



Phoenix

(G) V Cross Country

Coaches:

- Carman Myers

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Utica Proctor, Pulaski, Remsen, Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 18, 2024	Wed	Regular Season	Westhill, Homer @ Marcellus	4:30 PM	6:30 PM	Marcellus Park	Departure Point: JCB Departure Time: 3:00 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM		Bville - Durgee Cross Country Trail	Departure Point: EJD Departure Time: 8:30 AM	NL
Sep 25, 2024	Wed	Regular Season	Cortland, Cazenovia @ Mexico	4:30 PM		Mexico MS-XC Trail	Departure Point: JCB Departure Time: 3:30 PM	L
Sep 28, 2024	Sat	Regular Season	@ McQuaid Jesuit	9:00 AM		Genesee Valley Park Rochester NY	Departure Point: EJD Departure Time: 7:00 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 2, 2024	Wed	Regular Season (Westhill v Chittenango & JE v Westhill)	Jordan-Elbridge, Westhill, Chittenango	4:30 PM	6:30 PM	EJD XC Course		L
Oct 5, 2024	Sat	Meet (Tully XC Invite)	Vs. Multiple	9:00 AM	2:00 PM	Tully XC Course	Departure Point: EJD Departure Time: 7:30 AM	NL
Oct 9, 2024	Wed	Regular Season (Scoring: Westhill vs Mexico Skaneateles vs Phoenix)	Mexico, Skaneateles @ Westhill	4:30 PM		Santaro Park	Departure Point: JCB Departure Time: 3:00 PM	L
Oct 12, 2024	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	10:00 AM		Cross Country Course	Departure Point: EJD Departure Time: 7:30 AM	NL
Oct 19, 2024	Sat	Regular Season (Beaver River Invitational)	South Lewis, Rome Free Academy, Notre Dame, Utica @ Beaver River	9:00 AM		Beaver River H S	Departure Point: EJD Departure Time: 7:00 AM	NL
Oct 23, 2024	Wed	Regular Season	Chittenango, Christian Brothers Academy, Dewitt @ Solvay	4:30 PM		Longbranch Park	Departure Point: JCB Departure Time: 3:00 PM	L
Oct 30, 2024	Wed	Meet (OHSL League Championship)	Vs. Multiple	4:00 PM	6:30 PM	MARCELLUS PARK		NL
Nov 9, 2024	Sat	Post-Season	@ Mount Markham	9:00 AM		HS Track	Departure Point: EJD	NL

Date: 2025-12-06