



Pulaski
(G) V Outdoor Track

Coaches:

- Julianna Isgar, Head Coach
- Deana Peter, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 12, 2019	Tue	Practice	N/A	4:30 PM	5:30 PM	Pulaski HS GYM		
Mar 13, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 14, 2019	Thu	Practice	N/A	4:30 PM	5:30 PM	Pulaski HS GYM		
Mar 15, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 18, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 19, 2019	Tue	Practice	N/A	4:30 PM	5:30 PM	Pulaski HS GYM		
Mar 20, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 21, 2019	Thu	Practice	N/A	4:30 PM	5:30 PM	Pulaski HS GYM		
Mar 22, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 25, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 26, 2019	Tue	Practice	N/A	4:30 PM	5:30 PM	Pulaski HS GYM		
Mar 27, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
Mar 28, 2019	Thu	Practice	N/A	4:30 PM	5:30 PM	Pulaski HS GYM		
Mar 29, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	Pulaski HS GYM		
CANCELLED Apr 3, 2019	Wed	Regular Season (Patriot Relay Meet)	Port Byron, Cato-Meridian (Blue Devils) @ Weedsport	4:30 PM		Weedsport Jr.-Sr. High School	Departure Time: 2:40 PM	L
Apr 9, 2019	Tue	Regular Season	Syracuse Academy of Science, Living Word Academy	4:30 PM		Pulaski HS Track		L
Apr 13, 2019	Sat	Regular Season (Tully Girls Track Invitational)	@ Tully	2:00 PM		Tully HS Track	Departure Time: 12:00 PM	L
Apr 17, 2019	Wed	Regular Season (Westhill "Spring Break" Invitational)	@ Westhill	1:00 PM		Westhill High School	Departure Time: 11:15 AM	L
CANCELLED Apr 24, 2019	Wed	Regular Season	Weedsport	4:30 PM		Pulaski HS Track		L
POSTPONED Apr 26, 2019	Fri	Regular Season (Oswego County Co-Ed Track and Field Invitational)	Sandy Creek, Mexico, Central Square, Phoenix, Hannibal, Altmar-Parish-Williamstown (APW Rebels), Fulton @ Oswego	3:30 PM		Oswego Middle School Stadium	Departure Time: 2:30 AM	L
Apr 29, 2019	Mon	Regular Season	Cato-Meridian (Blue Devils)	4:30 PM		Pulaski HS Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 1, 2019	Wed	Regular Season	Manlius Pebble Hill, Bishop Grimes	4:30 PM		Pulaski HS Track		L
May 3, 2019	Fri	Regular Season (ESM Girls Invite)	Weedsport, Westhill, Solvay, South Jefferson @ East Syracuse Minoa	4:30 PM		ESM High School - Stadium	Departure Time: 2:30 PM	L
May 8, 2019	Wed	Regular Season	Port Byron	4:30 PM		Pulaski HS Track		L
May 10, 2019	Fri	Regular Season (Weedsport Invitational)	Fabius-Pompey, Port Byron, Hannibal, Oswego, Lyons, Moravia, Sandy Creek, Cato-Meridian (Blue Devils), DeRuyter, Altmar-Parish-Williamstown (APW Rebels) @ Weedsport	4:00 PM		Weedsport Jr.-Sr. High School		NL
POSTPONED May 13, 2019	Mon	Regular Season (League Championships)	Bishop Grimes, Bishop Ludden, Cato-Meridian (Blue Devils), Faith Heritage, Fabius-Pompey, Manlius Pebble Hill, Onondaga Central, Syracuse Academy of Science, Weedsport, Port Byron @ Tully	4:00 PM		Tully HS Track	Departure Time: 2:00 PM	L
May 20, 2019	Mon	Regular Season (Section 3 Championship - Steeplechase)	@ Whitesboro	6:00 PM		Whitesboro High School	Departure Time: 2:15 PM	L
May 21, 2019	Tue	Regular Season (Section 3 Championships)	@ Sauquoit Valley	3:00 PM		S V H S	Departure Time: 12:45 PM	L
May 31, 2019	Fri	Regular Season (Section 3 Qualifier)	@ TBD	4:00 PM		CNS HS-Bragman Stadium	Departure Time: 2:00 PM	L
Jun 7, 2019	Fri	Regular Season (NY State Meet)	@ Middletown	TBD		Middletown HS		L

Date: 2026-01-21