



# Pulaski (B) V Outdoor Track

## Coaches:

- Torrey Davis, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 5, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 5, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 6, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 6, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 7, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 7, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 8, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 8, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 9, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 9, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 10, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Mar 10, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Mar 12, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 12, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 13, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 13, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 14, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 14, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 15, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 15, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 16, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 16, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 17, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Mar 17, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Mar 19, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 19, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 20, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 20, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 21, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 21, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 22, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 22, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 23, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 23, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 24, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Mar 24, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Mar 26, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 26, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 27, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 27, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 28, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 28, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 29, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 29, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 30, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Mar 30, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Mar 31, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Mar 31, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 2, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 2, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 3, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 3, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 4, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 4, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Apr 4, 2018	Wed	Scrimmage	Port Byron, Syracuse Academy of Science, Cato-Meridian (Blue Devils) @ Weedsport	4:30 PM		Weedsport Jr.-Sr. High School		NL
Apr 5, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 5, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 6, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 6, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 7, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 7, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 9, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 9, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 10, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 10, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 11, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 11, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 11, 2018	Wed	Regular Season	Syracuse Academy of Science	4:30 PM	6:30 PM	Pulaski HS Track	<b>Return Date: 8:00 PM</b>	
Apr 12, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 12, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 13, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 13, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 14, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 14, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 16, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 16, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 17, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 17, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 18, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 18, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 18, 2018	Wed	Regular Season	@ Cato-Meridian (Blue Devils)	4:30 PM		Cato-Meridian Jr. Sr H S Gym	<b>Departure Time: 3:00 PM</b> <b>Return Date: 8:00 PM</b>	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 19, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 19, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 20, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 20, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
Apr 21, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 21, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 23, 2018	Mon	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 23, 2018	Mon	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 24, 2018	Tue	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 24, 2018	Tue	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 25, 2018	Wed	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 25, 2018	Wed	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 26, 2018	Thu	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 26, 2018	Thu	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 27, 2018	Fri	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 27, 2018	Fri	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 28, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
Apr 28, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
Apr 30, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
Apr 30, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 1, 2018	Tue	Regular Season	Living Word Academy, Manlius Pebble Hill, Bishop Grimes	4:30 PM	6:30 PM	Pulaski HS Track		L
May 2, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
May 2, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 3, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
May 3, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 4, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
POSTPONED May 4, 2018	Fri	Regular Season (Oswego County Invitational )	Altmar-Parish-Williamstown (APW Rebels), Mexico @ Oswego	4:00 PM		Oswego Middle School Stadium		NL
May 4, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 5, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Pulaski MS Gym		
May 5, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
May 7, 2018	Mon	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
May 7, 2018	Mon	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 8, 2018	Tue	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
May 8, 2018	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 8, 2018	Tue	Regular Season	Utica Academy of Science @ Weedsport	4:30 PM	Weedsport Jr.-Sr. High School	<b>Departure Time:</b> 2:45 PM <b>Return Date:</b> NL <b>Return Time:</b> 8:00 PM		
May 9, 2018	Wed	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
May 9, 2018	Wed	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 10, 2018	Thu	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
May 10, 2018	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 11, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	Weight Room		
May 11, 2018	Fri	Regular Season	@ TBD	4:00 PM	CNS HS-Bragman Stadium	<b>Departure Time:</b> 2:40 PM <b>Return Date:</b> L <b>Return Time:</b> 8:00 PM		
May 11, 2018	Fri	Practice	N/A	4:00 PM	5:00 PM	Pulaski MS/HS Pool		
May 12, 2018	Sat	Practice	N/A	8:00 AM	9:00 AM	Weight Room		
May 12, 2018	Sat	Practice	N/A	9:00 AM	10:00 AM	Pulaski MS/HS Pool		
May 14, 2018	Mon	Regular Season (League Meet)	@ Tully	4:00 PM	Tully HS Track	<b>Departure Time:</b> 2:00 PM	L	
May 16, 2018	Wed	Regular Season	Port Byron, Syracuse Academy of Science	4:30 PM	Pulaski HS Track		L	
May 24, 2018	Thu	Regular Season (C-1 Sectionals)	@ Little Falls	3:00 PM	Little Falls HS	<b>Departure Time:</b> 1:00 PM	L	
May 31, 2018	Thu	Regular Season (Open Qualifiers)	@ TBD	4:00 PM	CNS HS-Bragman Stadium	<b>Departure Time:</b> 2:45 PM	L	
Jun 1, 2018	Fri	Regular Season (NYS Championships)	@ TBD	4:00 PM	CNS HS-Bragman Stadium		L	

Date: 2026-01-20