



Phoenix

(G) V Cross Country

Coaches:

- Carman Myers

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 7, 2019	Sat	Regular Season (VVS invitational)	Vernon-Verona-Sherrill	10:45 AM		Track	Departure Point: JCB Departure Time: 8:30 AM L
Sep 18, 2019	Wed	Regular Season	Homer	4:30 PM		EJD XC Course	L
Sep 25, 2019	Wed	Regular Season	Christian Brothers Academy, Dewitt	4:30 PM		EJD XC Course	L
Sep 28, 2019	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	10:00 AM		Genesee Valley Park Rochester NY	Departure Point: JCB Departure Time: 6:45 AM L
Oct 2, 2019	Wed	Regular Season	@ Chittenango	4:30 PM	6:30 PM	Chittenango HS- XC Course	Departure Point: JCB Departure Time: 2:30 PM L
Oct 5, 2019	Sat	Regular Season (2019 invitational)	@ Tully	9:00 AM		Tully XC Course	Departure Point: EJD Departure Time: 6:45 AM L
Oct 9, 2019	Wed	Regular Season	@ Mexico	4:30 PM		Mexico MS-XC Trail	Departure Point: JCB Departure Time: 3:00 PM L
Oct 16, 2019	Wed	Regular Season	@ Westhill	4:30 PM		Santaro Park	Departure Point: JCB Departure Time: 2:45 PM L
Oct 19, 2019	Sat	Regular Season (Weedsport Invitational)	DeRuyter, Beaver River, Liverpool, Corcoran (Syracuse West) @ Weedsport	9:00 AM		Weedsport Jr.-Sr. High School	Departure Point: EJD Departure Time: 6:45 AM NL
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS	Departure Point: EJD Departure Time: 7:00 AM NL
Oct 30, 2019	Wed	Meet (OHSLS Liberty League Meet)	Vs. Multiple	4:00 PM	6:45 PM	TBD	Departure Point: JCB Departure Time: 2:45 PM NL
Nov 9, 2019	Sat	Regular Season (Sectionals)	@ Vernon-Verona-Sherrill	TBD		Cross Country Course	Departure Point: JCB L

Date: 2026-01-20