:30 PM    |          | Stadium Turf Field              |   |  | NL                  |
| Oct 3, 2022  | Mon      | Practice                              | N/A                                | 4:30 PM    | 6:30 PM  | Stadium Turf Field              |   |  |                     |
| Oct 4, 2022  | Tue      | Practice                              | N/A                                | 6:30 PM    | 8:30 PM  | Stadium Turf Field              |   |  |                     |
| Oct 4, 2022  | Tue      | Practice                              | N/A                                | 6:30 PM    | 8:30 PM  | Stadium Turf Field              |   |  |                     |
| Oct 7, 2022  | Fri      | Practice                              | N/A                                | 6:00 PM    | 7:00 PM  | Stadium Turf Field              |   |  |                     |
| Oct 8, 2022  | Sat      | Regular Season                        | Christian Brothers Academy, Dewitt | 1:00 PM    |          | Stadium Turf Field              |   |  | NL                  |
| Oct 11, 2022 | Tue      | Practice                              | N/A                                | 6:30 PM    | 8:30 PM  | Stadium Turf Field              |   |  |                     |
| Oct 13, 2022 | Thu      | Regular Season (Senior Night)         | @ Cicero-North Syracuse            | 6:30 PM    | 9:00 PM  | CNS HS-Bragman Stadium          | <b>Bus/Driver:</b><br>RCSD Trent 714-471-5955 & Marnie 315-335-2667             | <b>Departure Point:</b><br>Stadium Support<br><b>Departure Date:</b><br>Oct 13, 2022<br><b>Departure Time:</b><br>4:00 PM  | L                   |
| Oct 17, 2022 | Mon      | Practice                              | N/A                                | 6:00 PM    | 7:00 PM  | Stadium Turf Field              |   |  |                     |
| Oct 18, 2022 | Tue      | Practice                              | N/A                                | 6:00 PM    | 7:00 PM  | Stadium Turf Field              |   |  |                     |
| Oct 19, 2022 | Wed      | Practice                              | N/A                                | 6:00 PM    | 7:00 PM  | Stadium Turf Field              |   |  |                     |
| Oct 20, 2022 | Thu      | Practice                              | N/A                                | 6:00 PM    | 7:00 PM  | Stadium Turf Field              |   |  |                     |
| Oct 21, 2022 | Fri      | Regular Season (Senior Night )        | Liverpool                          | 6:30 PM    |          | Stadium Turf Field              |   |  | L                   |
| Oct 25, 2022 | Tue      | Practice                              | N/A                                | 3:15 PM    | 6:30 PM  | Stadium Turf Field              |   |  |                     |
| Oct 26, 2022 | Wed      | Practice                              | N/A                                | 3:15 PM    | 6:30 PM  | Stadium Turf Field              |   |  |                     |
| Oct 27, 2022 | Thu      | Practice                              | N/A                                | 3:30 PM    | 6:15 PM  | Stadium Turf Field              |   |  |                     |
| Oct 28, 2022 | Fri      | Post-Season (Sectional Quarter Final) | @ Baldwinsville                    | 6:30 PM    | 9:00 PM  | Bville - Baker P/A Stadium TURF | <b>Bus/Driver:</b><br>First Student Steve F. 315-240-5826 & John S 315-886-9170 | <b>Departure Point:</b><br>Stadium Support Facility<br><b>Departure Time:</b><br>3:30 PM                                   | NL                  |

Date: 2025-12-22

