



Pulaski (B) V Swimming/Diving

Coaches:

- Meg Woods, Head Coach
- Samantha Cook

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 5, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 6, 2018	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 7, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 8, 2018	Thu	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 9, 2018	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 12, 2018	Mon	Practice	N/A	8:00 AM	10:00 AM	Pulaski MS/HS Pool		
Nov 13, 2018	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 14, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 15, 2018	Thu	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
CANCELLED Nov 16, 2018	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 19, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 20, 2018	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 21, 2018	Wed	Practice	N/A	8:00 AM	10:00 AM	Pulaski MS/HS Pool		
Nov 23, 2018	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 26, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 27, 2018	Tue	Regular Season 55-37 W	Carthage	5:00 PM		Pulaski H S		NL
CANCELLED Nov 28, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Nov 29, 2018	Thu	Regular Season	Christian Brothers Academy, Dewitt, TBD	5:00 PM		Pulaski H S		L
Nov 30, 2018	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 3, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 4, 2018	Tue	Regular Season	Weedsport	5:00 PM	7:00 PM	Pulaski H S		L
Dec 5, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
CANCELLED Dec 6, 2018	Thu	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 7, 2018	Fri	Regular Season	@ Nottingham (Syracuse City)	5:00 PM	7:00 PM	Nottingham High School (Pool)	Departure Time: 3:00 PM	L
Dec 10, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 11, 2018	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 12, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 13, 2018	Thu	Regular Season 45-138 L	@ Mexico	5:00 PM		Mexico HS-Pool	Departure Time: 3:45 PM	L
Dec 14, 2018	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 17, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 18, 2018	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 19, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 20, 2018	Thu	Regular Season	West Genesee	5:00 PM		Pulaski H S		NL
Dec 21, 2018	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Dec 26, 2018	Wed	Practice	N/A	8:00 AM	10:00 AM	Pulaski MS/HS Pool		
Dec 27, 2018	Thu	Practice	N/A	8:00 AM	10:00 AM	Pulaski MS/HS Pool		
Dec 28, 2018	Fri	Regular Season (Gary Griffin Sprint Inv.)	Weedsport, Jamesville-Dewitt, Nottingham (Syracuse City), Liverpool, Baldwinsville @ West Genesee	1:00 PM		WG-HS Pool		NL
Dec 29, 2018	Sat	Practice	N/A	8:00 AM	10:00 AM	Pulaski MS/HS Pool		
Jan 2, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 3, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 4, 2019	Fri	Regular Season	@ Fayetteville-Manlius	6:00 PM	8:00 PM	FM - Cazenovia College Aquatics Center	Departure Time: 4:00 PM	L
Jan 7, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 8, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 9, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 10, 2019	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
POSTPONED Jan 10, 2019	Thu	Regular Season	Baldwinsville	5:00 PM		Pulaski H S		L
Jan 11, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 14, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 15, 2019	Tue	Regular Season	Oswego	5:00 PM		Pulaski H S		NL
Jan 16, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 17, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2019	Fri	Meet (OHSL Dive Championships)	Vs. Multiple	5:30 PM		Mexico HS-Pool	Departure Time: 3:30 PM	NL
Jan 19, 2019	Sat	Meet (OHSL Swimming Championships)	Vs. Multiple	10:00 AM		Mexico HS-Pool	Departure Time: 8:00 AM	NL
CANCELLED Jan 21, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 22, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Jan 24, 2019	Thu	Regular Season	@ South Jefferson	4:30 PM		SJ HS/MS - Pool		NL
Jan 28, 2019	Mon	Regular Season 22-72 L	Mexico	5:00 PM		Pulaski H S		NL
Jan 30, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
POSTPONED Jan 31, 2019	Thu	Regular Season	@ Indian River	5:00 PM		Middle School Pool		L
CANCELLED Jan 31, 2019	Thu	Regular Season	Carthage, Lowville @ Indian River	5:00 PM		Middle School Pool		L
Feb 1, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 4, 2019	Mon	Regular Season	@ New Hartford	5:00 PM		New Hartford H S	Departure Time: 3:30 PM	L
Feb 5, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 6, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 7, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 8, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 11, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 12, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 13, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 14, 2019	Thu	Regular Season (Class C Sectionals @ Nottingham H.S.)	@ Nottingham (Syracuse City)	2:00 PM		Nottingham High School (Pool)	Departure Time: 11:30 PM	L
Feb 15, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	Pulaski MS/HS Pool		
Feb 16, 2019	Sat	Regular Season	@ TBD	1:00 PM		TBD	Departure Time: 10:00 AM	L

Date: 2026-03-04