



# Rome Free Academy

## (G) V Cheerleading (Fall)

### Coaches:

- Kim Luczak

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice (Cheer Practice)	N/A	10:00 AM	12:00 PM	Strough M S			
Aug 27, 2024	Tue	Practice (Cheer Practice)	N/A	10:00 AM	12:00 PM	Strough M S			
Aug 28, 2024	Wed	Practice	N/A	10:00 AM	12:30 PM	Strough M S			
Aug 30, 2024	Fri	Practice (Practice)	N/A	10:00 AM	12:00 PM	Strough M S			
Sep 3, 2024	Tue	Practice	N/A	9:00 AM	11:00 AM	RFA Main Gym			
Sep 4, 2024	Wed	Practice	N/A	10:00 AM	12:00 PM	Strough M S			
Sep 5, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 6, 2024	Fri	Practice (Game at Liverpool Starts at 6:30pm)	N/A	TBD		Stadium Support Back Parking Lot	<b>Bus/Driver:</b> RCSD- Matt- 315.338.1905	<b>Departure Date:</b> Sep 6, 2024 <b>Departure Time:</b> 4:15 PM	
Sep 9, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 10, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 11, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 12, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 13, 2024	Fri	Practice (Home Game ESM)	N/A	4:30 PM		Stadium Support Facility Gym B			
Sep 16, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 18, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 19, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 20, 2024	Fri	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 21, 2024	Sat	Regular Season (Senior Recognition Day)	@ Utica Proctor (Co-ed Fall)	1:30 PM	4:30 PM	PHS Stadium (Turf Field/Track)	<b>Bus/Driver:</b> RCSD- Trent (714)471-5955	<b>Departure Time:</b> 11:45 AM	L
Sep 23, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 24, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 25, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 26, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			

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Sep 27, 2024	Fri	Practice (Game @ Baldwinsville HS)	N/A	TBD		Stadium Support Back Parking Lot	<b>Bus/Driver:</b> RCSD- Marnie (315)335-2667	<b>Departure Point:</b> Stadium Support <b>Departure Time:</b> 4:00 PM	
Sep 30, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 1, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 2, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 3, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 4, 2024	Fri	Practice (Home Game Corcoran)	N/A	4:30 PM		Stadium Support Facility Gym B			
Oct 7, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 8, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 9, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 10, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough Middle School Small Gymnasium			
Oct 11, 2024	Fri	Practice (Away Game Whitesboro 6:30)	N/A	6:30 PM		Stadium Support Back Parking Lot	<b>Bus/Driver:</b> First Student- Steve F. 315.240.8526	<b>Departure Point:</b> Stadium Support <b>Departure Time:</b> 4:45 PM	
Oct 15, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 16, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
CANCELLED Oct 17, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 18, 2024	Fri	Practice (Home Game Central Square)	N/A	4:30 PM		Stadium Support Facility Gym B			
Oct 18, 2024	Fri	Regular Season	Central Square (Fall)	6:30 PM		Stadium Turf Field			L
Oct 21, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 22, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 23, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 24, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 25, 2024	Fri	Practice (Home Game Henninger 6:30)	N/A	4:30 PM		Stadium Support Facility Gym B			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 1, 2024	Fri	Regular Season (Sectionals)	@ Christian Brothers Academy, Dewitt	6:30 PM	9:00 PM	Alibrandi Stadium	<b>Bus/Driver:</b> RCSD- Marnie (315)335-2667	<b>Departure Point:</b> Stadium Support Facility <b>Departure Time:</b> 4:30 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	NL

Date: 2025-12-06