Poland Coaches:

(G) MOD7/8/9 Cross Country

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Hamilton, New York Mills, Sherburne-Earlville, Herkimer	4:30 PM	Poland J/S HS		L
Sep 20, 2023	Wed	Regular Season	Mount Markham, Little Falls, Dolgeville @ Cooperstown (Modified)	4:00 PM	Clarks Tower		L
Sep 27, 2023	Wed	Regular Season	Clinton, Owen D. Young (Richfield/ODY) @ West Canada Valley	4:30 PM	TBD		L
Oct 4, 2023	Wed	Regular Season	Remsen, Waterville @ Sauquoit Valley	4:30 PM	Town Park		L
Oct 11, 2023	Wed	Regular Season	Oriskany, Canastota, Adirondack @ Westmoreland	4:30 PM	Westmoreland M S	l	L

Date: 2025-12-29