



Remsen

(G) V Cross Country (Remsen/Town of Webb)

Coaches:

- Fay Harper

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (Vernon-Verona-Sherrill Invitational)	@ Vernon-Verona-Sherrill	8:30 AM	12:00 PM	Cross Country Course		NL
Sep 14, 2022	Wed	Regular Season	Canastota, Adirondack, Poland @ West Canada Valley	4:30 PM		WC High School		L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Monroe-Woodbury, Ballston Spa High School, Schuylerville, Niskayuna High School, Schenectady High School, South Glens Falls, Saratoga Springs High School, Coxsackie-Athens, Glens Falls, Granville (Granville-Whitehall), Shaker High School, Roy C Ketcham/ Wappingers JHS, Amsterdam, John Jay HS/ Van Wyck JHS, Colonie High School, Our Lady of Lourdes, Albany High School, Maple Hill, Chatham @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 21, 2022	Wed	Regular Season	Clinton, Hamilton, New York Mills @ Sherburne-Earville	4:30 PM		Sherburne-Earville HS		L
Sep 24, 2022	Sat	Regular Season (EJ Herrmann Invitational)	@ Utica Proctor	9:30 AM		Proctor Park		NL
Sep 28, 2022	Wed	Regular Season	Westmoreland, Sauquoit Valley @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary		L
Oct 1, 2022	Sat	Regular Season (NY State Night-Time Showcase)	@ TBD	6:00 PM		12th Rock Sports		NL
Oct 5, 2022	Wed	Regular Season	Dolgeville, Herkimer, Little Falls, Owen D. Young (Richfield/ODY)	4:30 PM		Remsen Jr/Sr H.S.		L
Oct 8, 2022	Sat	Regular Season (RFA Rome Coughlin Invitational)	@ Rome Free Academy	11:00 AM		RFA Cross Country Course		NL
Oct 12, 2022	Wed	Regular Season	Cooperstown, Waterville @ Mount Markham	4:30 PM		HS Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2022	Sat	Regular Season (CSC League Championship at HCCC)	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Herkimer, Waterville, Sauquoit Valley, West Canada Valley, Canastota, Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Sherburne-Earlville, Hamilton @ Cooperstown	11:00 AM		Herkimer County CC		L
Oct 29, 2022	Sat	Regular Season (John Bernard Invitational)	@ Adirondack	9:30 AM		Adirondack HS		NL

Date: 2024-04-23