



# Pulaski

## (B) V Swimming/Diving

### Coaches:

- Meg Woods, Head Coach
- Samantha Cook

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 16, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 17, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 18, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 19, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 20, 2021	Sat	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Nov 22, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 23, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 24, 2021	Wed	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Nov 26, 2021	Fri	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Nov 27, 2021	Sat	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Nov 29, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Nov 30, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 1, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 2, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 3, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 4, 2021	Sat	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Dec 6, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 7, 2021	Tue	Regular Season	@ Jamesville-Dewitt	5:00 PM		JD MS Pool		L
Dec 8, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 9, 2021	Thu	Regular Season	Weedsport	5:00 PM		Pulaski MS/HS Pool		L
Dec 10, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 11, 2021	Sat	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Dec 13, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 14, 2021	Tue	Regular Season	@ Baldwinsville	5:00 PM	7:00 PM	Bville - Baker HS Pool		L
Dec 15, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		

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Dec 16, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 17, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 18, 2021	Sat	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Dec 20, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 21, 2021	Tue	Regular Season 40-130 L	@ Mexico	5:00 PM		Mexico HS-Pool		L
Dec 22, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 23, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Dec 24, 2021	Fri	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Dec 27, 2021	Mon	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Dec 28, 2021	Tue	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Dec 28, 2021	Tue	Regular Season (Tournament)	@ Nottingham (Syracuse City)	11:00 AM	1:30 PM	Nottingham High School (Pool)	Departure Time: 9:30 AM	NL
Dec 29, 2021	Wed	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Dec 30, 2021	Thu	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Jan 3, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
CANCELLED Jan 3, 2022	Mon	Regular Season	Fayetteville-Manlius	5:00 PM		Pulaski MS/HS Pool		L
Jan 4, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 5, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
POSTPONED Jan 6, 2022	Thu	Regular Season	Fulton	5:00 PM		Pulaski MS/HS Pool		L
Jan 7, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 8, 2022	Sat	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Jan 10, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 11, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 12, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 13, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 14, 2022	Fri	Meet (OHSL Swim meet at Skaneateles YMCA)	Vs. Multiple	5:30 PM		TBD		NL
Jan 15, 2022	Sat	Meet (OHSL Diving meet)	Vs. Multiple	11:00 AM	2:30 PM	Mexico HS-Pool		NL
Jan 17, 2022	Mon	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Jan 18, 2022	Tue	Regular Season	@ New Hartford	5:30 PM		New Hartford HS Pool		L

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Jan 19, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 20, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 21, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 22, 2022	Sat	Practice	N/A	7:00 AM	9:00 AM	Pulaski MS/HS Pool		
Jan 24, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 25, 2022	Tue	Regular Season	@ Syracuse City (Syracuse City)	6:00 PM		Nottingham High School Pool	<b>Departure Time:</b> 4:30 PM	L
Jan 26, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 27, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Pulaski MS/HS Pool		
Jan 31, 2022	Mon	Regular Season	Oswego	5:00 PM		Pulaski MS/HS Pool		L
Feb 16, 2022	Wed	Regular Season	@ TBD	4:00 PM		TBD	<b>Departure Time:</b> 12:15 PM	L
Feb 18, 2022	Fri	Regular Season	@ TBD	TBD		TBD	<b>Departure Time:</b> 2:00 PM	L

Date: 2025-12-19