



Remsen

(G) MOD7/8/9 Cross Country

Coaches:

- Fay Harper

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 5, 2025	Fri	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 8, 2025	Mon	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 9, 2025	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 10, 2025	Wed	Regular Season	New York Mills, Dolgeville, Town of Webb UFSD @ Clinton	4:30 PM		Kirkland Town Park	Departure Time: 3:00 PM	L
Sep 11, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 15, 2025	Mon	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 16, 2025	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 17, 2025	Wed	Regular Season	Adirondack, Mount Markham, Owen D. Young (Richfield/ODY), Town of Webb UFSD @ Herkimer	4:30 PM		Herkimer E S	Departure Time: 3:00 PM	L
Sep 18, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 22, 2025	Mon	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 23, 2025	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 24, 2025	Wed	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 25, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 26, 2025	Fri	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 29, 2025	Mon	Practice	N/A	2:45 PM	4:30 PM	TBD		
Sep 30, 2025	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 1, 2025	Wed	Regular Season	Hamilton, West Canada Valley, Sherburne-Earlville, Waterville, Town of Webb UFSD	4:30 PM		Remsen Jr/Sr H.S.		L
Oct 2, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 3, 2025	Fri	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 6, 2025	Mon	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 7, 2025	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 8, 2025	Wed	Regular Season	Westmoreland, Sauquoit Valley, Town of Webb UFSD @ Canastota	4:30 PM		TBD	Departure Time: 2:45 PM	L
Oct 9, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 14, 2025	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 15, 2025	Wed	Regular Season	Cooperstown (Modified), Poland, Town of Webb UFSD @ Little Falls	4:30 PM		Little Falls HS		L
Oct 16, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 17, 2025	Fri	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 20, 2025	Mon	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 21, 2025	Tue	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 22, 2025	Wed	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 23, 2025	Thu	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 24, 2025	Fri	Practice	N/A	2:45 PM	4:30 PM	TBD		
Oct 25, 2025	Sat	Regular Season (CSC League Meet)	Clinton, Sherburne-Earlville, Hamilton, New York Mills, Mount Markham, Owen D. Young (Richfield/ODY), Little Falls, Cooperstown (Modified), Poland, Dolgeville, West Canada Valley, Adirondack, Westmoreland, Waterville, Canastota, Herkimer, Town of Webb UFSD @ Sauquoit Valley	10:00 AM		Town Park	Departure Time: 8:15 AM	L

Date: 2025-12-05