



Rome Free Academy

(G) V Field Hockey

Coaches:

- Mackenzie Welter, Head Coach
- Kelly Reese, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 1, 2022	Fri	Practice	N/A	2:00 PM	4:00 PM	Stadium Turf Field			
Aug 22, 2022	Mon	Practice (Practice)	N/A	7:00 AM	10:00 AM	Stadium Turf Field			
Aug 23, 2022	Tue	Practice (Practice)	N/A	7:00 AM	10:00 AM	Stadium Turf Field			
Aug 24, 2022	Wed	Practice (Practice)	N/A	7:00 AM	10:00 AM	Stadium Turf Field			
Aug 25, 2022	Thu	Practice (Practice)	N/A	7:00 AM	10:00 AM	Stadium Turf Field			
Aug 26, 2022	Fri	Practice (Practice)	N/A	7:00 AM	10:00 AM	Stadium Turf Field			
Aug 27, 2022	Sat	Practice	N/A	7:00 AM	9:00 AM	Stadium Turf Field			
Aug 29, 2022	Mon	Practice (Practice)	N/A	7:00 AM	10:00 AM	Stadium Turf Field			
Aug 30, 2022	Tue	Scrimmage	Cazenovia	10:00 AM		Stadium Turf Field			NL
Aug 31, 2022	Wed	Practice (Practice)	N/A	7:00 AM	10:00 AM	Stadium Turf Field			
Sep 1, 2022	Thu	Practice (Practice)	N/A	2:00 PM	4:00 PM	Stadium Turf Field			
Sep 2, 2022	Fri	Regular Season (Non League) 0-5 L	Cicero-North Syracuse	10:30 AM		Stadium Turf Field			NL
Sep 6, 2022	Tue	Practice	N/A	2:00 PM	4:00 PM	Stadium Turf Field			
Sep 8, 2022	Thu	Regular Season 1-2 L	@ Holland Patent	4:15 PM		Accelerate Sports Complex	Bus/Driver: First Student - John K 315-679-2563	Departure Point: Stadium Support-Back Parking Lot Departure Time: 3:15 PM	L
Sep 9, 2022	Fri	Practice (Practice)	N/A	4:00 PM	5:30 PM	Stadium Turf Field			
Sep 10, 2022	Sat	Regular Season 3-1 W	@ Liverpool	11:00 AM		LIVERPOOL HS STADIUM	Bus/Driver: RCSD/Marnie 315-335-2667	Departure Point: Stadium Support-Back Parking Lot Departure Time: 7:15 AM	L
Sep 12, 2022	Mon	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Sep 13, 2022	Tue	Practice	N/A	6:30 PM	8:00 PM	Stadium Turf Field			
Sep 14, 2022	Wed	Regular Season 5-0 W	Camden	6:30 PM		Stadium Turf Field			L
Sep 15, 2022	Thu	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Sep 16, 2022	Fri	Regular Season (Non League) 1-0 W	Baldwinsville	6:30 PM	8:00 PM	Stadium Turf Field			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 19, 2022	Mon	Regular Season 7-0 W	Oneida	6:30 PM		Stadium Turf Field			L
Sep 20, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Stadium Turf Field			
Sep 21, 2022	Wed	Regular Season 8-1 W	@ Whitesboro	6:00 PM		Ed Wadas Complex High School	Bus/Driver: RCSD - Dan - 315-571-8186	Departure Point: Stadium Support-Back Parking Lot Departure Time: 4:50 PM	L
Sep 22, 2022	Thu	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Sep 23, 2022	Fri	Regular Season (non league) 1-2 L	@ Shenendehowa High School	5:00 PM		Shen High School East Stadium (Turf Field)		Departure Point: RFA High School Departure Time: 2:15 PM	NL
Sep 24, 2022	Sat	Regular Season (non league) 3-0 W	@ Massapequa	1:00 PM		TBD			NL
Sep 26, 2022	Mon	Regular Season 6-0 W	@ Central Valley Academy	4:30 PM		Diss Athletic Complex	Bus/Driver: RCSD Trent 714-471-5955	Departure Point: Stadium Support-Back Parking Lot Departure Time: 3:00 PM	L
