



Pulaski

(G) V Outdoor Track

Coaches:

- Julianna Isgar, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Mar 29, 2023	Wed	Regular Season	Faith Heritage, Cincinnatus	4:30 PM		Pulaski MS/HS Stadium		NL
Apr 4, 2023	Tue	Meet (Westhill Spring Break Invitational)	Vs. Multiple	1:00 PM		Westhill High School Track	Departure Time: 11:00 AM	NL
Apr 12, 2023	Wed	Regular Season	Bishop Grimes	4:30 PM		Pulaski MS/HS Stadium		L
Apr 19, 2023	Wed	Regular Season	Syracuse Academy of Science @ Cato-Meridian (Blue Devils)	4:30 PM	6:30 PM	Cato-Meridian Track	Departure Time: 2:45 PM	L
Apr 22, 2023	Sat	Regular Season (Rush-Henrietta Relays)	@ TBD	10:00 AM		R-H HS	Departure Time: 6:30 AM	NL
Apr 26, 2023	Wed	Regular Season (meet)	Altmar-Parish-Williamstown (APW Rebels)	4:30 PM		Pulaski MS/HS Stadium		L
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS- Stadium	Departure Time: 10:30 AM	NL
POSTPONED May 3, 2023	Wed	Regular Season	Port Byron, Manlius Pebble Hill	4:00 PM		Pulaski MS/HS Stadium		L
May 5, 2023	Fri	Regular Season (ESM Girls Invite)	@ TBD	4:15 PM		ESM High School - Stadium	Departure Time: 2:30 PM	L
May 8, 2023	Mon	Regular Season	Manlius Pebble Hill	4:30 PM		Pulaski MS/HS Stadium		L
May 10, 2023	Wed	Regular Season	DeRuyter, Bishop Grimes @ Fabius-Pompey	4:30 PM	7:00 PM	Fabius-Pompey H S	Departure Time: 2:45 PM	L
May 12, 2023	Fri	Regular Season (Oswego County Invitational)	@ TBD	4:00 PM		Oswego HS	Departure Time: 3:00 PM	NL
May 17, 2023	Wed	Meet (OHSL Patriot League Meet)	Vs. Multiple	4:00 PM	9:00 PM	Jordan Elbridge HS Stadium	Departure Time: 1:45 PM	NL
May 23, 2023	Tue	Post-Season (Class C-1 Sectionals)	Jordan-Elbridge, Altmar-Parish-Williamstown (APW Rebels), Sherburne-Earlville, Syracuse Academy of Science, Mount Markham, Herkimer, Westmoreland, Utica Academy of Science, South Lewis, Living Word Academy, Onondaga Central, LaFayette (LaFayette/OCS) @ Little Falls	4:30 PM		HS Main Field	Departure Time: 1:00 PM	NL
Jun 1, 2023	Thu	Post-Season (State Qualifiers)	@ TBD	4:00 PM		CNS HS-Bragman Stadium	Departure Time: 2:30 PM	NL

Date: 2026-06-06