



# Rome Free Academy

## (G) V Cross Country

### Coaches:

- Nicholas Jeror, Head Coach
- Alfred Bevilacqua, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		Bus/Driver: RCSD- Matt- 315.338.1905	Departure Point: Stadium Support Departure Date: Sep 7, 2024 Departure Time: 6:00 AM Return Date: Sep 7, 2024 Return Time: 11:30 AM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2024	Sat	Regular Season (New Hartford Invitational )	Clinton, Whitesboro, Mount Markham, Dolgeville, Hamilton, Notre Dame, Utica, Unadilla Valley (UV/GMU), Central Valley Academy, Utica Proctor @ New Hartford	9:00 AM		Cross Country Course (Perry JH)	<b>Bus/Driver:</b> RCSD- Trent (714)471-5955	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Sep 14, 2024 <b>Departure Time:</b> 7:30 AM <b>Return Date:</b> Sep 14, 2024 <b>Return Time:</b> 12:00 AM	NL
Sep 24, 2024	Tue	Regular Season	Notre Dame, Utica, Oneida	4:00 PM		Rome Free Academy H S			L
Sep 28, 2024	Sat	Regular Season (EJ Herman Invitational)	@ Notre Dame, Utica	12:45 PM	1:15 PM	Proctor Park, Utica	<b>Bus/Driver:</b> First Student-Tracey-315.240.5875	<b>Departure Point:</b> Stadium Support Facility <b>Departure Date:</b> Sep 28, 2024 <b>Departure Time:</b> 8:00 AM	L
Oct 2, 2024	Wed	Regular Season	Vernon-Verona-Sherrill @ Camden	4:30 PM		Osceola Ski and Sport Resort	<b>Bus/Driver:</b> First Student-Danyelle-202.390.2722	<b>Departure Point:</b> RFA Dart Circle <b>Departure Date:</b> Oct 2, 2024 <b>Departure Time:</b> 2:30 PM	L
Oct 8, 2024	Tue	Regular Season	New Hartford @ Central Valley Academy	4:00 PM		Diss Athletic Complex			L
Oct 15, 2024	Tue	Regular Season (Senior Recognition Day)	Whitesboro, Holland Patent @ Utica Proctor	4:00 PM		Proctor Park	<b>Bus/Driver:</b> RCSD- Justin (315)335-9844		L
Oct 19, 2024	Sat	Regular Season (Beaver River Invitational)	Phoenix, South Lewis, Notre Dame, Utica @ Beaver River	9:00 AM		Beaver River H S	<b>Bus/Driver:</b> First Student-Carroll 315.225.5727	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Oct 19, 2024 <b>Departure Time:</b> 7:45 AM	NL
Oct 26, 2024	Sat	Regular Season (TVL Championship)	Whitesboro, New Hartford, Utica Proctor, Holland Patent, Vernon-Verona-Sherrill, Camden, Central Valley Academy, Oneida @ Notre Dame, Utica	12:45 PM		Proctor Park, Utica	<b>Bus/Driver:</b> First Student-Santiago-315.449.7783	<b>Departure Point:</b> Stadium support <b>Departure Date:</b> Oct 26, 2024 <b>Departure Time:</b> 9:45 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 2, 2024	Sat	Regular Season	Whitesboro, Canajoharie, Cooperstown, Galway, Gloversville, Mechanicville, Queensbury, Scotia-Glenville, Schoharie, Tamarac @ Amsterdam	9:00 AM		Bob's Trees	<b>Bus/Driver:</b> RCSD- Matt-315.338.1905	<b>Departure Point:</b> Stadium Support <b>Departure Date:</b> Nov 2, 2024 <b>Departure Time:</b> 7:30 AM	L
Nov 9, 2024	Sat	Regular Season (Sectionals)	@ Mount Markham	10:30 AM	11:00 AM	HS Track	<b>Bus/Driver:</b> RCSD- Matt-315.338.1905	<b>Departure Point:</b> Stadium Support Facility <b>Departure Date:</b> Nov 9, 2024 <b>Departure Time:</b> 7:00 AM	L

Date: 2025-12-05