



# Pulaski

## (B) V Cross Country

### Coaches:

- Josh Carguello, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Bishop Grimes @ Altmar-Parish-Williamstown (APW Rebels)	4:30 PM	6:30 PM	A-P-W Elementary School	<b>Departure Time:</b> 3:00 PM	L
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	@ TBD	TBD		Cross Country Course	<b>Departure Time:</b> 6:00 AM	NL
Sep 20, 2023	Wed	Regular Season	Port Byron (Port Byron/Union Springs)	4:30 PM		Selkirk State Park		L
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		Bville - Baker High School	<b>Departure Time:</b> 7:45 AM	NL
Sep 30, 2023	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		McQuaid Jesuit HS		NL
Oct 4, 2023	Wed	Regular Season	Cato-Meridian (Blue Devils) @ Weedsport	4:30 PM	6:30 PM	Weedsport Jr.-Sr. High School	<b>Departure Time:</b> 2:45 PM	L
Oct 7, 2023	Sat	Regular Season (Tully Co-Ed Invitational )	Chittenango, Cortland, Fulton, Homer, Liverpool, Nottingham (Nottingham), Bishop Grimes, Bishop Ludden, Cincinnatus, Christian Brothers Academy, Dewitt, Faith Heritage, Livingston Manor, Manlius Pebble Hill, Marcellus, Mexico, Notre Dame, Utica, South Jefferson, Westhill @ Tully	9:00 AM		Tully XC Course		NL
Oct 11, 2023	Wed	Regular Season	Bishop Ludden	4:30 PM	6:30 PM	Selkirk State Park		L
Oct 14, 2023	Sat	Regular Season (BR Cross Country Invitational )	Indian River, Carthage, Phoenix, Tully, Watertown @ Beaver River	10:00 AM		Beaver River H S		NL
Oct 14, 2023	Sat	Regular Season (Beaver River Invitational)	@ TBD	TBD		Beaver River H S		NL
Oct 25, 2023	Wed	Meet (OHSL League Meet)	Vs. Multiple	4:00 PM	7:00 PM	Tully XC Course	<b>Departure Time:</b> 1:50 PM	NL
Oct 28, 2023	Sat	Regular Season (Adirondack Invitational )	@ TBD	TBD		Adirondack HS	<b>Departure Time:</b> 8:00 AM	NL

Date: 2025-12-05