



Pulaski

(G) V Cross Country

Coaches:

- Julianna Isgar

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2019	Mon	Practice	N/A	7:00 AM	9:00 AM	Pulaski H S		
Aug 27, 2019	Tue	Practice	N/A	7:00 AM	9:00 AM	Pulaski H S		
Aug 28, 2019	Wed	Practice	N/A	7:00 AM	9:00 AM	Pulaski H S		
Aug 29, 2019	Thu	Practice	N/A	7:00 AM	9:00 AM	Pulaski H S		
Aug 30, 2019	Fri	Practice	N/A	7:00 AM	9:00 AM	Pulaski H S		
Sep 3, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 4, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 5, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 6, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 11, 2019	Wed	Regular Season	Faith Heritage, Bishop Grimes, Manlius Pebble Hill	4:30 PM		Selkirk State Park		L
Sep 18, 2019	Wed	Regular Season	Tully @ Weedsport	4:30 PM		Weedsport Jr.-Sr. High School	Departure Time: 2:15 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invite)	@ TBD	10:00 AM		Bville - Durgee Cross Country Trail		L
Sep 25, 2019	Wed	Regular Season	Port Byron (Port Byron/Union Springs), LaFayette			Selkirk State Park		L
Sep 28, 2019	Sat	Regular Season (EJ Herrmann Invite)	@ TBD	10:40 AM		Proctor Park	Departure Time: 6:45 AM	L
Oct 2, 2019	Wed	Regular Season	@ Fabius-Pompey	4:30 PM		Highland Forest	Departure Time: 2:15 PM	L
Oct 9, 2019	Wed	Regular Season	Onondaga Central @ Cato-Meridian (Blue Devils)	4:30 PM		Cato-Meridian Jr. Sr H S Gym	Departure Time: 2:30 PM	L
Oct 12, 2019	Sat	Regular Season (Beaver River Invite)	@ TBD	10:50 AM		Beaver River H S	Departure Time: 7:15 AM	L
Oct 23, 2019	Wed	Post-Season (Patriot Meet (Leagues))	TBD	4:00 PM		TBD		L
Oct 23, 2019	Wed	Regular Season	Port Byron (Port Byron/Union Springs), Weedsport, Bishop Grimes, Bishop Ludden, Onondaga Central, Faith Heritage, LaFayette, Fabius-Pompey, Tully, Manlius Pebble Hill @ Cato-Meridian (Blue Devils)	4:30 PM		Cato-Meridian Jr. Sr H S Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS		NL
Nov 9, 2019	Sat	Post-Season (Sectional Meet)	TBD	1:20 PM		Cross Country Course		L

Date: 2026-01-20