



Rome Free Academy

(B) V Bowling

Coaches:

- David Nimmo, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|---|---|------------|----------|----------------------------|--|--|---------------------|
| Nov 14, 2023 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| Nov 15, 2023 | Wed | Practice | N/A | TBD | | King Pin Lanes | | | |
| Nov 16, 2023 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Nov 20, 2023 | Mon | Practice | N/A | TBD | | King Pin Lanes | | | |
| Nov 21, 2023 | Tue | Regular Season | @ Cicero-North Syracuse | 3:30 PM | 5:30 PM | CNS-Strike N Spare | Bus/Driver: F/S - S.Fresco bus 9173 p# 315-281-6022 | Departure Point: RFA Bus Loop Departure Time: 2:30 PM | L |
| Nov 27, 2023 | Mon | Regular Season 9-2 W | @ Central Valley Academy | 4:00 PM | | Vista Lanes | Bus/Driver: Out- Justin R. (315)335-9844/ Return- Chris W. (315)240-7035 | Departure Point: RFA Bus Loop Departure Time: 2:30 PM | L |
| Nov 28, 2023 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| Nov 29, 2023 | Wed | Regular Season 8-3 W | Camden | 4:00 PM | | King Pin Lanes | | | L |
| Nov 30, 2023 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Dec 2, 2023 | Sat | Regular Season (CHS Bowling Invitational) | Adirondack, Chittenango, Waterville, Cicero-North Syracuse, East Syracuse, Minoa, Sherburne-Earlyville, New Hartford @ Camden | 10:00 AM | | Lucky Shots Bowling Center | Bus/Driver: First Student - Alex Ruiz bus 9144 p#315-225-6698 | Departure Date: Dec 2, 2023 Departure Time: 8:30 AM | NL |
| Dec 4, 2023 | Mon | Regular Season 9-2 W | @ Whitesboro | 4:00 PM | | Vista Bowling Lanes | Bus/Driver: RCSD- Brian (315)878-2706 | Departure Point: RFA Bus Loop Departure Time: 2:30 PM | L |
| Dec 5, 2023 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| CANCELLED Dec 6, 2023 | Wed | Regular Season | @ Notre Dame, Utica | 4:00 PM | | King Pin Lanes | | | L |
| Dec 7, 2023 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Dec 11, 2023 | Mon | Practice | N/A | TBD | | King Pin Lanes | | | |
| Dec 12, 2023 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |

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| Dec 13, 2023 | Wed | Regular Season | @ Utica Proctor | 4:00 PM | | Vista Lanes | Bus/Driver: Out- Justin R. (315)335-9844/ Return- FS Jason 315-570-5342 | Departure Point: RFA Bus Loop Departure Time: 2:20 PM | L |
| Dec 14, 2023 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Dec 18, 2023 | Mon | Regular Season | Holland Patent | 4:00 PM | | King Pin Lanes | | | L |
| Dec 19, 2023 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| Dec 20, 2023 | Wed | Regular Season | Vernon-10-1 W | 4:00 PM | | King Pin Lanes | | Departure Point: RFA Bus Loop | L |
| Dec 21, 2023 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Jan 2, 2024 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| Jan 3, 2024 | Wed | Regular Season | @ New Hartford | 4:00 PM | | Vista Lanes | Bus/Driver: Brian - 315-878-2706 | Departure Point: RFA Bus Loop Departure Time: 2:30 PM | L |
| Jan 4, 2024 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Jan 8, 2024 | Mon | Regular Season | 5-6 L | 4:00 PM | | Lucky Shots Bowling Center | Bus/Driver: First Student - Danelle S. | Departure Point: RFA Bus Loop Departure Time: 202-390-2722 2:30 PM | L |
| CANCELLED Jan 9, 2024 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| Jan 10, 2024 | Wed | Regular Season | 9-1 W | 4:00 PM | | King Pin Lanes | | Departure Point: RFA Bus Loop | L |
| Jan 12, 2024 | Fri | Regular Season | Central Valley Academy | 4:00 PM | | King Pin Lanes | | | L |
| Jan 15, 2024 | Mon | Regular Season (5th Annual Dave Roethel Memorial Tournament) | @ Victor | 9:00 AM | | ABC Gates Bowl | Bus/Driver: RCSD - Chris W. - 315-240-7035 | Departure Point: Dart Circle Departure Time: 5:30 AM | NL |
| Jan 16, 2024 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| CANCELLED Jan 17, 2024 | Wed | Regular Season | Notre Dame, Utica | 4:00 PM | | King Pin Lanes | | | L |
| Jan 17, 2024 | Wed | Practice | N/A | TBD | | King Pin Lanes | | | |
| Jan 18, 2024 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Jan 22, 2024 | Mon | Regular Season | Utica Proctor | 4:00 PM | | King Pin Lanes | | Departure Point: RFA Bus Loop | L |
| Jan 23, 2024 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| Jan 24, 2024 | Wed | Regular Season | @ Holland Patent | 4:00 PM | | King Pin Lanes | Bus/Driver: At King Pin Lanes | Departure Point: No Transportation Needed | L |
| Jan 25, 2024 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |

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| Jan 29, 2024 | Mon | Regular Season 7-3 W | @ Vernon-Verona-Sherrill | 4:00 PM | | CAC Clubhouse | Bus/Driver: F/S - Wael - bus 9148 p#315-395-8395 | Departure Point: RFA Bus Loop Departure Time: 2:30 PM | L |
| Jan 30, 2024 | Tue | Regular Season | New Hartford | 4:00 PM | | King Pin Lanes | | | L |
| CANCELLED Jan 30, 2024 | Tue | Practice | N/A | TBD | | King Pin Lanes | | | |
| Feb 1, 2024 | Thu | Practice | N/A | TBD | | King Pin Lanes | | | |
| Feb 2, 2024 | Fri | Practice | N/A | TBD | | King Pin Lanes | | | |
| Feb 4, 2024 | Sun | Post-Season (Sectionals at Mattydale) | @ TBD | TBD | | Strike & Spare, Syracuse | Bus/Driver: First Student - Santiago C. bus 9150 p#315-449-7783 | Departure Point: Dart Circle Departure Time: 7:00 AM | L |
| Feb 6, 2024 | Tue | Regular Season (TVL Championship) | Sherrill, Holland Patent, Camden, Central Valley Academy @ Whitesboro | 3:30 PM | | Vista Bowling Lanes | Bus/Driver: RCSD- Justin (315)335-9844 | Departure Point: RFA Bus Loop Departure Time: 2:30 PM | L |
| Feb 14, 2024 | Wed | Post-Season | @ TBD | TBD | | Strike & Spare, Syracuse | Bus/Driver: RCSD- Chris W (315)240-7035 | Departure Point: RFA Bus Loop Departure Time: 1:00 PM | L |

Date: 2026-02-07