



# Remsen

## (B) V Cross Country (Remsen)

### Coaches:

- Fay Harper

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (Vernon-Verona-Sherrill Invitational)	@ Vernon-Verona-Sherrill	8:30 AM	12:00 PM	Cross Country Course		NL
Sep 14, 2022	Wed	Regular Season	Canastota, Adirondack, Poland @ West Canada Valley	4:30 PM		TBD		L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational )	Ballston Spa High School, Schuylerville, Christian Brothers Academy, Albany, Niskayuna High School, Monroe-Woodbury, Saratoga Springs High School, Colonie High School, Schenectady High School, South Glens Falls, Coxsackie-Athens, Glens Falls, Chittenango, Granville (Granville-Whitehall-Hartford), Shaker High School, Roy C Ketcham/ Wappingers JHS, North Warren, Albany High School, Maple Hill, Chatham, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 21, 2022	Wed	Regular Season	Clinton, Hamilton, New York Mills @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS		L
Sep 24, 2022	Sat	Regular Season (EJ Herrmann Invitational)	@ Utica Proctor	9:30 AM		Proctor Park		NL
Sep 28, 2022	Wed	Regular Season	Westmoreland, Sauquoit Valley @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary Campus		L
Oct 1, 2022	Sat	Regular Season (NY State Night-Time Showcase)	@ TBD	6:00 PM		12th Rock Sports		NL
Oct 5, 2022	Wed	Regular Season	Dolgeville, Herkimer, Little Falls, Owen D. Young (Richfield/ODY)	4:30 PM		Remsen Jr/Sr H.S.		L
Oct 8, 2022	Sat	Regular Season (RFA Rome Coughlin Invitational)	@ Rome Free Academy	11:00 AM		RFA Cross Country Course		NL
Oct 12, 2022	Wed	Regular Season	Cooperstown (Cooperstown/Milford), Waterville @ Mount Markham	4:30 PM		HS Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2022	Sat	Regular Season (CSC League Championship at Herkimer Community College)	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Waterville, Sauquoit Valley, West Canada Valley, Canastota, Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Sherburne-Earlville, Hamilton, Cooperstown (Cooperstown/Milford) @ Herkimer	10:00 AM		Herkimer County CC		L
Oct 29, 2022	Sat	Regular Season (John Bernard Invitational)	@ Adirondack	9:30 AM		Adirondack HS		NL

Date: 2025-12-20