

Poland

(G) V Outdoor Track

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|--|---|------------|----------|--|----------------|---------------------|
| Mar 31, 2023 | Fri | Scrimmage | Remsen @ West Canada Valley | 3:30 PM | | WCV Track | | NL |
| POSTPONED Apr 6, 2023 | Thu | Regular Season | Hamilton | 4:30 PM | | Poland J/S HS | | L |
| Apr 12, 2023 | Wed | Regular Season | Whitesboro, West Canada Valley, Camden @ Clinton | 10:00 AM | | Stadium Field (Grass / Track & Field) | | L |
| Apr 18, 2023 | Tue | Regular Season | Mount Markham @ Cooperstown | 4:30 PM | | Lambert Field | | L |
| Apr 24, 2023 | Mon | Regular Season | Hamilton, Town of Webb UFSD (Varsity Girls Track) | 4:00 PM | | Poland J/S HS | | L |
| Apr 25, 2023 | Tue | Regular Season (Senior night) | @ Westmoreland | 4:30 PM | | Westmoreland HS | | L |
| May 2, 2023 | Tue | Regular Season | Oriskany, Town of Webb UFSD (Varsity Girls Track) | 4:30 PM | | Poland J/S HS | | L |
| May 5, 2023 | Fri | Regular Season | @ TBD | 4:15 PM | | ESM High School - Stadium | | L |
| May 9, 2023 | Tue | Regular Season | New York Mills @ Remsen | 4:30 PM | 6:30 PM | Alan Heywood Track Complex | | L |
| May 12, 2023 | Fri | Regular Season | @ Oneonta | 4:30 PM | | Oneonta High School | | L |
| May 15, 2023 | Mon | Regular Season (Steeplechase) | Waterville, Cooperstown, Mount Markham, Owen D. Young (Richfield/ODY), Westmoreland, Hamilton, Morrisville-Eaton, New York Mills, Town of Webb UFSD (Varsity Girls Track), Sauquoit Valley, Remsen @ Oriskany | 4:30 PM | | Bernie Block Field @ Walbran Elementary Campus | | L |
| May 16, 2023 | Tue | Regular Season (CSC Division 3 and 4 Track and Field Championships @ Waterville) | Cooperstown, Mount Markham, Sauquoit Valley, Oriskany, Utica Academy of Science, Westmoreland, Hamilton, Morrisville-Eaton, New York Mills, Town of Webb UFSD (Varsity Girls Track), Remsen @ Waterville | 4:00 PM | 10:00 PM | Track | | L |
| May 22, 2023 | Mon | Regular Season | Frankfort-Schuyler | 4:30 PM | | Poland J/S HS | | NL |
| May 26, 2023 | Fri | Regular Season | @ West Canada Valley | 3:00 PM | | WCV Track | | L |

Date: 2026-03-06