



Rome Free Academy

(G) 7/8TH Field Hockey

Coaches:

- Cheryl Salce, Coach
- Mackenzie Welter, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 3, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 4, 2024	Wed	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 5, 2024	Thu	Practice	N/A	5:30 PM	8:00 PM	Stadium Support Back Parking Lot			
Sep 6, 2024	Fri	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 9, 2024	Mon	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 10, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 11, 2024	Wed	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 12, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 13, 2024	Fri	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 16, 2024	Mon	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 17, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 18, 2024	Wed	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
CANCELLED Sep 19, 2024	Thu	Scrimmage	Oneida	5:00 PM	6:30 PM	Strough M S			L
Sep 20, 2024	Fri	Regular Season 1-0 W	Whitesboro	5:00 PM	6:30 PM	Strough M S			L
Sep 23, 2024	Mon	Regular Season 4-0 W	@ Central Valley Academy	5:00 PM		Fisher Elementary Upper Tolpa Athletic Field	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Strough Grass Field Departure Time: 3:40 PM	L
Sep 24, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 25, 2024	Wed	Regular Season	Holland Patent	5:00 PM	6:30 PM	Strough M S			L
Sep 26, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Sep 27, 2024	Fri	Regular Season	@ New Hartford	5:00 PM		Myles Elementary FH/LAX Field	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: strough grass field Departure Time: 3:45 PM	L
Sep 30, 2024	Mon	Regular Season	@ Vernon-Verona-Sherrill	4:30 PM	6:30 PM	Grass Field Hockey Field	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: strough grass field Departure Time: 3:15 PM	L
Oct 1, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Oct 2, 2024	Wed	Regular Season 3-1 W	Camden	5:00 PM	6:30 PM	Strough M S			L

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Oct 3, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
CANCELLED Oct 4, 2024	Fri	Regular Season	@ Oneida	5:00 PM	6:30 PM	Shortell Field Hockey Field		Departure Point: strough grass field Departure Time: 4:00 PM	L
Oct 7, 2024	Mon	Regular Season 0-4 L	@ Whitesboro	5:00 PM	5:30 PM	Whitesboro Middle School Upper/Back Field	Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: Strough Grass Field Departure Time: 3:50 PM	L
Oct 8, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
POSTPONED Oct 10, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Oct 10, 2024	Thu	Regular Season	Central Valley Academy	5:00 PM	6:30 PM	Strough M S			L
Oct 11, 2024	Fri	Regular Season	@ Holland Patent	5:00 PM	6:30 PM	HS Back Field Hockey Fields	Bus/Driver: First Student-Danyelle- 202.390.2722	Departure Point: Strough Grass Field Departure Time: 3:45 PM	L
Oct 15, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Strough M S			
Oct 15, 2024	Tue	Scrimmage	@ Oneida	4:30 PM	5:30 PM	Shortell Field Hockey Field	Bus/Driver: RCSD- Brian (315)878-2706	Departure Point: Strough Departure Date: Oct 15, 2024 Departure Time: 3:15 PM	NL
Oct 16, 2024	Wed	Regular Season 2-2 T	@ Camden	5:00 PM	5:30 PM	Camden High School Grass Field Hockey Field	Bus/Driver: RCSD- Trent (714)471-5955	Departure Time: 3:45 PM	L
Oct 17, 2024	Thu	Practice	N/A	4:30 PM		Strough M S			
Oct 18, 2024	Fri	Regular Season	Vernon-Verona-Sherrill	5:00 PM	6:30 PM	Strough M S			L

Date: 2026-03-04