



# Rome Free Academy

## (B) 7/8TH Basketball (Orange Team)

### Coaches:

- Erik Thomas
- Nick Medicis

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 28, 2022	Mon	Practice (Tryouts)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym A		
Nov 29, 2022	Tue	Practice	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym A		
Nov 30, 2022	Wed	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 1, 2022	Thu	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 2, 2022	Fri	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 5, 2022	Mon	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Dec 6, 2022	Tue	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 7, 2022	Wed	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 8, 2022	Thu	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 9, 2022	Fri	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 12, 2022	Mon	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym A		
Dec 13, 2022	Tue	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Dec 14, 2022	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Dec 20, 2022	Tue	Regular Season	@ Holland Patent (Gold Team)	4:00 PM		HPE Gym	Bus/Driver: First Student	Departure Point: Strough Middle School Departure Time: 3:20 PM L

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Dec 21, 2022	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Dec 22, 2022	Thu	Regular Season	@ Vernon-Verona-Sherrill (Red 8th Grade)	6:00 PM		VVS MS Gym	<b>Bus/Driver:</b> RCSD- Trent (714)471-5955	<b>Departure Point:</b> Strough Middle School <b>Departure Time:</b> 4:30 PM L
CANCELLED Dec 23, 2022	Fri	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 2, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 3, 2023	Tue	Regular Season	Notre Dame, Utica	4:30 PM		Stadium Support Facility Gym A		L
Jan 4, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 6, 2023	Fri	Regular Season 35-34 W	Utica Proctor (JFK)	4:30 PM		Stadium Support Facility Gym A		L
Jan 9, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 10, 2023	Tue	Regular Season	New Hartford (Blue)	6:00 PM		Stadium Support Facility Gym A		L
Jan 11, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 13, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 17, 2023	Tue	Regular Season	Whitesboro (Blue)	4:00 PM		Stadium Support Facility Gym A		L
Jan 18, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 20, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 21, 2023	Sat	Regular Season	@ Whitesboro (White)	10:00 AM		Whitesboro Middle School Gym	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> Strough Middle School <b>Departure Time:</b> 9:00 AM L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 23, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 24, 2023	Tue	Regular Season	@ Holland Patent (Purple Team)	4:00 PM		HPE Gym	Bus/Driver: First Student - Alex R. 315-225-6698	<b>Departure Point:</b> Strough - Back <b>Departure Time:</b> L 3:20 PM
CANCELLED Jan 25, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Jan 26, 2023	Thu	Regular Season	@ Utica Proctor (DMS)	4:30 PM		Donovan Gym	Bus/Driver: First Student - Alex 315-225-6698	<b>Departure Point:</b> Strough Middle School <b>Departure Time:</b> L 3:20 PM
Jan 30, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym B		
Jan 31, 2023	Tue	Regular Season	Vernon-Verona-Sherrill (White 7th Grade)	6:00 PM		Buddy Evans Gym (Strough MS)		L
Feb 1, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Feb 2, 2023	Thu	Regular Season	@ New Hartford (Red)	6:00 PM		Perry JH Gym	Bus/Driver: RCSD- Trent (714)471-5955	<b>Departure Point:</b> Strough - Back <b>Departure Time:</b> L 5:00 PM
POSTPONED Feb 3, 2023	Fri	Regular Season	Camden (Blue 8th Grade)	6:00 PM		Buddy Evans Gym (Strough MS)		L
Feb 6, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym A		
Feb 7, 2023	Tue	Regular Season	@ Oneida	4:30 PM		Shortell MS Gym	Bus/Driver: First Student	<b>Departure Point:</b> Strough Middle School <b>Departure Time:</b> L 3:20 PM

Date: 2026-02-06