Sep 27, 2022	Tue	Practice	N/A	6:00 PM	8:00 PM	Stadium Turf Field			
Sep 28, 2022	Wed	Regular Season	New Hartford	6:30 PM		Stadium Turf Field			L
Sep 29, 2022	Thu	Practice	N/A	6:00 PM	8:00 PM	Stadium Turf Field			
Oct 1, 2022	Sat	Practice	N/A	8:00 AM	9:30 PM	Stadium Turf Field			
Oct 3, 2022	Mon	Regular Season	@ Vernon-Verona-Sherrill	6:15 PM		Turf Field Stadium	Bus/Driver: First Student - Christopher P. 315-335-7976 Bus 9152	Departure Point: Stadium Support-Back Parking Lot Departure Time: 3:15 PM	L
Oct 4, 2022	Tue	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Oct 5, 2022	Wed	Regular Season 8-0 W	Whitesboro	6:30 PM		Stadium Turf Field			L
Oct 7, 2022	Fri	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Oct 11, 2022	Tue	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Oct 12, 2022	Wed	Regular Season	Central Valley Academy	6:30 PM		Stadium Turf Field			L
Oct 14, 2022	Fri	Regular Season	@ New Hartford	4:30 PM		New Hartford HS Turf Field	Bus/Driver: First Student - Shane M. 315-292-3620 Bus 9181	Departure Point: Stadium Support-Back Parking Lot Departure Time: 3:15 PM	L
Oct 15, 2022	Sat	Regular Season	@ Fayetteville-Manlius	3:00 PM		Hornet Stadium	Bus/Driver: RCSD Trent 714-471-5955	Departure Point: Stadium Support-Back Parking Lot Departure Time: 11:15 AM	NL
POSTPONED Oct 17, 2022	Mon	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 18, 2022	Tue	Practice (Practice)	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Oct 19, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	Stadium Turf Field			
Oct 20, 2022	Thu	Scrimmage (Scrimmage (The facility will have no clock or score recorded. Time will be kept only and quarters will be manipulated.)	Clinton	4:00 PM		Stadium Turf Field			NL
POSTPONED Oct 20, 2022	Thu	Practice	N/A	6:30 PM	8:30 PM	Stadium Turf Field			
Oct 21, 2022	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Turf Field			
Oct 22, 2022	Sat	Practice	N/A	11:30 AM	1:30 PM	Stadium Turf Field			
Oct 23, 2022	Sun	Post-Season (Sectional Semi Finals)	Baldwinsville	1:00 PM	3:00 PM	VVS High School			NL
Oct 23, 2022	Sun	Post-Season (Sectional Semifinals' A)	@ TBD	1:00 PM		VVS High School	Bus/Driver: RCSD-Chris W. (315)240-7035	Departure Point: Stadium Support Facility Departure Time: 11:40 AM	L
Oct 25, 2022	Tue	Practice	N/A	6:00 PM	7:30 PM	Stadium Turf Field			
Oct 26, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	Stadium Turf Field			
Oct 28, 2022	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Turf Field			
Oct 29, 2022	Sat	Practice	N/A	11:30 AM	1:30 PM	Stadium Turf Field			
Oct 30, 2022	Sun	Post-Season (Sectional Final @ VVS)	@ Cicero-North Syracuse	1:00 PM	2:45 PM	Turf Field Stadium	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Stadium Support Facility Departure Time: 11:40 AM	NL
Nov 4, 2022	Fri	Practice (Skills for Recruiting Videos)	N/A	4:00 PM	5:30 PM	Stadium Turf Field			

Date: 2025-12-05