



Rome Free Academy

(G) V Cheerleading (Fall)

Coaches:

- Kim Luczak

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 25, 2022	Thu	Practice (Cheerleading Practice)	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Aug 26, 2022	Fri	Practice (Cheerleading Practice)	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Aug 29, 2022	Mon	Practice (Cheerleading Practice)	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Aug 30, 2022	Tue	Practice (Cheerleading Practice)	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Aug 31, 2022	Wed	Practice (Cheerleading Practice)	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Sep 1, 2022	Thu	Practice (Cheerleading Practice)	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Sep 2, 2022	Fri	Practice (Cheerleading Practice)	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Sep 6, 2022	Tue	Practice	N/A	10:00 AM	12:00 PM	Strough MS			
Sep 7, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 8, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 12, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 13, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 14, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 15, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 16, 2022	Fri	Regular Season (At Henninger)	@ Henninger (Fall)	6:30 PM		Henninger HS	Bus/Driver: RCSD - Justin 315-335-8742	Departure Point: Stadium Support Facility Departure Time: 4:00 PM	NL
Sep 19, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 20, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 21, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough MS			
Sep 22, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough MS			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2022	Sat	Regular Season	@ Utica Proctor (Co-ed Fall)	1:30 PM		PHS Stadium (Turf Field/Track)	Bus/Driver: First Student - Richard L. 315-317-3149	Departure Point: Stadium Support Departure Time: 11:45 AM	L
Sep 26, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 27, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 28, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 29, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Sep 30, 2022	Fri	Regular Season (Homecoming Game)	Elmira (Fall)	6:30 PM		Stadium Turf Field			NL
Oct 3, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 4, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 5, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 6, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 11, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 12, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 13, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 13, 2022	Thu	Regular Season (@ CNS)	@ Cicero-North Syracuse (Fall)	6:30 PM		TBD	Bus/Driver: First Student - Steve 315-240-8526 Bus 9153	Departure Point: Stadium Support Facility Departure Time: 4:15 PM	NL
Oct 17, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 18, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 19, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 20, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 24, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 25, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 26, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 27, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Strough M S			
Oct 31, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Strough M S			

Date: 2026-04-14